

Bringing Prey-go-neesh Home

After a century, the condor may soon return to Yurok land

By Kimberly Wear

In Yurok tradition, the condor is sacred. ¶ Considered to be among Earth's first creatures and the one that carries their prayers to the Creator, the tribe's connection with the bird they call prey-go-neesh goes back to the beginning of time. ¶ The condor also plays an integral role in the Yurok World Renewal |

*Continued
on page 12 »*

Tianna Williams-Claussen, a Yurok wildlife biologist and tribal member, holds the beak of a California condor.
Courtesy of the Yurok Tribe.



Lights out 10

Who wants innards? 18

MAC DEMARCO

WEDNESDAY, MAY 15TH

TICKETS ON SALE NOW!

VISIT WWW.BLUELAKECASINO.COM TODAY!



**AGES
16+**



BLUE LAKE
CASINO ♦ HOTEL



1.877.BLC.2WIN
WWW.BLUELAKECASINO.COM

We support responsible gambling; call 1-800-GAMBLER.
Management reserves the right to cancel or modify promotions at any time. An enterprise of the Blue Lake Rancheria Tribe. ©2019 Blue Lake Rancheria Tribe. All Rights Reserved

Contents

- 4 Mailbox**
- 5 Poem**
Maybe It's Just Because It's Spring
- 6 News**
Remembering Bill Thompson
- 10 NCJ Daily**
- 11 Week in Weed**
A Question of Values
- 12 On The Cover**
Bringing Prey-go-neesh Home
- 14 Home & Garden**
Service Directory
- 18 Table Talk**
Hum Plate Roundup
- 19 Front Row**
Who Wants to be 15 Again?
- 21 Art Beat**
School Daze
- 22 Arts Alive!**
Saturday, May 4
- 24 Trinidad Art Nights**
May 3, 6-9 p.m.
- 24 In Review**
The Strings of Summer
- 25 The Setlist**
Game of Tones
- 28 Music & More!**
Live Entertainment Grid
- 32 Calendar**
- 38 Filmland**
Adrift in the Marvel Universe
- 39 Field Notes**
Sunshine Vitamin vs. Skin Cancer
- 40 Workshops & Classes**
- 41 Free Will Astrology**
- 41 Cartoons**
- 42 Sudoku & Crossword**
- 46 Classifieds**



Jeff Stanley's "Night of Magic." Read more on page 24. *Submitted*

North Coast journal

of Politics, People and Art

May 2, 2019 • Volume XXX Issue 18
North Coast Journal Inc.
www.northcoastjournal.com

ISSN 1099-7571 © Copyright 2019

Publisher

Chuck Leishman
chuck@northcoastjournal.com

General Manager

Melissa Sanderson
melissa@northcoastjournal.com

News Editor

Thadeus Greenson
thad@northcoastjournal.com

Arts & Features Editor

Jennifer Fumiko Cahill
jennifer@northcoastjournal.com

Assistant Editor/Staff Writer

Kimberly Wear kim@northcoastjournal.com

Staff Writer

Iridian Casarez iridian@northcoastjournal.com

Calendar Editor

Kali Cozyris calendar@northcoastjournal.com

Assistant Special Publications Editor

Cassie Curatolo cassie@northcoastjournal.com

Contributing Writers

John J. Bennett, Simona Carini, Wendy Chan,
Barry Evans, Gabrielle Gopinath, Collin Yeo

Special Publications Publisher

Creative Services Director

Lynn Leishman lynn@northcoastjournal.com

Production Manager

Holly Harvey holly@northcoastjournal.com

Art Director

Jonathan Webster jonathan@northcoastjournal.com

Graphic Design/Production

Miles Eggleston, Jacqueline Langeland,
Amy Waldrip ncjads@northcoastjournal.com

Advertising Manager

Kyle Windham kyle@northcoastjournal.com

Senior Advertising Representative

Bryan Walker bryan@northcoastjournal.com

Advertising

Marna Batsell marna@northcoastjournal.com

Tyler Tibbles tyler@northcoastjournal.com

Multimedia Content Producer

Zach Lathouris zach@northcoastjournal.com

Classified Advertising

Mark Boyd classified@northcoastjournal.com

Bookkeeper

Deborah Henry billing@northcoastjournal.com

Administrative Assistant

Sam Leishman sam@northcoastjournal.com

Chief Executive Officer

Judy Hodgson judy@northcoastjournal.com



Mail/Office

310 F St., Eureka, CA 95501
707 442-1400 FAX: 707 442-1401

www.northcoastjournal.com

Press Releases newsroom@northcoastjournal.com

Letters to the Editor letters@northcoastjournal.com

Events/A&E calendar@northcoastjournal.com

Music thesetlist@northcoastjournal.com

Classified/Workshops classified@northcoastjournal.com



The North Coast Journal is a weekly newspaper serving Humboldt County. Circulation: 21,000 copies distributed FREE at more than 450 locations. Mail subscriptions: \$39 / \$2 issues. Single back issues mailed \$2.50. Entire contents of the North Coast Journal are copyrighted. No article may be reprinted without publisher's written permission. Printed on recycled paper with soy-based ink.

BIKE-FRIENDLY BUSINESS DINE SHOP HIRE



MAY IS BIKE MONTH!

BIKE TO THESE
LOCAL SHOPS &
GET A REWARD.

Local "BFB" shops entice you to ride for Bike Month. Bike in, get a perk!
Look for BFB signs in shop windows. See the list of rewards at BikeMonthHumboldt.org

ARCATA BFBs

PERKS ALL BIKE MONTH:

Danielle Felsenthal Massage
PLAZA

RampArt Skatepark

Redwood Yogurt

May 5-11, Arcata Bike-to-Work Week:

A to Z Eye Care

All Under Heaven

Arcata Scoop

Blondies

Garden Gate

Heart Bead

Hits and Kicks

Humboldt Patient Resource Center
(plus extra reward on BTW Day)

Libation Wine Bar

Los Bagels

The Miniplex (at Richards' Goat Tavern)

Moonrise Herbs

Norman's Dry Cleaning

Northtown Books

Pasta Luego

Plaza Shoe Shop

Richards' Goat Tavern & Tea Room

Solutions

Ultimate Yogurt

Thurs, May 9, Arcata's Bike-to-Work Day:

Adventure's Edge (7-9am at Energizer Station*)

Bubbles

Cafe Brio

North Coast Co-op (7-9am Energizer Station)

North Town Coffee

Revolution Bicycle (at Noon Rally*)

EUREKA BFBs

PERKS ALL BIKE MONTH:

Many Hands Gallery

Redwood Coast Energy Authority

May 12-18,

National Bike-to-Work Week:

Belle Starr

Dick Taylor Craft Chocolate

Ellis Art & Engineering

Eureka Fabrics

Eureka Natural Foods

Humboldt Patient Resource Center
(plus extra reward on BTW Day)

Humboldt Soup Company

Ky's Hair Design

Los Bagels

Norman's Dry Cleaning

Shipwreck (with an extra discount on BTW Day)

Siren's Song Tavern

Ultimate Yogurt

Thurs, May 16,

Eureka's Bike-to-Work Day:

Adventure's Edge (7-9am at Energizer Station*)

Chapala Cafe

Forever Young Beauty Salon

Gabriel's

GHD

Good Relations

Little Shop of Hers

Mantova's Two Street Music

Old Town Coffee & Chocolate (both locations!)

Pacific Outfitters (at Noon Rally at the Gazebo*)

Starbucks (between 8am -12pm)

McKINLEYVILLE BFB

McKinleyville ACE Home & Garden Center

Ride in the Humboldt Bike Challenge to win prizes from:

Arcata Scoop ☺ BikesThere ☺ Booklegger ☺ Caravan of Dreams ☺ Gabriel's ☺ Many Hands Gallery
Starbucks ☺ Threadbare Dancewear ☺ Vintage Avenger ☺ Willow & Rags ☺ Zen

Show your helmet, bike, or Bike-to-Work sticker to get reward
Get a sticker at any Bike Month Humboldt! event (all ages & free)

***Arcata Bike-to-Work Day ☺ Thurs, May 9**

Energizer Station 7-9am Arcata Co-op; Noon Rally on the Plaza

***Eureka Bike-to-Work Day ☺ Thurs, May 16**

Energizer Station 7-9am Eureka Co-op; Noon Rally at the Gazebo

Make your local BFB your new BFF!

Find events BikeMonthHumboldt.org

‘An Incalculable Loss’

Editor:

Many in our North Coast communities are justifiably outraged at the loss to the community caused by Humboldt State University's gutting of local radio station KHSU, not to mention the associated staffing and volunteer purge (NCJ Daily, April 25).

The loss is particularly keenly felt among the nonprofit community, which has long had a mutually beneficial relationship with the radio station. Nonprofit organizations fill in the gaps for human services, the arts and humanities, and protecting the environment in rural communities, and this is especially true behind the Redwood Curtain. KHSU has been a key partner in promoting the events and other activities by regional nonprofits, many of which have reciprocated over the years by pitching during pledge drives. This is what community is all about.

For us at the Arcata Playhouse, the recent sold-out performances of *Kannapolis* and *A Woman's Place is in Her Home* owe a huge debt of gratitude to KHSU for the airing, posting and streaming of interviews with Jackie Dandeneau, David Ferney, Jenny Scheinman and other artists. Volunteer show hosts like Russ Cole, Michael Eldredge and Halimah Collingwood have always taken the time to feature the music of artists appearing at local venues, raising interest and increasing audiences for those artists.

More important than ticket sales, however, has been the impact of public affairs programming like *Through the Eyes of Women*, *Artwaves* and *The KHSU Magazine* on community awareness and education. Experienced program hosts conducted in-depth interviews that delivered relevant information to an appreciative audience. The volunteers, staff and producers worked together as a team to create radio about our community for the North Coast and beyond. How ironic it is that April is National Volunteer Month?

The shuttering of live community-oriented programming at KHSU is an incalculable loss to our community and the non-profits that serve Humboldt and Del Norte counties.

Terry Uyeki, Arcata

Editor:

At long last, the pernicious Humboldt State administration is exposed for what it is: authoritarian. The toppling of KHSU has exposed this long hidden fact.

The local press should pursue this disclosure with all of the investigative resources at its disposal. Editors no longer need be deferential to the campus because it's an economic mainstay; it is very much in decline and it has betrayed the trust the community naively placed in it.

Reporters will have to be tenacious. The Humboldt State bureaucracy is opaque, skilled at intrigue and stealth. It has rarely received the press scrutiny that would hold faceless and power-craving administrators accountable.

All future city and community interactions with the campus "leadership" should proceed on the basis that the administration is stealthy, devious and not to be trusted.

The Wruck/Rosbacher wrecking ball of KHSU was a naked power play as old and timeless as the Sibylline books: underhanded, dictatorial, non-negotiable — an authoritarianism typical of the Trump administration.

The University Senate should end the pretense that it is a co-equal branch of campus government. It is long past time for senators to strip the administration of its subterfuge that it willingly and respectfully shares power with students, staff and faculty.

There was nothing collegial about the savaging of KHSU. The administration's claim that it is "student centered" and a community partner is a farce.

Thomas Paine warned, "The secrets of governments, like the secrets of men, are always their defects."

HSU's authoritarianism is no longer a secret. The press and the campus senate should shine an unswerving light on the administration's damnably dark politics.

Paul Mann, McKinleyville

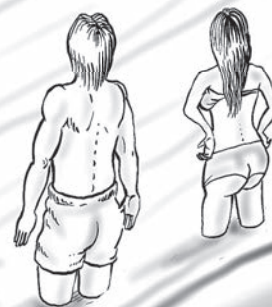
‘A Lot of Borscht’

Editor:

One hopes the *Post Capitalism Conference: Building the Solidarity* at HSU was an unqualified success for the Central Committee (Calendar, April 25). Although students were admitted free, I see that the rest of the proletariat were charged from \$20 to \$50. Doesn't post capitalism imply a cessation from the bourgeois monetary system? Fifty bucks ... that's a lot of borscht.

John Dillon, Eureka

BE CAREFUL IN THE RIVER !



Love
for the
NORTH COAST
JOURNAL

Terry Torgerson

Maybe It's Just Because It's Spring

There's a day now and then
When the world is so glorious,
When your children are safe and happy,
When the roof has no leaks,
And the furnace is working the way it's supposed to,
The bills are paid,
The project is completed,
And you have new ideas for things you might do.
The noise doesn't bother you.
Your body feels good.
You know what you're going to have for dinner
And it's going to be delicious.
A stranger's child smiled at you and started to walk toward you
as if she knew you
and wanted to hear a story.
It nearly overwhelms you,
And you begin to wonder
If something is out of sorts,
Like you're having a manic episode
And you should be concerned.
And then you're able to tell yourself,
"No. Life really can be this good.
You deserve this."

— James Buschmann

Respect

Editor:

Humboldt County Board of Supervisors Chair Rex Bohn, in an official capacity at a public event, made a statement equating being authentically Mexican with being a criminal ("Sad Days in the First District," April 11). This self-revelation by Supervisor Bohn of his ingrained dis-

respect for Mexicans and, by reasonable extension for Latinos in general, speaks volumes regarding Supervisor Bohn's character. In my opinion, Supervisor Bohn, much like our racist president, is unfit for office if for no other reason than their inherent disrespect for citizens and residents who they ostensibly represent.

One object lesson for me from our

current scenario of “rule by the worst” is that these leaders express and thereby engender in others disrespect as a principle and as a practice. As one who practices acceptance and respect for all individuals for who they are, reserving judgment for their actions, I find the spreading acceptance of disrespect by our leaders to be abhorrent and to merit attention and activism to counter the forces degrading our society that are mobilized by such expressions of disrespect.

Count me among those who think that Supervisor Bohn should resign, having demonstrated that he is inherently unfit for office. Failing that, an effective effort to unseat Supervisor Bohn is certainly called for.

More broadly, I encourage each of us to consider the fundamental benefit to both self and others of holding a position of respect for all persons based on who they are, and to reserve judgment for actions and statements that individuals make. Respect as a starting point only makes us better persons. Increasing respect in our many circles of society only makes us a better society. Disrespect, as manifested by Supervisor Bohn, does the contrary. Let's each act positively in our own ways to reduce the amount of disrespect in Humboldt County and to increase the amount of respect. Respect matters.

Bruce LeBel, Arcata

Editor:

Racism comes in all forms. It can come from your friendly neighbor and your unfriendly neighbor, alike. Most prevalent these days is in the form of intrinsic bias, which by its nature we are often unaware of having ourselves. But we all have it to one degree or another and I think we all like to believe ourselves to be good people.

Being comfortable with overtly promoting racist stereotypes goes beyond this, however. And good acts toward one person does not give you a pass for the ill treatment of another, nor the denigration of an entire people.

We must always be mindful and self-aware, and this is especially incumbent on ourselves if we purport to be a representative of a plurality of people. If we cannot fulfill that singularly important duty of equally representing and advocating for all our constituents, then we are derelict in our duty as representatives and must step down. We deserve someone that will treat everyone with due respect and someone we can trust to have everyone's interests at heart regardless of race, sex, creed and even political affiliation. I no longer have confidence in Rex Bohn's ability to live up to this necessary standard. As such, I

believe he should respectfully move aside and make room for someone who can.
Dawson Darling, McKinleyville

‘Over the Top’

Editor:

Like Joe Biden's opening salvo, the Rex Bohn cartoon is a tad over the top (Mailbox, April 25). So he made a mild racially sensitive joke. So what!

It's too bad that today we have to be

looking over our shoulders every time we indulge in friendly banter. And it's a pity that anyone should pay any attention to the correctness police who wake up each morning looking to find something or someone to offend them.

I also have a sneaking suspicion that the people who are after Rex's head are the same ones who pushed for the McKinley statue to be removed from the Arcata Plaza.

Richard Brown, Eureka

Write a Letter!

Please make your letter no more than 300 words and include your full name, place of residence and phone number (we won't print your number). Send it to letters@northcoastjournal.com. The deadline to have a letter considered for the upcoming edition is 10 a.m. Monday.

●

COAST CENTRAL CREDIT UNION



Global Mobile. **We got it.**

Get More **NOW**

coastccu.org
445-8801



Belonging Never Felt Better®

Coast Central
Credit Union 

PACIFIC PARADISE

PICK
UP
YOUR
LATE
NIGHT
TREAT



SUN-W 11AM-9PM
TH & FRI 11AM-10PM
SAT 10AM-10PM

1087 H STREET ARCATA CA 95521 707.822.7143

THE OLDEST HEAD SHOP IN HUMBOLDT
NOW SELLING CANNABIS

EASY HAZARDOUS WASTE DISPOSAL

No-charge
Residential
Drop Off

Business by
Appointment
Only



Call us today for details!
(707) 441-2005



or visit
hwma.net



News



Bill
Thompson
Submitted

Remembering Bill Thompson

Humboldt celebrates the life of a peace activist, farmer and neighbor

By **Natalya Estrada**

newsroom@northcoastjournal.com

Bill Thompson was a man of love, compassion and a commitment to peace that never wavered in his later years.

Born in San Francisco on May 28, 1929, Thompson died at his Bayside home Dec. 24. He was 89.

Thompson graduated from Vista High School in Southern California and went on to earn a BA in economics at Knox College in 1951. He then served in the U.S. Army from 1951 to 1959 and, after being honorably discharged, studied at Stanford University for his MBA. He spent 24 years in Palo Alto elementary schools, where he taught fifth and fourth grades, and kindergarten.

"Bill was badly wounded in the battle at Pork Chop Hill in Korea," Rob Hepburn of Veterans for Peace said, describing Thompson's years during and after serving in the U.S. Army. "But then, amazingly,

he went on to live a long life of empathy and passion."

Every Friday at noon since 1994, Thompson would stand in Arcata Plaza, part of a silent vigil in solidarity for all the victims of war. In 2005, he began to bring a bell to represent all people who were killed or hurt in different wars. These were his rallies for peace and justice, rallies that would inspire and encourage thousands throughout his years in Humboldt County.

Hepburn said he first met Thompson in 1991 at the founding meeting of Veterans for Peace Chapter 56 in Humboldt County.

"I remember that Bill paid for my first year of membership dues out of his own pocket," Hepburn said, recalling that Thompson was involved in numerous causes and groups, such as the Jacoby Creek Land Trust, Bayside Community



Friends and family gather April 26 at the Bayside Community Center to celebrate the life of Bill Thompson.

Photo by Natalya Estrada

Hall, 805 Men's Group, Redwood Roots Farm, Humboldt Unitarian Universalist Fellowship, Friends of the Arcata Marsh, Blue Ox Historic Village and Veterans Projects and Folklife Farm Vision.

A few years after founding Veterans for Peace's local chapter, Thompson participated in a 40-day fast on the Capitol steps in Washington D.C., calling for the closing of the School for the Americas, a U.S. Army center in Georgia that served as a training ground for the militaries of authoritarian, dictatorial regimes in Central and South America and was accused of exporting political violence. (The Pentagon renamed the center the Western Hemisphere Institute for Security Cooperation in 2000 after some of its graduates were implicated in human rights abuses and war crimes.)

Hepburn, when reached by phone, said Thompson was like a big brother to him and someone who genuinely cared for the community and welfare of others.

During Thompson's April 26 memorial, hundreds of people showed up at Bayside

Community Center to honor and remember him and his many contributions. They were joined by the Threshold Choir, whose members sang multiple songs to celebrate his life and legacy within the Humboldt community.

"He delighted in walking on the sand and wet grass in his bare feet and was intrigued by the language of crows and magic of hummingbirds — which were his totem animal," his partner Jane Riggan said of him, her eyes twinkling as she held back tears. "Most of the time I was with him, he believed he was immortal. However, when his heart made it apparent that this was not the case, he graciously shifted gears."

Riggan's voice started to break as she continued to describe Thompson as the most gracious person she's ever known.

"No matter what he was wearing or doing, there was an elegant presence about him. In spite of that, he could also be silly and playful and would even

Continued on page 9 »

Her Spa Awaits....

Mom deserves a break. Give her some much needed relaxation. Gift certificates available, and ask about our spa clubs!

The SPA at Personal Choice

130 G Street • Eureka, CA 95501 • 707.445.2041 • thespaatpersonalchoice.com

SCRUBS

NATIONAL NURSES WEEK

All Scrubs and Nurses Shoes or Clogs 20% Off
Good 5/6 through 5/11

Win FREE swag with contests on our facebook page!

Outlet store clearance up to 75% off starting as low as \$4.99!

PICKY'S PICKY'S PICKY'S

WORK & OUTDOOR OUTFITTERS

Mon-Sat 9:30am-6pm Sun 11am-4pm

"We Fit Humboldt"
6th & E, Eureka • 444-9201

Optimizing health while treating the underlying cause of illness

North Coast Naturopathic Medicine

1727 Central Ave,
McKinleyville, CA (707) 840-0556
www.ncnatmed.com

PROLOTHERAPY AND PLATELET RICH PLASMA: REGENERATIVE INJECTION THERAPIES SUPPORTING YOUR BODY'S ABILITY TO HEAL ITSELF.

For chronic joint pain due to arthritis, old injuries, tendonitis of the shoulder, knee, wrist, neck, back & sacroiliac joint.

Now Accepting New Patients!

Dr. Deborah Anquersbach, ND.

Moonrise Herbs

Come Celebrate Our Annual Spring Sale

Fri-Sun May 10th, 11th, 12th

25% Off on all Bulk Herbs & Teas

10% Off everything else

Mon. - Sat. 10 am - 6 pm, Sun. 12 am - 5 pm
On the Plaza Arcata • (707) 822-5296 • moonriseherbs.com

Best of Humboldt 2019



NOMINATE AT:

WWW.NORTHCOASTJOURNAL.COM/BOH2019

Ok so everyone is talking about it. Yeah, Best of Humboldt – only the biggest event of the whole year. It's not just a popularity contest, you know. Whoever we crown "Best of Humboldt," like, represents us. The people, places and things that win should totally go above and beyond to make Humboldt County an amazing place. So, who would you crown? 'Cuz the prom committee at the North Coast Journal is taking nominations. Oh, and there's gonna be a super fun party, so you should start planning your outfit now.

Um, how does Best of Humboldt work?

ROUND 1: May 1 – May 28. Nominate your favorite person, place or business in each category.

ROUND 2: June 1 - June 30. We count the vote and find the top three nominees. Then, you vote for your favorite.

In order to participate, you'll have to make an account and confirm your email address. But we pinky-swear it's quick and easy. Once your account is up and running, you can nominate and vote once a day. Vote for as many or as few categories as you want. And FYI, we take Best of Humboldt, like, super seriously. NCJ has installed bots to monitor voting. We will totally remove wrongful nominations and votes. There's a lot at stake here, so can you just like, not?

SAY IT LOUD – **BEST OF HUMBOLDT** – MAKE US PROUD!

News

Continued from previous page

roughhouse sometimes," she said.

Riggan was Thompson's partner for five years. Prior to that, he was married to his first wife, Maureen Lavendar Thompson, from 1952 to 1968 and they had five children: Chris, Cindy, Scott, Jay and David Thompson.

In 1989, Bill Thompson met June, his late wife, in Palo Alto. They married in 1970 and in 1986 moved to Bayside, where they quickly began working to protect the natural beauty of the Jacoby Creek Valley. Thompson helped found the Jacoby Creek Land Trust, which incorporated in 1992, and gave a conservation easement on a 10-acre parcel to preserve it as an organic farm.

He later terraced the yard of his home on Jacoby Creek Road into a 1.5-acre "Folklife Farm," envisioning it as a gathering place where people could share information about farming, sustainable energy, music and art while forging a spiritual connection with the aim of spreading love in the world, according to his obituary.

Thompson's son Chris spoke at the memorial about his father's love for family, friends and community.

"I know my dad was very well loved in this community, but I'm totally blown away," Chris Thompson said, reflecting on his father's history, where he was born — in San Francisco — and where he grew up — in Vista — and where he decided to spend the rest of his life — in Bayside.

"He played his guitar and sang every morning. He went from a warrior to a peace activist," Chris Thompson said, noting that his father, along with his late wife June, were involved in anti-nuclear marches, activism for which they were jailed several times.

Chris Thompson ended his remembrance with a quote he found on his father's desk after he died: "A thing is right when it tends to preserve the integrity, stability and beauty of the biotic community. It is wrong when it tends otherwise."

"And that's the way my father looked at life," Chris Thompson said. "Not just land, but with all of us."

Per the family, donations can be made in Bill Thompson's honor to the Bill and June Trust, Folklife Farm, 3084 Jacoby Creek Road, Bayside, CA 95524. ●

Natalya Estrada is a local journalist living in Arcata. She's frequently found with a chai latte, mic recorder and a smart pdhone on hand.


Scott Hammond

PLEASE NOMINATE US FOR BEST INSURANCE OFFICE

Scott Hammond
 Lic# CA-0176008 | 537 7th St., Eureka
 707.444.2504

HUMBOLDT
 SEED COMPANY | EST. 2001
NOMINATE US
Best Cannabis Seed Company in Humboldt!
www.northcoastjournal.com/BOH19

COAST CENTRAL CREDIT UNION
WE APPRECIATE your NOMINATION!
 ✓ Best Bank/Credit Union ✓ Best Mortgage Company
 ✓ Best Financial Advisor
Your Money Doing More
Belonging Never Felt Better®
Coast Central Credit Union
   
coastccu.org

Best of Humboldt 2019

NOMINATE AT:
WWW.NORTHCOASTJOURNAL.COM/BOH2019

- NOMINATE US! -
BEST BUDTENDER

www.northcoastjournal.com/BOH19

Vote
US BEST CASINO!
 It would be an honor if you vote for us again!
BEAR RIVER
 CASINO & RESORT


HUMBOLDT'S BEST OUTDOOR GEAR STORE!

- NOMINATE US! -
BEST DISPENSARY

www.northcoastjournal.com/BOH19

NOMINATE US
BEST DISPENSARY

 THE HUMBOLDT COUNTY COLLECTIVE
THE HUMBOLDT COUNTY COLLECTIVE
northcoastjournal.com/BOH19

nominate us!
2019
Best of Humboldt
northcoastjournal.com/BOH19

best cannabis dispensary

Fire and Light Closes

Fire & Light Originals, an iconic Humboldt County business story that mixed creativity with sustainability, has sold its last piece of colorful glassware and closed its doors after more than two decades, although the owners are still hoping a buyer can be found.

According to a Facebook post last week, the Arcata-based business known for a unique style of plates, glasses, bowls and paperweights made from recycled glass that could be recognized in an instant “is no longer financially feasible for the company to continue to operate without another significant investment of cash” due to a number of factors.

“We have been honored to work with a great group of people here at Fire & Light. We are like a family. Many of us have worked together for more than 15 years – and in some cases, more than 20,” owners John and Natali McClurg, who bought the business four years after it was established in 1994, wrote in the post.

“Fire & Light’s employees are talented, hard-working people who gave it their all,” they continued. “They put their hearts and souls into making a good quality product and taking care of our customers. We are

forever grateful for their hard work and dedication.”

The McClurgs say they tried to postpone the decision as long as possible and keep the doors open, but decided the time had come to sell what was left of their inventory.

“At one point, Fire & Light glassware was carried in over 1,100 stores around the country. During the great recession, nearly 500 of those stores closed,” the post states. “Other market factors also have changed significantly since the recession, causing rising overhead costs, dwindling markets, and supply chain complications. Unfortunately, the company never fully recovered from those difficulties despite improved economic conditions.”

Within a few hours of the April 24 announcement, a steady crowd of customers was filing into the small showroom for one last chance to buy some pieces, many running into old friends and reminiscing about waiting out in the cold for the doors to open at one of Fire & Light’s famous second sales.

There was also an outpouring on the company’s Facebook page, with many sharing photographs of their Fire & Light collections.

On Parade



Kinetic sculptures festooned with flowers joined the marching bands and horse-drawn carriages in the Rhododendron Parade on April 27. More celebrations were afoot in Old Town for the inaugural Salt and Fog Fish Fest. See the full slideshow at www.northcoastjournal.com. POSTED 4.30.19. Photo by Sam Leishman

“You’ve done something tremendous for your community and the world,” one post read. “Thank you to everyone at Fire and Light.”

The McClurgs thanked their employees, the city and the community for all the support they received over the years. They also said they are continuing to search for a buyer.

“Fire & Light has recycled over 9 million bottles and jars and turned what was once thrown into the garbage into beautiful glassware that now adorns tables around the country,” the post states. “We could not have done that without ALL of you.”

POSTED: 04.24.19

— Kimberly Wear

Make us a part of your daily life

For the news as it develops and all you need to understand politics, people and art on the North Coast, follow us online.

Liquor License Revoked: The California Department of Alcoholic Beverage Control announced April 29 that it has revoked the beer and wine license issued to Rico’s Tacos Taqueria in Arcata, an action that comes about six months after its owner, Ariel Arguellas-Sosa, was arrested on suspicion of possessing more than 3 pounds of cocaine, as well as other drugs. The department alleges Arguellas-Sosa was using drug sales proceeds to operate the restaurant. POSTED 04.29.19

Swimmer Rescued: A search and rescue effort on the Trinity River concluded with a rare happy ending Saturday with a swimmer being found alive after he jumped into the swift, cold river near mile marker 4.61 of State Route 96 and was quickly swept downstream. Multiple agencies participated in the search and rescue effort, which located the man about an hour after he went into the river and pulled him to safety. POSTED 04.29.19

Restraining Order Training: The city of Arcata hosted a gun violence retraining order training for local law enforcement, prosecutors and court personnel. Agencies from Humboldt, Del Norte and Trinity counties sent personnel to the training, which was put on by a team from San Diego and focused on how to use restraining orders as a tool to get guns out of the hands of people who pose a danger to themselves or others. POSTED 04.24.19

www.northcoastjournal.com/ncjdaily [f northcoastjournal](https://www.facebook.com/northcoastjournal) [ncj_of_humboldt](https://twitter.com/ncj_of_humboldt) [ncjournal](https://www.pinterest.com/ncjournal) [northcoastjournal](https://www.instagram.com/northcoastjournal) [newsletters](https://www.email.com/newsletters)

Digitally Speaking

\$29.7 million

The amount of federal disaster assistance funding that will begin to be dispersed to the local commercial fishing fleet and the Yurok Tribe next month to help them recover from fisheries closures in 2015 and 2016, as announced April 29 by North Coast Congressman Jared Huffman. POSTED 04.29.19

They Said It

“It’s all old carport and greenhouse tubing and sided with aluminum from RVs that I cleaned up from my property.”

Dan McCauley, explaining what he used to build the 26-foot-long, 15-foot-tall crab he made for Burning Man last summer. The crustacean appeared at the Salt and Fog Fish Festival on Saturday. See pictures at www.northcoastjournal.com. POSTED 04.24.19

Comment of the Week

“Sad, so sad — a Humboldt original.”

Jean Harvey commenting on the Journal’s Facebook page on a post about the announced closure of Fire and Light (see above). POSTED 04.24.19

A Question of Values

By Thadeus Greenson
thad@northcoastjournal.com

Retired U.S. Army Maj. Tye Reedy did two combat tours in Iraq, then another in Afghanistan, as an officer in infantry units within the 101st Airborne Division. He brought home four bronze stars, including three with valor. As a private contractor, he then worked for disaster relief and recovery efforts after hurricanes Irma and Harvey.

More recently, he was stripped of his military pension because he now works for a cannabis company — work he pursued believing cannabis could be an important tool to help combat veterans live and cope with post-traumatic stress disorder and chronic pain, knowing veterans returning from Iraq and Afghanistan are six times more likely to commit suicide than the average person.

The Judge Advocate General's office at the United State's Military Academy at West Point determined that Reedy's position as the director of operations services at Acreage Holdings — a multi-billion-dollar Canadian company working in both recreational and medical cannabis — was unbecoming of an officer.

"(It) brings discredit upon the U.S. Military Academy and the Army," the office wrote in a letter to Reedy, explaining why it was stripping him of his status as an academy liaison officer, which also cut his pension, according to a report in *Barron's*. "A military officer working in the cannabis industry runs contrary to Army values."

Reedy, a father of two, told *Barron's* the letter was a "gut punch."

The letter also ironically arrives as Congress is taking up a trio of bills that would require Veterans Administration doctors to issue medical cannabis recommendations in states where it is legal, conduct clinical trials on the potential benefits of cannabis in treating post-traumatic stress disorder and chronic pain, and codify an existing policy protecting veterans from losing their benefits for using cannabis legally under state law. That's a clear indication that it may just be that "Army values" are out of step with the views of most Americans, more than 60 percent of whom support cannabis legalization, according to polls.

While there is a dearth of good scientific data on the subject — in part because the Veterans Administration has focused most of its cannabis research on use disorders rather than the drug's potential efficacy in treatment — what's out there seems to support Reedy's belief

that cannabis may prove helpful to some veterans. Consider that, according to VA reports, almost a quarter of military veterans were taking prescription narcotics for pain management and the number of opioid prescriptions written by military physicians more than quadrupled between 2001 and 2009. Another VA survey found that 64 percent of veterans returning from tours in Iraq and Afghanistan were prescribed at least one opioid in the year following their return. Perhaps unsurprisingly, opioid addiction rates among veterans rose 55 percent between 2010 and 2015, according to the VA, and some studies indicate veterans are twice as likely to suffer from opioid-use disorders than their civilian counterparts.

A recent study of hospital admissions data, meanwhile, found that opiate-related deaths decreased 33 percent in states with legalized medical marijuana. The Minnesota Department of Public Health also found of enrolled patients who were taking opiate painkillers prior to cannabis, 63 percent reduced or eliminated their opioid usage within six months of enrolling in the cannabis program.

This is all to say there's a fair amount of reason to believe that U.S. military veterans are in need of help and that cannabis may prove a safer way of delivering that help than opioids.

And if all that wasn't enough, there's another example of the glaring hypocrisy of federal prohibition in Reedy's story. Former House Speaker John Boehner sits on Acreage Holding's board, which, while the numbers haven't been made public, is likely a lucrative position, as most multi-billion-dollar companies pay their board members annual compensation packages that total well into the six figures. Boehner's also a military veteran, having joined the Navy in 1968 when the Vietnam War was at its peak. But Boehner was honorably discharged after just eight weeks due to a bad back and thus never received a military pension.

Boehner's congressional pension, however, estimated by *The Atlantic* to be approximately \$86,000 a year, remains fully intact.

Thadeus Greenson is the Journal's news editor. Reach him at 442-1400, extension 321, or thad@northcoastjournal.com. Follow him on Twitter @thadeusgreenson.

SCRUBS

NATIONAL NURSES WEEK
All Scrubs 20% Off
Good 5/6 through 5/11

Outlet store clearance up to
75% off starting as low
as **\$4.99!**

Win **FREE** swag with
contests on our
facebook page!




PICKY'S T O R E
PICKY'S T O R E
PICKY'S T O R E

WORK & OUTDOOR OUTFITTERS

Mon-Sat 9:30am-6pm Sun 11am-4pm

"We Fit Humboldt"
6th & E, Eureka • 444-9201



Gallegos
LAW FIRM

Family Law
Civil Litigation
Criminal Defense

State and Federal Courts

Joan M. Gallegos & Paul V. Gallegos

707.441.8477
804 3RD Street, Suite C, Eureka

A juvenile California condor in Big Sur.
Wollertz / Shutterstock

Bringing Prey-go-neesh Home

After a century, the
condor may soon
return to Yurok land

By Kimberly Wear
kim@northcoastjournal.com

In Yurok tradition, the condor is sacred.

Considered to be among Earth's first creatures and the one that carries their prayers to the Creator, the tribe's connection with the bird they call *prey-go-neesh* goes back to the beginning of time.

The condor also plays an integral role in the Yurok World Renewal dances — the White Deer Skin Dance and the Jump Dance — joining in the ceremonies that bring balance to the world through the gift of their feathers that are used for the dancers' regalia.

But more than a century has passed since the last known condors soared over the Yuroks' ancestral lands, meaning entire generations of elders have lived and died without ever seeing the majestic birds fly overhead.

That may change very soon, with the tribe on the brink of bringing the prey-go-neesh back home.

"In a very real way, in bringing the condor back to Yurok territory, we're not only physically restoring our world, we are culturally and spiritually restoring our world," says Tianna Williams-Claussen, a tribal member and wildlife biologist who has been working on the recovery project since its inception more than a decade ago.

Rooted in the Yurok Constitution's principles to "preserve and promote" the tribe's culture, language and religious beliefs, as well as restoring their land's natural resources, Williams-Claussen says a council of elders identified the condor as the first and most important terrestrial species to bring back.

"The condor was really the birth of the wildlife program for the Yurok Tribe," she says.

Still teetering on the edge of extinction, the birds were last seen in the region around the turn of the 20th century, decimated by settlers who

poisoned and shot the condors, as well as depleted their food supply by overhunting the game and marine mammals on which they depended.

By 1982, only 22 remained in a small pocket of mountainous area in Southern California. Five years later, the last of the wild condors were placed into captive breeding programs in a race against time to save the largest bird in North America.

Over the intervening years, the California Condor Recovery Program has seen many success stories. From those handful of birds, there are now close to 500 and release sites are operating in California — including Big Sur and Pinnacles — as well as Arizona and Baja California, Mexico. But the species remains vulnerable.

*"We are
culturally and
spiritually
restoring our
world."*

The Redwood National Park location spearheaded by the Yurok Tribe would be the first effort to bring the endangered birds back to the northern reaches of its historic range, which once stretched to the Canadian border and east to Utah, Montana and Colorado.

Williams-Claussen says the hope is the release site slated for the Bald Hills area will act as a "gateway to the Pacific Northwest," where the last recorded sighting took place near Drain, Oregon, in 1940.

Now, if all goes as planned, the first condor in more than 100 years will once again glide over the North Coast by the fall of 2020.

"I'm having the opportunity to fulfill the prayers of my elders," says Williams-

Claussen, a Del Norte County native and Harvard graduate, as her 10-month-old daughter babbles in the background.

Williams-Claussen pauses, saying that in many ways having a child brought her full circle in appreciating the immensity of what the recovery project will be accomplishing. Her daughter, she notes, will be among the “first generation to grow up with condors in the sky in more than 100 years.”

Getting to this point has been a long journey, with the tribe reaching out to local landowners — both public and private — as well as federal and state agencies, including U.S. Fish and Wildlife, which leads the California Condor Recovery Project with more than a dozen partners, to establish a collaborative effort.

The Yurok Tribe’s wildlife team has spent the last decade laying the groundwork for the birds’ return by mapping potential habitat, working to educate hunters about non-lead ammunition options and trapping fellow scavengers — turkey vultures and ravens — to test their blood for lead exposure, which is the single greatest threat to condors’ survival in the wild.

The prep work also included the sampling of marine mammals, which are

expected to be one of condors’ major food sources, to check for toxins that could impede the already slow-to-reproduce birds’ ability to successfully lay and raise the one precious egg a female will produce every other year.

On top of that, condors are late bloomers for the avian world, not reaching sexual maturity for five to seven years. Add those stats to the condors’

Continued on next page »



Sequoia Park Zoo zookeeper Nate Krickhahn at Bittercreek National Wildlife Refuge’s release site. *Sequoia Park Zoo*



MEET THE FARMERS DINNER

Friday May 10th • 5:30pm
Benbow Historic Inn • Advance Tickets Only

For details and to purchase your tickets go to northcoasttickets.com

Elevate THE MAGIC
SOUTHERN HUMBOLDT

SOUTHERN HUMBOLDT
SBVB
Business & Visitors Bureau

DOWNLOAD THE
NEW APP!

NEW INTERFACE
Easier to use than ever.

NEW BUSINESSES
Now including your favorite retail stores.

NEW WAY TO PAY
Charge right to your credit or debit card.

S Search: NCJ Smartcard  

Need Housing? We’ve got it!



KIC | kramer investment corp. • 707-444-2919 • www.kkramer.com

We're happy to announce that our new branch on G Street in Arcata is now open.



COMPASS
COMMUNITY CREDIT UNION

Guiding you to better banking

Arcata - 1033 G Street (across from the Arcata Theater)
Eureka - 321 Wabash Ave (Wabash & E)
707-443-8662 • 800-440-8662

www.CompassCCU.org

\$5 Savings required for membership • Federally Insured by NCUA

©2019 Compass Community Credit Union. All Rights Reserved.

Can't leave my bed from Moore's Sleep World

YAY! What do you think?

I had no idea what I was missing!

MOORE'S Sleep World INC.
EST. 1996

Mon-Sat 10-6 Sun 11-5
www.moressleepworld.com
Eureka Arcata Fortuna McKinleyville

Instagram, Twitter, Facebook icons

On the Cover

Continued from previous page

vulnerability to human interaction and an uphill battle for survival in a modern world is set.

At a recent Sequoia Park Zoo lecture, the tribe's senior biologist Chris West, who brings decades of condor reintroduction experience to the Yurok effort, used the dichotomy between how many chicks an eagle could potentially produce in a decade versus a California condor.

Over 10 years, a breeding eagle pair might hatch 20 to 30 eaglets while a condor couple would see a maximum of five offspring during that same time period.

"It's this slow reproduction cycle that does cause problems for condors," he says, noting "we don't know how long they live" but its cousin to the south, the Andean condor, has been known to live up to 80 years in captivity.

Joined by Williams-Claussen at the lecture, West also lays out plans for the local release — which he says all the research up to this stage indicates is a promising landing spot, including "quite an abundance of high quality" habitat and lower levels of lead in potential food sources than other areas where condors have been returned.

"It's this slow reproduction cycle that does cause problems for condors."

An additional benefit is the region's relatively low human population.

eWest says the releases will begin with a "cohort of six birds that had been well socialized during captivity for two to three years." They will be placed in a release management facility

— basically a big, open cage — where they will live together for several months before their release.

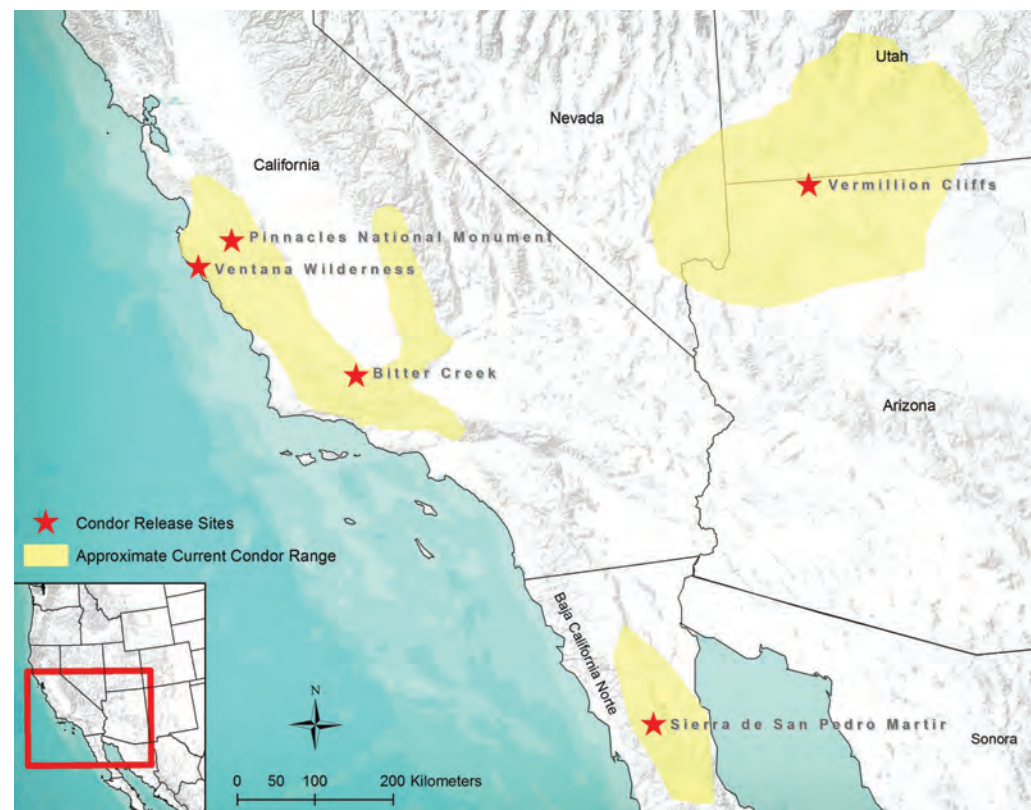
If needed, West says the team can bring in what he calls "mentors," older condors that for one reason or another can't be released but have "valuable condor social skills that they can impart on these young birds."

From there, the condor cohort will have an opportunity to test out their wings while watching others in the wild, like turkey vultures, flying on the nearby air currents — which condors can soar on for hours, travelling up to 150 miles in a day.

After an acclimation period, the wildlife team will set out some carcasses to create a feeding opportunity with the local turkey vultures, then let the condors out to reclaim their historic top spot in the scavenger hierarchy.

Even though the condors will be out

A map of current condor release sites. USFWS





Sequoia Park Zoo zookeepers Lindsey Miller and Ruth Mock working with a condor at Oregon Zoo with Yurok senior wildlife biologist Chris West handling the bird's wing. Sequoia Park Zoo

in the open, the wildlife team will be able to constantly monitor their whereabouts and will conduct annual trappings and testing of the birds to keep a close eye on their welfare.

It's something that Williams-Claussen, West and other members of the wildlife team have been practicing at other release sites in California.

With the lilt in her voice lifting a bit, Williams-Claussen describes what it's like to stand underneath a soaring condor displaying a wingspan of nearly 10 feet and handle one during a release, saying, "It's so hard to describe them unless you actually see how huge they are."

"It's a very impactful sort of moment," she says, adding that she had to fully extend her arms to reach around one.

Intelligent birds that are known to play with sticks or feathers, Williams-Claussen says condors are "very fun to watch" and definitely have individual personalities that become apparent if you spend enough time with them.

"They're very special creatures," she

"They're very special creatures. ... They're definitely the boss of the scavengers. They're top dog."

says. "They're definitely the boss of the scavengers. They're top dog."

Williams-Claussen laughs at the memory of watching how ravens would come up and tug at the feathers of condors during

a feeding to try to irritate and distract them.

"They're just a lot of fun. ... They're very interesting," she says. "I'm looking forward to growing our own population here so we can get to know them as individuals, as well."

That goal is one step closer to reality with the opening of the public comment period on the environmental assessment report for the Northern California Restoration Program centered in Redwood National Park, which is required by National Environmental Policy Act.

Two public meetings on the 238-page document are scheduled to take place May 9, the first from 10 a.m. to noon at the Yurok Tribal headquarters in Klamath and the second from 6 to 8 p.m. at the Arcata Community Center.

Continued on page 17 »

CRYSTAL SPRINGS

Locally owned and operated since 1965

Crystal Springs Bottled Water

Artesian Water Bottled On Site
Delivered to Home or Office

**Affordable
Free Delivery**

**3 & 5 Gallon Bottles
Wide Selection of
Dispensers & Cups**

707-443-7171
CrystalSpringsHumboldt.com

Photos

Is your passport current?

POST-HASTE

SHIPPING • MAILBOXES • NOTARY

600 F St • Arcata • M-F 8:30-6 • Sat 9-5
825-8295 www.posthastemail.com

Miller Farms

POWER SHOP

SALES • SERVICE • PARTS

**THE COUNTIES
LARGEST POWER
EQUIPMENT DEALER**

**FEATURING THESE
TOP OF THE LINE
BRAND NAMES**

HONDA

Power

Equipment

Husqvarna

STIHL

- GENERATORS
- MOWERS
- LAWN TRACTORS
- CHAIN SAWS
- TRIMMERS
- LOG SPLITTERS
- WATER PUMPS

Miller Farms

839-1571

1828 Central Ave. McKinleyville
OPEN Mon. thru Sat. 8:30 am to 5:30 pm

millerfarmsnursery.com

Hensel's ACE Hardware

Benjamin Moore

Kitchen Store • Furniture • Appliances • Old Fashioned Candy Store

10% OFF*

**FINAL
PURCHASE PRICE**

with this coupon

*Excludes power tools.
Not valid with other discounts.



(707) 822-2965
884 9th Street, Arcata



Encouraging pedal power

since 1973

The Co-op is thankful for all our members and shoppers no matter how they get to our stores. In celebration of Bike Month, we are showing some extra love to our friends who visit us by bike.



Please join us for

Bike to Work Energizer Stations

Arcata May 9 & Eureka May 16, 7-9am.

Snacks – Bike Tune Ups – Zagster Drawing

Both Co-op locations are home to Zagster bike stations.
Grab some snacks at the Co-op, check out a bike and get your wheels spinning!



Open Daily
6am to 9pm

811 I St. Arcata • 25 4th St. Eureka
www.northcoast.coop

NORTH COAST
CO-OP

“The condor plays an integral role in the Yurok Tribe’s worldview, and as the condor population slowly rebuilds throughout its historical range, condors act as a powerful symbol to the Yurok Tribe, which is simultaneously taking steps to revive its own culture,” the assessment states, noting the condor “also fulfills a renewal and healing role for several of the Yurok’s neighboring tribes, including the Hupa, Karuk, Wiyot and Tolowa Dee-ni,” as well as other tribes of the Pacific Northwest.

“The purpose of this action is to further the recovery of the California condor by establishing a new population in the species’ historical range in the Pacific Northwest through captive releases at the park, while simultaneously reintroducing condors to Yurok Ancestral Territory.”

Along with the many state and federal agencies playing a role in the Northern California Condor Recovery Project, the Sequoia Park Zoo — the oldest in California and one of the smallest in the nation — will be what Zoo Director Gretchen Ziegler describes as a “pretty pivotal, crucial link,” providing a rehabilitation and treatment center if a bird falls ill.

Without the nearby zoo, the wildlife team would have to transport any sick condors north to Portland or south to Oakland. Ziegler says her staff, which has been training at other release sites, is “very excited” about being part of the effort.

Plans for a treatment center — funded by proceeds of a Zootini auction — are done and the simple building, basically comprised of holding pens, will be ready if needed by the time the first condors are set to fly.

“We are the only zoo facilities here that can do that kind of help,” Ziegler says. “We’ve got the expertise in our staff and the staff presence here every day to work with sick condors.”

While the vulnerable birds will not be

The Plight of the Condor

- In 1979, when there were 25 to 35 condors in the wild and one in captivity, a Cooperative California Condor Conservation Program was formed.
- From 1980 to 1987, field investigations and management programs were undertaken, including radio telemetry studies of birds and captive incubation of wild-collected eggs.
- By 1982, there were 22 California condors left in the world.
- The last wild condor was brought into captivity in 1987.
- The first California condor chick hatched in captivity was born the next year.
- From 1989 to 1991, female Andean condors were released and studied to assess reintroduction techniques.
- In 1992, two of the captive-bred California condors were released in Ventura County.
- A third condor breeding center was established at the World Center for Birds of Prey in Boise, Idaho, the next year.
- By 1994, captive condors had laid more than 100 eggs.
- In 2003, a fourth condor breeding center was established at the Oregon Zoo’s Jonsson Center for Wildlife Conservation in Clackamas County, Oregon.
- Releases began in Santa Barbara County in late 1993, followed by more in San Luis Obispo County and northern Arizona in 1996, then Monterey County beginning in 1997, Baja Mexico in 2002 and San Benito County in 2003.
- The first nesting by free flying condors in central California in more than 100 years was documented in 2006 when a pair in Big Sur was found nesting in the burned-out cavity of a redwood tree.
- The condor population (wild and captive) increased to more than 460 in 2017 (with 170 wild condors in California).
- In 2020, the Yurok Tribe is hoping to release the first condors back into Humboldt County after an absence of more than a century.

Source: U.S. Fish and Wildlife Service

on display for the condors’ “calmness and protection,” Ziegler says the zoo is working to fit the rehabilitation role into the visitor education experience by perhaps having a video feed of the holding pens or giving tours of the facilities when the building is not in use.

“It’s just going to be hard to predict how often the facility will be in use with condors,” she says.

The current goal of the recovery efforts is allowing the condor to build up a self-sustaining population that no longer needs to have its numbers boosted by

captive breeding programs and then, ultimately, to reach the status West describes as “birds without tags.”

“(It’s) getting them to the point where they don’t have to be monitored anymore, where they can just be out and be wild condors and they don’t have to be messed with by us,” West says. ●

Kimberly Wear is the Journal’s assistant editor. Reach her at 442-1400, extension 323, or kim@northcoastjournal.com. Follow her on Twitter @kimberly_wear.



SPRING/SUMMER
EDITION

OUT NOW!

FIND IT ON NEWSTANDS
AND ONLINE AT OUR

NEWLY
REDESIGNED
WEBSITE:

HUMBOLDTINSIDER.COM



LIFESTYLE
OUTDOOR FUN
PERFECT TRIPS
FOOD & DRINK
SHOPPING
SOUVENIRS
90-DAY
CALENDAR
REGIONAL MAPS

FOR ADVERTISING
INFORMATION CALL:

442-1400 x319



Left to right: Braised pork intestines with Sichuan peppers. How the salted chocolate chip cookie crumbles. A grilled Reuben with shredded corned beef.

Photos by Jennifer Fumiko Cahill

Hum Plate Roundup

Asking for the specials

By Jennifer Fumiko Cahill

tabletalk@northcoastjournal.com

Chinese comfort food

The “Secret Menu” at Szechuan Garden (753 18th St., Arcata) might be more accurately titled the Student Menu. Owner Nina Chao, a native of Shenyang in Northern China who took over the place five years ago, added the page and a half list because so many Chinese and Chinese American students from Humboldt State University were homesick for familiar flavors.

Among the comfort foods are the simple, crunchy, garlicky bean sprouts with celery (\$8.95) and the tender, translucent-skinned, leek-heavy steamed pork and shrimp dumplings (\$8.75, dozen). Then there's the sentimental favorite: the humble egg with tomato (\$9.95). This nostalgic, homestyle scramble is achieved by moms and restaurant cooks alike by swirling mercilessly beaten eggs in a hot, oiled wok with wedges of fresh tomato and scallions. The sauce is savory and sweet, reminiscent of thinned ketchup in the best way.

Those who enjoy offal and the numbing heat of Sichuan pepper will be pleased to lean into the fragrant fumes from the stainless steel, Sterno-powered Braised Spicy Pig Intestines in Hot Pot. The crinkly rings fried with dried red chilis, green and red peppers, mushrooms and cilantro that conceal a pool of smoky, deep red chili oil. The earthy, chewy stuff of sausage casings is given star treatment here, as is the pig stomach sliced to resemble soft, chewy mushrooms and stir-fried with thick slices of garlic, onion and jalapeño slivers (11.95).

Are jalapeño peppers native to China and therefore traditional? What are you, a cop? Like language, living, changing cuisines adapt and incorporate new ingredients, which is one of the many pleasures of immigrant food and experience. As are, let's be real, the Chinese take-out classics adapted for American palates, like a fat cabbage-y eggroll with duck sauce. Somebody somewhere is homesick for that, too.

Lunch in the lobby

Open for less than a month, Bandit Savory & Sweet (525 Second St., Eureka) is making itself at home in the lobby of the Vance in Old Town, its winking name and vintage aesthetic dovetailing with the revival of the landmark building. You might have sampled the baked goods before at the Friday Night Market. Now owner Erica Davie serves a full (though blessedly brief) menu of sweets and sandwiches on granny plates with mismatched silverware among the antique moldings and tile.

Select a velvet cushioned seat by the window and look out at the long-ago home of a brothel and speakeasy, to and from which patrons of the Vance Hotel once toddled. More wholesome pleasures are to be had now, and the beer, wine and cider no longer require a furtive trip across Second Street.

If you've come for lunch, check the chalkboard for the soup of the day (\$4.50 per cup). Cross your fingers for the roughly pureed carrot ginger soup, sharp and pep-

pery with a balancing swirl of cream and sprig of fresh dill. It's a solid match for the generous tuna salad mixed with shredded carrot and chopped cornichons on Brio rye (\$12.50 soup and sandwich). Otherwise, a spring tart of tangy pureed artichoke hearts and asparagus in a crisp-to-the-bottom shell accompanied by a salad tossed with a fruity balsamic vinaigrette is another fine option (\$11).

As for the sweet, there are cardamom and rose cupcakes that are fragrant but not soapy in the least (\$4), and other treats — some gluten free — under glass domes at the counter. But the hefty salted chocolate chip cookies are a sure thing (\$3), just bendable with a buttery, crusty edge and hunks of chocolate throughout, and flakes of sea salt on top. It satisfies wholly — sweet and savory, like the sign says.

Trucking from Fortuna

Fortuna has been enjoying the fruits of the Humboldt Fresh truck for roughly five months at its 2059 Main St. parking spot in front of Fortuna Fabrics. But now it's pulling up in Eureka Tuesdays, Thursdays and Saturdays in the lot by Les Schwab Tire Center (2440 Broadway). Fear not, Fortunans: Mondays, Wednesdays and Fridays are still yours. Driving by at speed, one might not have a solid sense of what's on offer when at the window in back.

The special of the day was a \$12.99 Reuben, grilled to make your fingers shiny, its marbled rye spilling with salty, tender shredded corned beef dotted with bits of fat, mild sauerkraut and melted Swiss cheese and a swipe of thousand island dressing. The white paper pouch of straight-cut fries is not hand cut but a happy surprise nonetheless, perfectly crisp and dusted with sea salt flakes. All togeth-

er it could be a fruitful regular menu item.

The burger list is stacked with variations on the grass-fed patty, among them the Portobello and Swiss with bacon and grilled onion, lettuce and tomato (\$8.99). The hand-formed patty is barely pink in the center and encourages further exploration of the list. The sourdough bun, though, might best be enjoyed at one of the adjacent picnic tables, as steaming in the container in your car doesn't serve it as well as eating it right away.

Side discussion: Nobody likes a Styrofoam container for obvious environmental reasons, yes, but also because the overzealous among us (looks around shamefully) sometimes puncture the bottom with an overenthusiastic fork jab, unleashing all manner of drippings onto our laps. Paper isn't ideal, either. Is it time, now that so many of us are trained to carry our own travel mugs, to consider the BYO take-out container option? Something sturdy that wouldn't earn glares from people with water canisters carabinered to their backpacks or force me to buy so many new pairs of pants?

A more ambitious carnivore — or a more social one — might head for the brisket nachos instead (\$11.99). The pile of pleasingly brittle freshly fried tortilla chips is not cheesy/goosey but heaped with smoky pulled brisket, a simple guacamole, sour cream, pico de gallo and pickled jalapeño slices. Its true purpose is as a vehicle for the tasty hunks of meat. And that's not a bad mission for a meal or a truck. ●

Share your Hum Plate tips with Jennifer Fumiko Cahill, arts and features editor at the Journal. Reach her at 442-1400, extension 320, or jennifer@northcoastjournal.com. Follow her on Twitter @JFumikoCahill.

Who Wants to be 15 Again?

Prodigal Son
at Redwood
Curtain Theatre

By Pat Bitton

frontrow@northcoastjournal.com

Playwright John Patrick Shanley describes 15 as a “special, beautiful room. In hell,” in *Prodigal Son*, now playing at Redwood Curtain Theatre. The play sets a teenage boy’s search for identity against a background of the complex mores and philosophies in a small private Catholic preparatory school. The result is a multifaceted coming-of-age story in which the adults are revealed to be adrift in their own internal seas of chaos at least as much as the adolescents.

Prodigal Son is unashamedly based on the playwright’s own adolescence and checkered academic history. The play is structured as a series of memories in which we are invited to witness key events during a volatile two years at the Thomas More Preparatory School in New Hampshire through the eyes of a teenage boy and reflected back through the adults that inhabited his world at that time.

We first meet 15-year-old Jim Quinn (William English III) as he is discussing with the school’s principal (Gary Sommers) the circumstances that led to his scholarship to Thomas More despite so-so grades and a suspension from his previous school in the Bronx for declaring disbelief in God. Evidently, this is a Catholic school with a high level of tolerance for rebellious youth, as the discussion quickly evolves into a debate on the concepts of good and evil, self-centeredness and altruism, and Freud’s *Interpretation of Dreams*.

What we do learn from this character-defining baseline is that Jim was “discovered” at an Opus Dei summer camp by an English teacher at Thomas More, Alan Hoffman (Tushar Mathew), who was greatly impressed by the boy’s ability to identify *The Rubaiyat of Omar Khayyam* from a single clue in a game of charades. We also get an inkling of Jim’s longing for a heroic alternative identity as Louise, the principal’s wife (Lexy Cann), listens patiently to his predictably painful teenage angst poems and concludes that he is “using poetry like a ladder to climb out of some terrible place.”

Certainly the boy, whose teachers regard him as “the most interesting mess we have this year,” has a penchant for dark places, devel-



Tushar Mathew, William English III and Gary Sommers in *Prodigal Son*.

Photo by Evan Wish Photography, courtesy of Redwood Curtain Theatre

oping an obsessive fascination with Nazis and a self-destructive tendency to drink alcohol, steal and beat up other boys and then lie about it rather than face the consequences. The only person to get an upfront and personal experience of bad-boy Jim is his math-geek roommate Austin Lord Schmitt (Micah Scheff), who, as the principal’s nephew, is trapped in Jim’s own personal war zone.

That war zone continues throughout Jim’s two years at Thomas More — the philosophical debates (about Socrates, Jesus Christ, Thomas More and suicide by proxy), the continuing bouts of drinking and brawling — until shortly before graduation. That’s when the walls of self-protection the adults have built around themselves come crashing down and no one, including Jim, can keep the pretense alive any longer.

English is quite simply astounding in the role of Jim Quinn. He perfectly embodies the contradictions and messy chaos of adolescence, ricocheting between melodramatic challenges to authority and a desperate fear that his own self is wholly inadequate to the goals his ego needs him to achieve.

The role of Carl Schmitt marks a welcome return to the Humboldt stage for Sommers after health issues sidelined him for a while. Clearly, he’s back at full strength in this heart-wrenching portrayal of a man who has buttoned himself up so tightly that the agony when he breaks out of his self-imposed strait-jacket is palpable.

Frequently seen on stage at Dell’Arte, Mathew is making his debut at Redwood Curtain and a fine debut it is, too. Usually seen in more comedic roles, Mathew excels here as the quietly anxious English teacher fighting his own visible and invisible internal battles.

Cann has been absent from our stages for too long, so it’s a happy return for her in the role of Louise. She confidently treads that

fine line between mentor and confidante to a troubled student, and grounded reality to her tortured husband.

Rounding out the cast is Scheff, also making his Redwood Curtain debut, as Austin. With a remarkable likeness to Daniel Radcliffe in the early Harry Potter movies, Scheff’s nerdy demeanor makes him the perfect counterpoint to his mess of a roommate.

The scenic design (Robert Pickering), lighting (Percy Ferrugia), costumes (Laura Rhinehart), sound (Kai Lassen) and properties (Amy Beltran) work effectively together as a seamless backdrop for the actors and their stories, while stage manager Dominic Christenson keeps the relatively few scene changes moving smoothly. The play is fluently directed by Roman Sanchez, who directed Shanley’s *Doubt* and has clearly developed an acute sense for interpreting the playwright and his Catholic sensibilities.

With a clever script that gets deeper the closer you listen, *Prodigal Son* is an intriguing production well worth 90 minutes of your time.

Redwood Curtain Theatre’s Prodigal Son runs Thursdays through Saturdays at 8 p.m. and Sundays at 2 p.m. through May 12. Call 443-7688 or visit www.redwoodcurtain.com.

Opening

Ferndale Repertory Theatre goes full ABBA with the musical rom-com *Mamma Mia!*, previewing Thursday, May 2 and playing through June 2. Call 786-5483 or visit www.ferndalerep.org. For ages 14 and up.

The Fantastic Mr. Fox leaps out of the Raold Dahl storybook and onto the stage at Humboldt State University’s Gist Hall Theatre Friday, May 3 through 11. Call 826-3928 or visit www.theatre.humboldt.edu.



Breakfast Served All Day
Coffee & Espresso
Lunch & Specialty Dishes



MIDDLE OF G ST. ARCATA PLAZA
707.826.7578

Sun - Thurs 8am-3pm
Fri. & Sat. 7am-3pm

HAPPY HOUR
4-5:30pm daily



\$5.00

MARTINIS,
MANHATTANS
AND WINE

Restaurant 301 &
Carter House Inns
301 L St, Eureka
707.444.8062
carterhouse.com



Happy

Mother's
Day...

...From Everyone Here At

MURPHY'S



School Daze

Juried Student Exhibition
at College of the Redwoods
Creative Arts Gallery

By **Gabrielle Gopinath**

artbeat@northcoastjournal.com

The juried student exhibition that just opened at College of the Redwoods Creative Arts Gallery brings together a range of student artworks produced in this year's classes, from fantasy landscapes to lively nature studies. Juried by Susan J. Bloom from the department of theatre, film and dance at Humboldt State University, the exhibition keeps works executed in traditional media at center stage while showcasing outstanding student works that, in many cases, transcend their origins as classroom exercises.

Skylar Ritter's "Value Exercise: Birds" is a collage assembled from cut-out magazine scraps in subtly patterned shades of gray, lighter shades at the bottom and darker ones above. It culminates at the top of the page with a flourish of heraldic fancy — a striking double cormorant head in profile. From across the room, the piece looks like a military decoration fit for one of the warring chieftains in *Game of Thrones*.

Kaya Lines's drawing "Perspective," made in Dean Smith's drawing class, uses fine blue contour lines to render a chasm receding into deep space; inside this chasm hovers a compound object that seems to be part femur, part dirigible and part one-point perspective exercise, rendered in red ink at the same level of detail. This austere two-color topography evokes the appearance of landscapes familiar from first-person shooter computer games as well as the look of first-generation computer graphics from films like *TRON*, without relying explicitly on either source.

Ceramic pieces are notable both for their technical proficiency and their thematic range. Works in clay run the gamut from functional vessels to animated claymation narratives. Ro Lozano's cheery animated short "TRANSFORM," from David Zdrzil's Experimental Ceramics class, features colorful, crudely modelled characters who take a psychedelic trip in the redwood forest — a subject that I'm pretty sure qualifies as social realism in these parts.

Marlo Varley carves miniature landscape reliefs into smooth, vertical ceramic cylinders that look like updated versions of ancient Sumerian cylinder seals. Rachel Goggin and Paige Goodwin are making bulbous, colorfully glazed ceramic sculptures based on crab, cactus and sea urchin forms. Joe Fox's wood- and-soda-fired bottles have tall, graceful shapes built from smoothly curving stacked units; their lustrous sheen comes from the use of an ultra-refined clay slip called terra sigillata, in use since ancient Greek and Roman times.

Daniel P. Roscoe's large painting "Me't-sek: Meadow above Camel Rock," completed in Cynthia Hooper's painting class, restores the ancient Yurok place-name to the oceanside bluff that overlooks that popular surf spot. Much of the landscape's lower half is handled with a thick earth-tone impasto that resolves into wormlike squiggles of paint when viewed up close. At the margins of the canvas, areas of ocean and sky are painted in a totally different way, rendered in broad swathes of luminous wash interspersed with passages of cursive line. This is an expression of landscape still under construction, one that seems novel and personal. The piece is hung with grommets so you can see the raw edge of the canvas wallpaper support, which makes it look like the generative energy that roils the meadow is still radiating from the center of the picture. The intensity of the paint handling recalls earlier works of the American tradition of visionary landscape, from the midcentury paintings of Charles Birchfield to those of former CR faculty member Floyd Bettiga



Skylar Ritter's "Value Exercise: Birds," magazine collage, 2019.
Photo by Gabrielle Gopinath

(1932-2018), whose luminous and trippy 1975 watercolor "Desert" hangs in a conference room next door to the gallery.

Student works offer windows of observation into the processes through which mastery is acquired. Looking at these paintings, drawings, sculptures, ceramic pieces and metalwork objects, you can sense artists getting out of their comfort zones in productive ways — marshalling their energies, trying out new skills and surmounting technical challenges. The best pieces here are characterized by a freshness and directness born of creative experimentation. Overall this spring show exudes a lively vibe that might just make you want to go back to school. ●

The Juried Student Exhibition will be on view at College of the Redwoods Creative Arts Gallery April 23 - May 9. The gallery is open Tuesdays through Thursdays, noon to 4 p.m. and by appointment. Call 476-4100, ext. 4869, or go to www.redwoods.edu/artgallery for details.

Gabrielle Gopinath is an art writer, critic and curator based in Arcata.

THE BEST DRINK SPECIALS IN TOWN!

**EARLY BIRD
HAPPY HOUR**
5-6pm

Bar Specials
Small Plates \$5

**LATE NIGHT
HAPPY HOUR**
9-11pm

Thurs. - Sat.
at the bar



plaza
grill

OPEN SUN-THURS 5-9 PM
FRI & SAT 5-9:30 PM • 707.826.0860



What's your food crush?

We're looking for the best kept food secrets in Humboldt.

Email your tip (*Is it a burger? A cookie? A fried pickle?*) and we'll check it out for the Hum Plate blog.

Email jennifer@northcoastjournal.com

NCJ HUM PLATE

Arts Alive!

Saturday, May 4

Presented by Eureka Main Street. Opening receptions for artists, exhibits and performances are held the first Saturday of each month. For more information, call 442-9054 or go to www.eurekamainstreet.org

707 BAR (formerly Steve and Dave's) *First and C Streets* Barry Evans, photography. Music by Dr. Squid.

A TASTE OF BIM *613 Third St.* Maggie Draper, artwork.

ADORNI CENTER *1011 Waterfront St.* "Bee Fest," various artists showing bee-themed art.

ARTS AND DRAFTS *422 First St.* Karaoke. "Night Light of Humboldt County," David Wilson, photography.

BACK ROOM GALLERY *525 Second St.* "Abstracts in the Back Room," Reuben T. Mayes, acrylic paintings. Live painting with Reuben.

BANDIT SAVORY & SWEET *525 Second St.* Judy Willis, artwork; Music by Erik Eustis; Delectable specials, Bandit Shandys with Humboldt Cider Company Cider and house-made Roses & Lime, or Orange Blossom Lemonade and Redwood Curtain Beer on tap.

BECAUSE COFFEE *300 F St.* "As Above So Below," Rebekah and Hannah Ben-lesau, mixed media large and small works.

BLACK FAUN GALLERY Marceau Verdiere and Thomas Fossier, artwork.

BRENDA TUXFORD GALLERY at *Ink People* *525 Seventh St.* 21st annual North Coast Open Studios Art Show and Reception. Preview of art from many of this year's NCOS participants. Pick up the 2019 guidebook.

BUZZARDS NEST ANTIQUES & UNIQUES *420 Second St.* Ellen Engels, vintage

glassware.

C STREET STUDIOS & HALL GALLERY *208 C St.* Featuring the works of studio artists.

CALIFORNIA SCIENCE SOLUTIONS *328 Second St.* Trevor 'Trog' Rogan, mixed media on canvas.

CANVAS + CLAY GALLERY *233 F St.* "ANIMAL CLOUDS," two-woman exhibition Anna Sofia Amezcua and Nichole McKinney, large, abstract, expressionist paintings and chunky, gestural, clay creatures.

CHAPALA CAFE *201 Second St.* Kylan Luken, photography.

CHERI BLACKERBY MUSEUM *272 C St.* On exhibition are works by all of our talented and prolific artists.

CLARKE HISTORICAL MUSEUM *240 E St.* "Processing Willow Sticks," Shirley Laos, basket weaver and Clarke Museum Board President, leads this interactive demonstration. **Community Case:** Bliss Dollhouses from Museum's Wasetis collection. **Nealis Hall:** "Native American Women's Ceremonial Dresses Then to Now," highlights 150 years of dressmaking for ceremony in local tribes. "Inside/Out," mini exhibit features mirrors to provide new angles to view baskets, illustrating details often overlooked on the insides and bottoms of baskets.

Main Hall: "From Boom to Bust: Early Humboldt County Industries, 1850-1915."

Victorian Room: "Victorian Photogra-

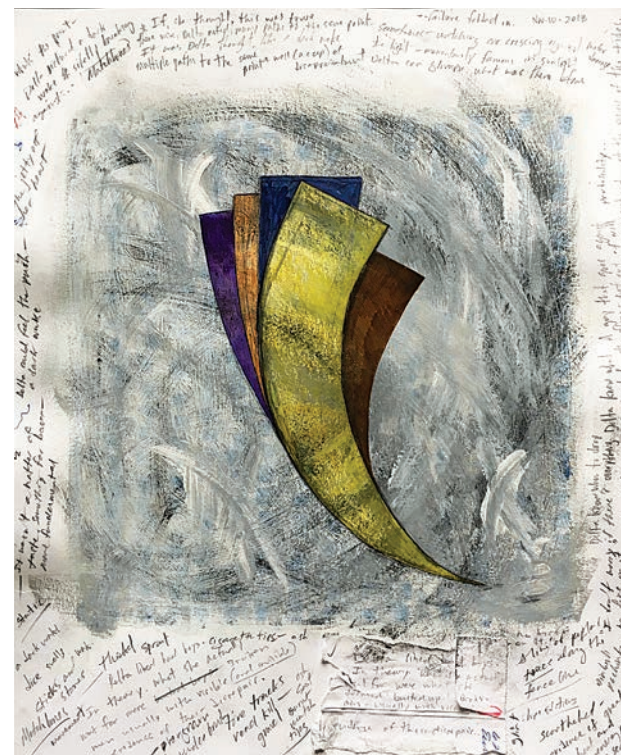
phy," exploring photography and its role in the Victorian period as a new medium for art and documentation. **Art**

Wall: Panorama photos of local towns, many taken around the same period as the Industries exhibit covers. **Opera Alley Wall:** "Humboldt Rephotographed," collages blending historic images with contemporary photos. From the Special Collections Department at HSU Library. Curated by Nicole Jean Hill, Professor of Art, artists include Guliana Sarto, Shana Bishop, Blake Hildabrand, Tyler Boydston, Rae Medina, Pedro Uribe-Godoy, Ryan Sendejas, Gianne Orozco, Nich Graham, and Cecilia Carabez.

THE CONNECTION at HPRC *334 F St.* "Hand-painted hallucinations," by Toad, new works on paper and canvas, Prismacolor marker and acrylic painted landscapes; Music by Anna Banana; Light refreshments served.

DALIANES TRAVEL *522 F St* Steven Taylor and Jennifer Liu, paintings. Music by Angel Fargas.

DISCOVERY MUSEUM *612 G St.* Kids Alive Drop-off Program 5:30 to 8 p.m. Kids 3-12 \$15 members/\$20 nonmembers.



"Delta Comes Alongside" by Jason M. Marak at Redwood Art Association. Submitted

EUREKA BOOKS *426 Second St.* "May the Fourth Be With You," special offerings from the Star Wars Universe; some of your favorites, Jedi, Wookies, clones, Mandalorians, will be out and about; and we will be serving blue milk.

EUREKA VISITOR'S CENTER (inside the Clarke) *240 E St.* Music by Dominic Romana.

GOOD RELATIONS *223 Second St.* Haley Gallagher, photography.

HUMBOLDT ARTS COUNCIL at the *Morris Graves Museum of Art* *636 F St.* **Performance Rotunda:** Piet Dalmolen, solo instrumental guitar. **William Thon-**

son Gallery: 28th annual Images of Water Photography Competition and Exhibition. **Anderson Gallery:** "Divine Providence," Lee Running, Meredith Lynn and Nicole Jean Hill, photography, works on paper and sculpture. **Knight Gallery:** "Picture This...," Pat Durbin, machine quilted pictorial art pieces.

Melvin Schuler Sculpture Garden: Dan McCauley, sculptures using materials from scrap yards. **Homer Balabanis Gallery/Humboldt Artist Gallery:** Unique, original gifts. **Museum Store/Permanent Collection:** Artwork on view by Morris Graves, Glenn Berry, Melvin Schuler and Romano Gabriel.

HUMBOLDT BAY COFFEE *526 Opera Alley* **Gallery:** Reuben T. Mayes, artwork. Music by Kenny Ray and the Mighty Rovers. **527 Third Street Gallery:** Sonny Wong, artwork.

HUMBOLDT CIDER CO. TAP ROOM *517 F St.* Dan McCauley, metal art sculptures. Music by Elderberry Rust.

HUMBOLDT COUNTY DEMOCRATIC *527*

OLD TOWN'S PREMIERE TATTOO STUDIO

FULL CUSTOM
TATTOOING

STOP BY AND
CHECK OUT OUR
TATTOO-RELATED
ART, ANTIQUES &
HISTORY



WALK-INS WELCOME
APPOINTMENTS
PREFERRED

TUES-SAT
11AM - 7 PM

138 2ND ST.
EUREKA, CA
(707) 443-0666

• FEATURING •

HENRY
KRÜGER

...

JOHN
LOPEZ

...

ROB
GRIBBIN

...

BRIAN
MEAD



@sailors-grave-tattoo

@sailors_grave_tattoo_humboldt

Fourth St. Terrie Ridenhour, paintings.
HUMBOLDT HERBALS 300 Second St.
 Yael Bentovim, fiber and mixed media art. Music by Trippin' the Dew.
HUMBOLDT HONEYWINE 723 Third St.
 TBA.
INN AT 2nd AND C (Historic Eagle House)
Historic Ballroom Katie Rose Rainbow-Maker, oil on canvas.
JACK'S SEAFOOD RESTAURANT 4 C St.,
 Suite B Rachel K. Schlueter, abstract paintings.
JUST MY TYPE LETTERPRESS PAPERIE 501
 Third St. HSU Printmakers Group Show.
KENNY'S CHOCOLATE 425 Snug Alley
 Rob Hampson, artwork.
THE LITTLE SHOP OF HERS 416 Second St.
 Benaldo Rivaldi, paintings.
LIVING THE DREAM ICE CREAM 1 F St.
 "Art with Heart," Jenifer Sherman Ruppe
 and Karan Collenberg.
LOTUS STUDIO 630 Second St. Art studio
 open.
**THE MADRONE BRICK FIRE PIZZA & TA-
 HOUSE** 421 Third St. Gregg Beaumont,
 artwork. Music by The James Zeller
 Duo.
MANTOVA'S TWO STREET MUSIC 124
 Second St. Music by Adamas.
MANY HANDS GALLERY 438 Second St.
 Over 40 local artists.
MENDENHALL STUDIOS 215 C St. (Corner
 of Second and C streets) **The Kinet-
 ic Clubhouse:** Norman the Half-Fast
 Unicorn kinetic sculpture on display;
 Featured artists: Kinetic Team Half-
 Fast; Kira Case, mixed media; Laura
 Keenados, AKA Bad Cat Pomegranate,
 pen and ink illustrations; Bella Designs,
 Bohemian style and accessories; Music
 by Heavy Mello; Fire dancing by Bella
 Vita Fire Dance Co. at 8:30. **C3 Scott
 Hemphill Studio:** "Yellow Fin Fish Tale."
NOTHING OBVIOUS 426 Third St.
 "Homesick Nocturne," Noah T. Sheffler,
 paintings.
OLD TOWN ANTIQUE LIGHTING 203 F
 St. John Palmer, landscape paintings.
OLD TOWN ART GALLERY 417 Second St.
 Winnie Trump, photography.
OLD TOWN COFFEE and CHOCOLATES
 211 F St. Artwork by Zane Junior High
 8th grade art class; artwork by Alexia
 Bates; Music by the Jim Lahman Band.
OM SWEET OM HOT YOGA & DANCE 516
 Fifth St. "The Nine Realms of Asgard
 (Second series)," Steph Godfrey/TUPP,
 airbrushed, hand-drawn large and small
 works. "Pentacleiades," large scale astro-
 logical works based on the Tarot suit of
 Pentacles, airbrushed and hand-drawn.
OTTO + OLIVE 330 Second St.
 Angela Tellez, boudoir photography.
PHATSY KLINE'S PARLOR LOUNGE 139
 Second St. (inside Inn at 2nd and C Sts.)

Laci Dane, acrylic on wood.
PIANTE 620 Second St. Therin Brooks, and
 Georgia Long, paintings.
PROPER WELLNESS CENTER 517 Fifth
 St. Roman Villagrana, muralist and
 painter.
RAMONE'S BAKERY 209 E St.
 Rick Gustafson, photography. Music by
 Covered with Moss.
REDWOOD ART ASSOCIATION 603 F
 St. "Fictional Space," Benjamin Funke's
 minimalist sculptural work and Jason M.
 Marak's abstract works on paper with
 100-word stories; Humboldt County
 Youth Art Exhibition 2019, schools
 include Six Rivers Charter, Eureka High,
 Fortuna High, St. Bernard's High, South
 Fork High, and Arcata High. Juried by
 Kati Texas, Rutabaga Queen and Artist
 in Residence at Ink People; "Resonance,"
 Humboldt State University art photog-
 raphy students, photography; Music by
 Mike Conboy and Chuck Hooker.
REDWOOD CURTAIN THEATRE 220 First
 St. Theatre lobby, artwork by Sonny
 Wong.
REDWOOD MUSIC MART 511 F St. Music
 by Tatiana Henrickson.
SAILOR'S GRAVE TATTOO 138 Second St.
 Tattoo related art, antiques and memo-
 rabilia, new works.
SEAMOR'S 212 F St. "The Space Between
 the Strange And The Waters Beyond
 Them," Tulasi-Devi and Jocelyn Albee,
 mixed media.
SHIPWRECK! Vintage and Handmade
 430 Third St. Emmaly Crimmel, tattoo
 inspired illustrations, prints, stickers and
 tee shirts.
SIDEWALK GALLERY at Ellis Art and
 Engineering 401 Fifth St. "New Work,"
 Moses Brown, paintings.
SOULSHINE ARTS & FLAMEWORKING
STUDIO 411 Fifth St. Glass blowing
 demonstrations by Soulshine Youth
 Glass Family artists.
STUDIO 424 424 Third St. Elaina Erola,
 watercolors.
SURFSIDE BURGER SHACK 445 Fifth St.
 "S'Moore Studios Humboldt Farewell,"
 art show and sale featuring Cat Food
 paintings and prints.
SYNOPSIS NOVA 212 G St. "May the
 Fourth Be With You," cabaret and art
 show. Art show 5-7:30 p.m. Cabaret at
 8 p.m.
TAILWAGGERS 2 239 G St. Music by
 John David Young Conspiracy.
TRUCHAS GALLERY at Los Bagels 403
 Second St. Jan Ramsey, oil paintings.
TWO STREET ART LAB 527 Second St.
 "Don't Forget the Magic," presented by
 Eureka's Hidden Talent, a collaboration
 between artists who meet weekly at St.
 Vincent de Paul Dining Facility weekly.●

**BRICK
FIRE &
...a bistro**
Great food,
great wine, great fun!
LUNCHES WEEKDAYS + DINNERS EVERYDAY
BUT CLOSED FOR BOTH ON TUESDAYS
reservations never hurt! 707.268.8959


BrickAndFireBistro.com
1630 J ST. EUREKA
707.268.8959

**2 doors
DOWN**
Relax, rejuvenate, reflect
over a nice glass of wine.
open every day at 4:30
closed on Tuesdays! We're on F St.
between Henderson Center & Old Town
Come on by! 707.268.8989

2DoorsDownWineBar.com
1626 F ST. EUREKA
707.268.8989

BOOKLEGGERS
 "Many a book is like a key to unknown chambers
 within the castle of one's own self."
 — Franz Kafka
 Used Books • New Books
 Special orders welcome for new books!
 402 2nd Street • Corner of 2nd & E • Old Town, Eureka • 445-1344

FRONTIER DAYS
 Weaverville, CA
 Est. 1850
 SAT MAY 11 • 10am-4pm
 Main St., Weaverville
 Enjoy historical
 activities,
 demonstrations
 & tours!
 Blacksmithing • Gold Panning
 Cemetery Tour Live Period
 Music • Heritage Foods • Mule
 Demo & Much More!
 "Touching History"
 frontierdaysweavervilleca.com



Trinidad Art Nights

May 3, 6-9 p.m.

FORBES AND ASSOCIATES 343 Main St. "Modern Amulets by Ay Su Jewelry," Haylee Corliss, jewelry.

HEADIES PIZZA AND POUR 359 Main St. Antoinette "Toni" Magyar, acrylic on canvas.

MOONSTONE CROSSING 529 Trinity St. Jeff Stanley, acrylic paintings.

NED SIMMONS GALLERY 380 Janis Court (Trinidad Coastal Land Trust) Display of art by "Artists Who Surf."

REDWOOD COAST VACATION RENTALS 361 Main St. Presenting collection of staff artists: Zing Bee T, hand printed apparel; Nancy Baar, photography; Karina Montes, painting; Dori Fulk, jewelry; Dalton Lee, redwood bowls.

SAUNDERS PARK (start of Patricks Point



Amanita Mollier, paintings, at Trinidad Art Gallery. Submitted

Drive) Fire dancing by Circus of the Elements. Show start time is 8:45 p.m.

SAUNDERS PLAZA (Parking lot area near Murphy's Market) Music by The Jim Lahman Band. Also, a game of cornhole.

SEASCAPE RESTAURANT AND PIER 1 Bay St. "Crabby Makes Me Smile," Bill Daniels, paintings and artty things.

THE LIGHTHOUSE GRILL 355 Main St. Loreta Flemingaite, Baltic amber paintings, created with Baltic amber dust; various colors of amber and other minerals painted on the canvas, glass or other medium.

TRINIDAD ART GALLERY 490 Trinity St. Amanita Mollier, silk painter; Sarah Magnuson, copper sculptor; Music by gallery member, JD Jeffries; Trinidad Chamber of Commerce Photo Contest award ceremony (award presentation time TBD).

TRINIDAD EATERY AND GALLERY 607 Parker Road. "Little People," Nancy Pippin, fimo clay sculpture.

TRINIDAD ELEMENTARY SCHOOL 300 Trinity St. Youth Zone presented by Community Arts Trinidad; Skate ramps from the Trinidad Skatepark Alliance; 'Boffer Ring,' Styrofoam swordplay and role play.

TRINIDAD MUSEUM 400 Janis Court (next to library) "Schools and Scholars," new exhibit at Trinidad Museum, Trinidad School, Big Lagoon School, Little River (Crannell) School, Patrick's Point School and the Little Red Schoolhouse at Stone Lagoon.

TRINIDAD TOWN HALL 409 Trinity St. Fiesta De Mayo! Art by 'Artists Who Surf,' Music by the Sand Fleas; A benefit for the Trinidad Coastal Land Trust.

For more info visit: www.trinidadartnights.com

In Review



Rosalind Parducci's painting on cover of *Whisper* by local band No Pardon.

The Strings of Summer

No Pardon's *Whisper*

By Collin Yeo

music@northcoastjournal.com

I'm very proud of our local music scene, and pleased for selfish reasons. Apart from enjoying a wide variety of stellar show options, I also get my choice of excellent releases to review, which works out well for me, as I have little interest in writing negative copy. I have plenty of bile and scorn welled up in the more caustic bladders of my psyche, but I prefer to direct my acidic verbal and written sputum at the politicians and cultural creeps who have actually earned our collective public opprobrium. Artists and musicians, even *bad* ones, are just out there trying to have a good time.

Thankfully, there are no bad players in No Pardon and only polished talent is on display in the trio's latest offering *Whisper*. The 12 tracks unspool pleasantly with enough guests to allow the songs to overcome any restrictions or repetition of the trio format. That trio, made up of Rosalind Parducci, Chris Parreira and Amber Grimes, stretches out its instrumental chops over the fiddle, viola, guitar and upright bass in ways that only ever complement, never compete. This may be the invisible hand of producer and engineer Marc Jeffares at work. He has managed to capture the group's sound with the warm clarity of furniture oil and beeswax.

I won't attempt to curate the entire playlist but the album is very well sequenced, with "One Black Crow" serving as a fine opening song and a perfect com-

panion to the album artwork — a painting by Ms. Parducci — as well as the title. An early instrumental, "Gallagher's Frolics," is a nice breather and the almost swinging jig — or is it a reel? I have never been sure about the difference — is slowed down to excellent effect. It serves to nicely book-end a group of livelier vocal-filled tunes, the highlight of which is the lilting "Calla Lilly," with the second instrumental, the meditative "Woodpecker Waltz." We are eventually treated to a cover of a cover, a version of "(What's So Funny 'Bout) Peace, Love, and Understanding," the yearning Nick Lowe song made famous by Elvis Costello. Like many good covers, this one retains the original message of the tune while graduating the sound into a plucked and minimalistic piece. One of the album's many guests, singer Allison Anders appears on my favorite track, the ethereal "Mary." The song sounds like an updated tune from the catalog of one of my all-time favorite folk groups Pentangle. The whole thing shimmers and vibrates — no small feat with mostly acoustic instruments.

Look, summer's just around the corner and this is a proper linen-on-the-clothes-line, blanket-in-the-grass, toes-in-the-water, mid-summer jam. And as we stumble through this all-too frequently wicked world searching for light in the darkness of insanity, isn't that just the sort of thing we can all use? I think so.

Trinidad Art Night
art • music • food • wine pour
With Singer/Songwriter J.D. Jeffries
Fri., May 3 | 6-9 p.m.

Featuring Artists
Amanita Mollier,
silkpainter and
Sarah Magnuson,
Copper Fairies

Open Daily
10am-5pm

490 Trinity St, Trinidad • 707-677-3770

A Fine Craft & Art Cooperative

Game of Tones

By Collin Yeo

music@northcoastjournal.com

Early on this week is a great time to catch great bands in the fringes of bigger genres. Noise punk, grindcore, psych rock and various other troubadours of the outré are hawking penillions of perverse metrics. If you are a fan of all things weird and glowing, from now until Cinco de Mayo is going to be a good time for you. Afterward, the week rounds off nicely with a few living legends who will likely conjure up some healing balm to quell the ear-burns of unrest among those of you in the pantheon of marathon show-attendance participants. And even if you are selective and sparse in your outings, you really can't miss this week. It's all a little touched by brilliance and certainly beats staying home, right?

Have a good run.

Thursday

RampArt skatepark hosts another badass punk rock show at 8 p.m. (\$7). Tonight it's a noise and grind-tinged adventure headlined by noise punk band **The Wankys** which hails all the way from Leicester, England. Joining the veterans from Old Blighty is Pittsburgh's **Eel**, whose *Endless Fucker* LP is an angle grinder to the eardrums. Local support comes from garage punks **Wet Spot**, who are embarking on a pre-summer tour, crust duo **KLOD** and the grindcore stylings of **Human Soup**. **Hot Tub**, who win the award this week for Band Name I Can Taste with My Gag Reflex. Congrats! There is no prize.

Friday

It's a very busy night for all creatures in the psychedelic rock reverb taxonomy, so let's grab our nets, calipers and wildlife tags, and get to work, shall we?

First up at the Miniplex, Drag City Records' own garage spaceship quintet **Wand** headlines a show at 8 p.m. (\$12). Joining them are tourmates **Palm Tree**, who unlike **Wand** and despite the name, are not from Los Angeles but come from the foggy, gentrified shores of San Francisco. Local support is provided by the always amazing **Frog**.

If you are smart, you won't miss the late show at the Alibi, which features another Los Angeles band whose funky,

fuzzy and stoned carapace includes genetic markers from groups like Fu Manchu, Claw Hammer, Nebula and Backbiter. I am of course talking about **The Freeks**, who helm an 11 p.m. show with a more rocking iteration of local mudskippers **CV**. Happy hunting.

Saturday

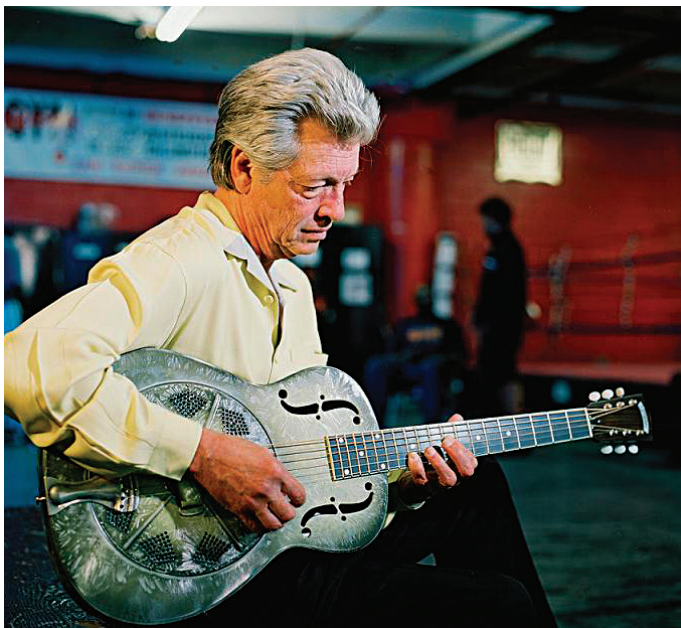
The Argentinian music and dance ensemble **Che Malambo** performs at the Arkley Center for the Performing Arts tonight at 8 p.m. (\$29-\$49). This show features all of the exciting aesthetic trappings of South American gauchos, with lassos, percussive stomping and speedy footwork to evoke the kinetic beauty of the horse wranglers of the deep, deep south. Viva.

Sunday (Cinco de Mayo)

What was supposed to be a fun show headlined by Washington State's vagabond ragtime punk act **Robber's Roost** at The Little Red Lion has instead become a benefit show, as the group was involved in a scary car crash with an allegedly drunk driver, resulting in the injury of one member and the totaling of the band's touring van. Thankfully, the other folks on the bill, **The Scum Lourdes** and **The Automatic Men**, have done the beyond-decent thing and turned this gig into a fundraiser to help out their wounded cohorts at 8 p.m. I don't know what the door costs but whatever it is, know that it's going to a righteous cause.

Monday

Green Milk From the Planet Orange returns to the Miniplex tonight to revisit the heavy, slow-burning beauty of its repertoire for the plebs and patricians of our bayside fogopolis. Expect slow-building jams that really leave a mark and expect the show to possibly sell out, leaving shitheels like myself to lap up drifts of sound through the wall from the bar at Richards' Goat. Oh well, it's an honest living. The opening salvos are provided by



John Hammond plays the Old Steeple on Tuesday, May 7 at 7:30 p.m. Photo by Jessica Chornsky, courtesy of the artist

Drip Torch and **The Sturgeons** (\$8).

Tuesday

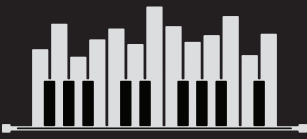
John Hammond has been making blues records for more than 55 years. He has been a household name for most of that time and while many of his peers spiraled off into various genres and addictions, he has remained consistent in his love of delta blues and the recorded output that love has produced. Tonight he plays the Old Steeple at 7:30 p.m. and will deliver what is likely a world-class concert worthy of the ears of any genuine blues enthusiasts reading this (\$40).

Wednesday

Moving from mid-century blues to proper American roots music done right, **Keb' Mo'** is coming to Eureka tonight to warm the stage of the Arkley Center for the Performing Arts with his unbelievably soulful voice accompanied by his deceptively earnest guitar playing. Some musicians can just seamlessly drift through a song, shedding notes and key changes like a juggler. Keb' Mo' takes the act beyond such theatrics, though. He is an absolute wizard and master of the musical universe cloaked in the guise of a man. His songs leave an afterglow and I am kind of mystified by the whole process, to be honest. If you can swing the \$66 ticket price, come check him out. ●

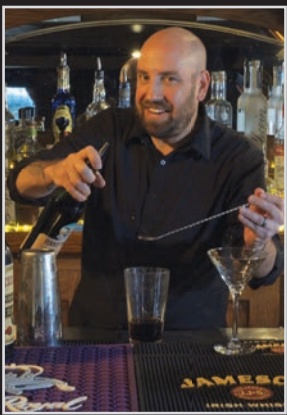
Full show listings in the Journal's Music and More grid, the Calendar and online. Bands and promoters, send your gig info, preferably with a high-res photo or two, to music@northcoastjournal.com.

Collin Yeo would like to cordially invite the month of May into town. He lives in Arcata.



THE

BASEMENT



LIVE JAZZ, SMALL BITES & CRAFT COCKTAILS

THURSDAY, FRIDAY & SATURDAY NIGHTS
IN THE BASEMENT OF THE JACOBY STOREHOUSE

780 7TH ST. ARCATA



cinco de mayo

Saturday & Sunday
Featuring

Horchata Waffles

Mexican Benedicts

\$3 Coronas

THE

GREENE LILY

M-F 8am-3pm • Sat & Sun 9am-3pm
307 2nd St. Eureka (707) 798-6083

GET GROWING WITH OUR **BIGGEST** SALES EVENT OF THE YEAR!

EVERYTHING YOU NEED TO GET GROWING IN STOCK!!

Huge selection of soils & amendments • Bags totes & bulk • Greenhouse kits • Greenhouse replacement covers • Cultivation covers reinforced 5mil/8mil/14mil clear & b/w-honda generators & pumps • Water tanks • Rain catchment tanks • NSF poly • Bulk drip line • Liquid & soluble organic fertilizers • Biologicals • Compost tea supplies • Fencing & concrete remesh • Weed barriers • Shade cloth • Wheel barrows • Ladders • Pest control • Cloning supplies • Grow systems • Blue lab • Industrial fans • Industrial dehumidifiers & heaters • Ballasts • Bulbs • Grow pots and bags to 600 gallons • Tie tapes • Bulk rolls soft ties and utility wires • Trim machines & trim trays • Deva double ended lights • Reflectors • Timers commercial heat mats • Air filters • Ducting • Compost tea supplies • Backpack & pump sprayers • Mr heaters • Chikamasa trim scissors • Cute aprons • Fiskars brush axes & tools • Corona • Ars • Mini washing machines & bags & beneficial nematodes • Propane tanks • Trellis nettings-stakes • Tyvek coveralls • Face masks & respirators • Large selection of machetes and saws • Controllers • Inline fans • Nitrile & biodegradable gloves • Thermometers • Digital and triple beam scales • Vacuum sealer bags • Stash bags and rolls • Stash totes • Headlamps & bungee cords & ratchet straps • Fans & heaters • Safes-security lights • Little giant/wayne/mondit pumps • Locks • Scales • Dig drip products • Taste of the wild dog food • Pet foods & supplies • Cover crop seeds • Ladybugs & beneficials • Husqvarna weed eaters • Large selection of headlamps • Bear proof containers • Husqvarna & honda trimmers & tillers • Shelving • Co2 generators • Huge selection of portable gas & electric heaters • Propagation supplies – **And much, much, more!!**

MAY 3-4-5

FRI SAT SUN

DAZEY'S SUPPLY

REDWAY 707.923.3002 dazeysupply.com



24% OFF EVERYTHING!!*

*EXCEPT
SOIL-BAGGED AMENDMENTS
GREENHOUSES • WATER TANKS
POWER EQUIPMENT • PET FOOD

14% OFF

100% EMPLOYEE OWNED COMPANY

How we grow matters.



24% OFF EVERYTHING!!**

Paints & Paint Supplies • Hardware • Housewares • Hand & Garden Tools • Cleaning Supplies • Light & Bathroom Fixtures • Repair Kits • Dog & Cat Food & Pet Supplies • Chikamasa • House Signs & Numbers • Camping Equipment • BBQ's & Accessories • Heaters • Dehumidifiers • Storage & Waste Containers • Mold Proof Paint • Pool Supplies • Garden Supplies • Stove Pipe & Supplies • Electrical Supplies • Smoke Alarms • Plumbing & Irrigation • Bulk Chain & Rope • Ladders • Home Security Products • Wood Pellets & Stove Supplies • Flashlights & Headlamps • Sun Hats – **And much, much, more!!**

DAZEY'S BUILDING CENTER

GARBERVILLE 707.923.2781 dazeysupply.com

GET GROWING WITH DAZEY'S BUILDING CENTER'S **BIGGEST** SALES EVENT OF THE YEAR!

MAY 3-4-5

FRI SAT SUN

LUMBER • BUILDING MATERIALS •
STOVES • GENERATORS • POWER
EQUIPMENT & TOOLS • WINDOWS

14% OFF

100% EMPLOYEE OWNED COMPANY

How we build matters.

DAZEY DAYZ

GRAND WILLOW CREEK
RE-OPENING WITH OUR
BIGGEST
SALES EVENT OF THE YEAR!

MAY 3-4-5

FRI SAT SUN

24% OFF EVERYTHING!!*

Party Time! 11-6 on Saturday



*Two Bouncy
Houses!*

Food catered by:



11-4 Sat.

www.thebananahutcatering.com



Benefit for
Creekside Arts & Education



*Local Brews
& Cider!*

**14%
OFF**

*EXCEPT

Soil-Water Tanks •
Bagged Amendments
• Greenhouses •
Generators • HayPower
Tools & Equipment
• Lumber • Building
Supplies
*Excludes - Animal Feed

EVERYTHING YOU NEED TO GET GROWING IN STOCK!!

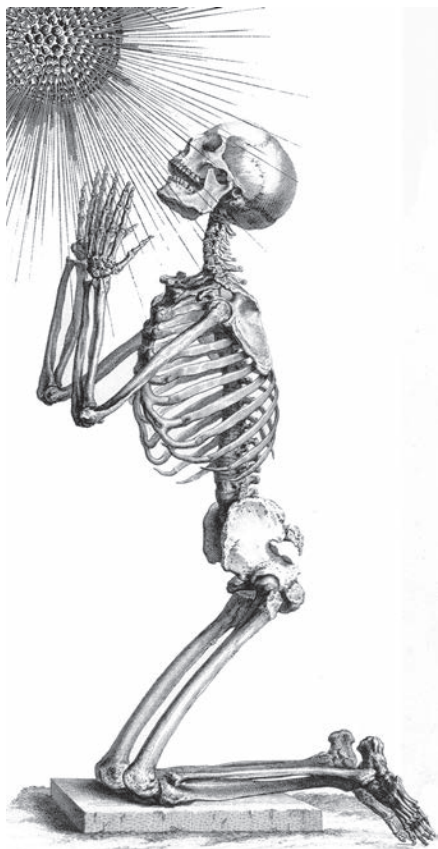
Huge Selection Of Soils & Amendments • Bags Totes & Bulk • Greenhouse Kits • Greenhouse Replacement Covers • Cultivation Covers
Reinforced 5Mil/8Mil/14Mil Clear & B/W • Honda Generators & Pumps-Water Tanks • Rain Catchment Tanks • NSF Poly-Bulk Drip Line • Liquid
& Soluble Organic Fertilizers • Biologicals • Compost Tea Supplies • Fencing & Concrete Remesh • Weed Barriers • Shade Cloth • Wheel
Barrows • Ladders Pest Control • Cloning Supplies • Grow Systems • Blue Lab • Industrial Fans • Industrial Dehumidifiers & Heaters • Ballasts • Bulbs
• Grow Pots & Bags To 600 Gallons • Tie Tapes • Bulk Rolls Soft Ties & Utility Wires • Trim Machines & Trim Trays • Deva Double Ended Lights •
Reflectors • Timers Commercial Heat Mats • Air Filters • Ducting • Compost Tea Supplies • Backpack & Pump Sprayers • Mr Heaters • Chikamasa
Trim Scissors-Cute Aprons • Fiskars Brush Axes & Tools • Corona • Ars • Mini Washing Machines & Bags Beneficial Nematodes • Propane
Tanks • Trellis Nettings • Stakes • Tyvek Coveralls • Face Masks & Respirators • Large Selection Of Machetes & Saws • Controllers • Inline Fans
• Nitrile & Biodegradable Gloves • Thermometers • Digital & Triple Beam Scales • Vacuum Sealer Bags • Stash Bags & Rolls • Stash Totes •
Headlamps • Bungee Cords Ratchet Straps • Fans & Heaters • Safes • Security Lights • Little Giant/Wayne/Mondit Pumps • Locks • Scales • Dig
Drip Products • Taste Of The Wild Dog Food • Pet Foods & Supplies • Cover Crop Seeds • Ladybugs & Beneficials • Husqvarna Weed Eaters •
Large Selection Of Headlamps • Bear Proof Containers • Husqvarna & Honda Trimmers & Tillers • Shelving • Co2 Generators • Huge Selection Of
Portable Gas & Electric Heaters • Propagation Supplies ~ And Much, Much, More!!

DAZEY'S SUPPLY

100% EMPLOYEE OWNED COMPANY

WILLOW CREEK • 41212 ROUTE 299 • 530-629-3100 dazeysupply.com

How we grow matters.



NORTHTOWN BOOKS
957 H STREET ARCATA
707 822 2834

Live Entertainment Grid

Music & More

ARCATA & NORTH

VENUE	THUR 5/2	FRI 5/3	SAT 5/4	SUN 5/5	M-T-W 5/6-5/7
THE ALIBI 744 Ninth St. 822-3731		The Freeks w/CV (heavy psych) 11pm TBA			
ARCATA PLAYHOUSE 1251 Ninth St. 822-1575		Get On Board The Love Train Fundraiser w/Lindsey Battle and Cory Goldman, Old Dog, Jeff Landen and Home Cookin' 7:30pm \$20	Nina Gerber and Chris Webster (folk) 8pm \$18, \$16		
ARCATA THEATRE LOUNGE 1036 G St. 822-1220	Ocean Night - Scuba Takeover! 6:30pm \$5 suggested	<i>The Room</i> (2003) (film) 8pm \$5	MALA , Saule, Wulf, Rhizae b2b 80Dub (dubstep) 9pm \$20	NBA Playoff Semi Finals Noon. Free w/\$5 min. food/ bev. purchase	[W] Sci-Fi Pint & Fry Night: <i>Alien Contamination</i> (1980) Free w/\$5 Food/Bev purchase
THE BASEMENT 780 Seventh St. 826-2345					
BLONDIES FOOD AND DRINK 420 E. California Ave., Arcata 822-3453	Open Mic 7pm			Jazz Jam 6pm Free	
BLUE LAKE CASINO WAVE LOUNGE 668-9770 777 Casino Way, Blue Lake	Latin Nights 9pm Free	The Undercovers (covers) 9pm Free	Live Music TBA 9pm Free	Karaoke 8pm Free	
CENTRAL STATION SPORTS BAR 1631 Central Ave., McKinleyville 839-2013		Karaoke w/Rock Star 9pm Free	Husky Burnette (dirty blues, rock) 9pm Free		[W] Karaoke w/Rokstar
CHER-AE HEIGHTS CASINO FIREWATER LOUNGE 27 Scenic Drive, Trinidad 677-3611		Mojo Rockers (blues, funk, rock) 9pm Free	Silver Hammer (Beatles tribute) 9pm Free	Karaoke w/DJ Marv 8pm Free	
CLAM BEACH TAVERN 4611 Central Ave., McKinleyville 839-0545	Legends of the Mind (jazz, blues) 6pm Free	Kindred Spirits (bluegrass) 10pm Free	Strictly Dancehall 1st Saturdays 10pm Free	Anna Hamilton (blues) 6pm Free	[M] Steve Lloyd (acoustic) 6-9pm Free [W] Pool Tournament & Game Night 7pm Free
FLIEBROOK MARKET 4636 Fliebrook Road 633-6097		The Yokels (rock) 7:30pm Free			[T] Trivia Tuesday 6-8pm Free All ages
THE GRIFFIN 937 10th St., Arcata 825-1755		First Fridays - Sign Of The Times w/DJ EastOne 9pm Free			[W] Salsa Dancing with DJ Pachanguero 8:30pm Free

AUTHENTIC ITALIAN MENU

Organic Products
Excellent Wine & Spirits
Fresh Seafood & Steaks
Drink Specials & Full Bar
Student & Senior Discounts
Free WiFi Spot

Mazzottis

773 8th St. Arcata
822-1900

mazzottis.com
www.facebook.com/Mazzottis

Humboldt clothing co. ALL MONTH LONG



**MIX AND MATCH
APPAREL DEALS
BUY ANY 2 SAVE 15%**

DOES NOT APPLY TO CLEARANCE ITEMS
DOES NOT INCLUDE HEADWEAR OR ACCESSORIES

(707) 476-0400 | (707) 822-3090
Bayshore Mall, | 987 H St,
Eureka | Arcata

www.humboldtclothing.com

708 9th St. Arcata 707.822.1414 tomoarcata.com
Open nightly at 4 pm Happy Hour 4-5:30 pm



TOMO
JAPANESE RESTAURANT

Westside Pizza
It's all about the pizza!

**1-Medium
1-Topping Pizza
ONLY \$5.99**

* BRING IN THIS AD *

600 F Street | 432 S. Fortuna Blvd.
ARCATA | FORTUNA
(707) 822-9990 | (707) 725-9990

Order Online westsidepizza.com

Arcata • Blue Lake • McKinleyville • Trinidad • Willow Creek *Eureka and South on next page*

VENUE	THUR 5/2	FRI 5/3	SAT 5/4	SUN 5/5	M-T-W 5/6-5/7
HUMBOLDT BREWS 856 10th St., Arcata 826-2739	Sepiatonic (electronic music and dance experience) 9:30pm \$15	Garcia Birthday Band 9:30pm \$15, \$12			
THE JAM 915 H St., Arcata 822-4766				Deep Groove Society 10pm \$5	[T] Top Grade Tuesdays Dancehall Reggae w/DJ RealYouth, Cassidy Blaze 10pm \$5 [W] Trivia Night 6pm, Whomp Whomp Wednesdays 10pm TBA
LARRUPIN CAFE 677-0230 1658 Patricks Point Dr., Trinidad				Tim Randles Jazz Piano 6-9pm Free	
LOGGER BAR 668-5000 510 Railroad Ave., Blue Lake	Feliz Jueves! 7-8pm	Kingfoot (Americana) 9pm Free	Culture Clash (world, funk, reggae, hip hop) 9pm Free		
MAD RIVER BREWING CO. 101 Taylor Way, Blue Lake 668-4151	Good Company (Celtic/Euro) 6pm Free	LD51 (funky jazz improv) 6pm Free	Spindrifters (American roots) 6pm Free		[T] Tide Pool Highdivers (country western) 6pm Free [W] Piet Dalmolen (solo guitar) 6pm Free
THE MINIPLEX 401 I St., Arcata 630-5000	Goat Karaoke 9pm Free	Wand (Drag City) w/Palm Tree & Frog 8:30pm \$15	The Getdown with DJM 9:30pm Free	Goat Karaoke 9pm Free	[M] Green Milk From the Planet Orange (prog. rock) 8:30pm \$10 [T] Sonido Pachanguero 9pm
NORTHTOWN COFFEE 1603 G St., Arcata 633-6187		Open Mic 7pm Free		Two Mic Sundays (comedy) 5pm Free	[T] Spoken Word Open Mic 6-8pm Free
OCEAN GROVE COCKTAIL LOUNGE 480 Patrick's Point Dr., Trinidad 677-3543					[M] Rudelion DanceHall Mondayz 8pm \$5
RAMPART SKATEPARK 700 South G St., Arcata 826-0675	The Wankys & Eel (punk) 7:30pm \$7				
REDWOOD CURTAIN BREWERY 550 South G St., Arcata 826-7224			The Stellar Jays (rock, soul) 8pm Free		
SIX RIVERS BREWERY 839-7580 1300 Central Ave., McKinleyville				Trivia Night 8pm	[M] Karaoke with DJ Marv 8pm [T] Sunny Brae Jazz Collective 7:30pm Free
SIDELINES 822-0919 732 Ninth St., Arcata	DJ Dance Party 10pm	DJ Dance Party 10pm	DJ Music 10pm		
TOBY AND JACKS 822-4198 764 Ninth St., Arcata	DJ Dance Party TBA	Dance Party w/DJ Masta Shredda TBA	Dance Party w/DJ Masta Shredda TBA		[W] Old School Hip Hop w/DJ Hal TBA



Open Daily
8am -2am

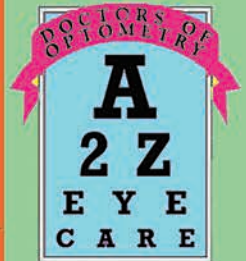
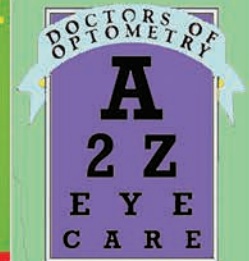
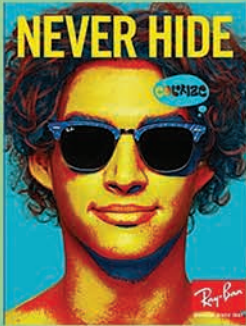
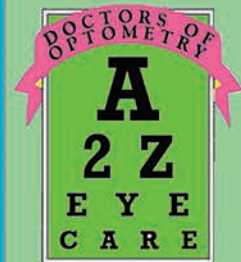
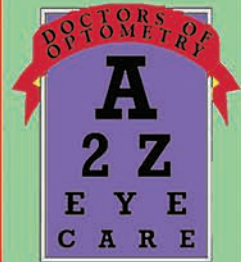
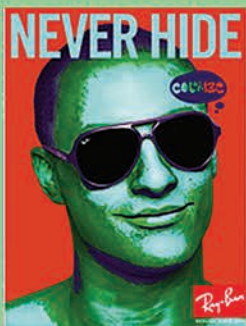
BEST
Bloody Mary
Fried Pickles
Hangover
Breakfast



744 9th St. on the Arcata Plaza
822-3731
www.thealibi.com



SUNGLASS SALE! 40% off all sunglasses
*Some exclusions apply



May 1 - 31 www.atozeyecare.com (707)822-7641



RESTAURANT HANA

707.444.3318 M-Sat 12-8pm
2120 4TH STREET • EUREKA

Live Entertainment Grid

Music & More

EUREKA & SOUTH

Arcata and North on previous page

Eureka • Fernbridge • Ferndale • Fortuna • Garberville • Loleta • Redway

VENUE	THUR 5/2	FRI 5/3	SAT 5/4	SUN 5/5	M-T-W 5/6-5/8
ARKLEY CENTER FOR THE PERFORMING ARTS 412 G St., Eureka 442-1956			Che Malambo (dance, percussion) 8pm \$29-\$49		[W] Keb' Mo' (blues, roots) 7pm \$66
ARTS & DRAFTS 422 First St., Eureka 798-6329			Karaoke 5-10pm		[T] Craft Singles: A Cheesy Trivia Night 6-8pm Free [W] Onesie Wednesday TBA
BEAR RIVER CASINO RESORT 11 Bear Paws Way, Loleta 733-9644	Karaoke with KJ Leonard 8pm Free	Dr. Squid (dance hits) 9pm Free	DJ Music by Lightning Boom 9pm Free		[W] Trivia Night with Jeff & Kyle 7pm Free
BRASS RAIL BAR & GRILL 3188 Redwood Dr., Redway 923-3188	Pool Tourney 8pm	Danny Minch (comedy) 8pm Free		Pints for Non Profits - Garberville Town Square w/ Mumu Crew and DJ Pound\$ 5-9pm	[T] Karaoke [W] Open Mic/Jam session 7pm Free
DOUBLE D STEAK & SEAFOOD 320 Main St., Fortuna 725-3700			Anna Hamilton (blues, humor) 6-9pm Free Chuck Mayville (classics) 6-9pm Free		
GALLAGHER'S IRISH PUB 139 Second St., Eureka 442-1177	Seabury and Evan (Irish, Celtic) 5:30pm Free				
GYPO ALE MILL 986-7700 1661 Upper Pacific Dr., Shelter Cove	Trivia Night 6-8pm	Live Music Fridays 6pm Free		El Grito Cinco De Mayo Contest 6pm	
HUMBOLDT CIDER TAPROOM 517 F St., Eureka 497-6320			The Elderberry Rust Stringband 7-10pm Free		
LIL' RED LION 1506 Fifth St., Eureka 444-1344				The Scum Lourdes, The Automatic Men (punk) Benefit show 8pm	
NORTH OF FOURTH 207 Third St., Eureka 798-6303			Sansfú (Absynth Trio) 10pm Free		[W] Brian Post and Friends Jazz Trio 7pm Free
THE OLD STEEPLE 786-7030 246 Berding St., Ferndale				Tom Rush (singer/songwriter) 7:30pm TBA	[T] John Hammond (acoustic blues) 7:30pm \$40
OLD TOWN COFFEE & CHOC. 211 F St., Eureka 445-8600	Open Mic with Mike Anderson 6:30pm Free	Friday Night Improv Show 7pm Free			[M] Improv Show 6pm Free
PALM LOUNGE - EUREKA INN, 518 Seventh St., Eureka 497-6093	Indigo - The Color of Jazz 7-11pm Free		Claire Bent & Citizen Funk (R&B, soul, funk) 9pm Free		

STUF'T POTATO

Rouladen Jäger Schnitzel Viennese apple strudel

German chocolate cake Hungarian Gulasch

Black Forest Chocolate Cake Bratwurst

Sauerbraten & Much more!

Victoria Place, 3220 Suite #8 Broadway Eureka
Open Tues.-Sat. 4-9pm | 707-444-6200 | Find us on Facebook!

EXPERIENCE ZERO GRAVITY

MOTHERS DAY PACKAGE 1HR FLOAT, 1HR MASSAGE, AND OUR NEW JADE CBD FACIAL FOR \$200

Platinum Radiance, Platinum Service – Here at Platinum Float

123 5TH ST. EUREKA • 707-476-8100
WWW.PLATINUMSTUDIOSALONANDSPA.COM

Email us Here:

press releases:
newsroom@northcoastjournal.com

letters to the editor:
letters@northcoastjournal.com

events/a&e:
calendar@northcoastjournal.com

music:
music@northcoastjournal.com

sales:
display@northcoastjournal.com

classified/workshops:
classified@northcoastjournal.com



Nina Gerber and Chris Webster play the Arcata Playhouse on Saturday, May 4 at 8 p.m. (\$18, \$16).

VENUE	THUR 5/2	FRI 5/3	SAT 5/4	SUN 5/5	M-T-W 5/6-5/8
PEARL LOUNGE 507 Second St., Eureka 444-2017		DJ D'Vinity (hip-hop, dance remixes, trap) 10pm Free	DJ Statik (Hip-hop, trap) 10pm Free		
PHATSY KLINE'S PARLOR LOUNGE 139 Second St., Eureka 444-3344	Laidback Lounge 6pm Free	Fickle Hill Band (classic rock/jam band) 8pm Free	Paula Jones Band (jazz, funk, soul) 8pm Free		[M] Open Mic Night 7pm Free [T] Phat Tuesdays 7:30pm Free [W] Jazz with Bill Allison & Friends 6-10pm Free
SAVAGE HENRY COMEDY CLUB 415 Fifth St., Eureka 845-8864		Erik Escobar 9pm \$10	Danny Minch 9pm \$10	Two Mic Sundays 9pm Free	[M] Monday Night Pod 7-11pm Free [T] Trivia Tuesdays 9pm \$5
THE SIREN'S SONG TAVERN 325 Second St., Eureka 442-8778	The Humboldt Poetry Show 7:30pm \$5			Hub City Stompers, The Chainlinks, Imperial Destructo, Cross Contamination (rock, punk) 7pm \$8	
THE SPEAKEASY 411 Opera Alley, Eureka 444-2244	Buddy Reed (solo blues) 9pm Free	Live Jazz and Blues 8:30pm Free			[T] Opera Alley Cats 7:30pm
STONE JUNCTION BAR 923-2562 744 Redway Dr., Garberville	Upstate Thursdays w/DJs G. Davis, Just One 9pm Free		Latin Peppers 9pm		[M] Pool Tournament 8:30pm \$10 buy-in [M] Hugh Gallagher (folk, country) 6-9pm Free [T] Blues Tuesdays 7pm Free [W] Karaoke 9pm Free
VICTORIAN INN RESTAURANT 400 Ocean Ave., Ferndale 786-4950		Jeffrey Smoller (solo guitar) 6pm Free			
VISTA DEL MAR 443-3770 91 Commercial St., Eureka					



20% OFF
our **TEPPANYAKI** menu

lunch time special only
EVERY DAY FROM 11AM - 3PM
reservations recommended

Bayfront Restaurant
ONE F STREET, EUREKA CA • 707.443.7489



The Sea Grill
Always Fresh Local Seafood & Great Steaks

Bar Opens at 4 pm

Dinner Monday-Saturday 5-9

316 E ST • OLD TOWN EUREKA • 443-7187
SEAGRILLEUREKA.COM



LUNCH SPECIALS 11AM-2PM M-F
PIZZA BY THE SLICE.....\$4
CUP/BOWL OF SOUP & SIDE SALAD.. \$5/\$7
WINGS.....\$5

HAPPY HOUR 4PM-6PM
DRAFT BEER.....\$1 OFF
SINGLE TOPPING PIZZA.....\$8
TWO TOPPING PIZZA.....\$10

& MORE

421 3RD ST EUREKA OPEN MON 4PM-9PM T-TH 11AM-9PM FRI 11AM-11PM SAT 12-11PM SUN 10-8PM





623 Fernbridge Dr., Fortuna
707-786-3900

Open Daily 8am-2pm, Closed Tuesdays
Wednesday dinners 4-7pm

THIS IS WHAT LUNCH LOOKS LIKE AT LE MONDE!





CULTURED CUISINE
2850 F ST, EUREKA | 707.798.6499
Tues-Thurs 5pm - 9pm | Fri-Sat 5pm - 10pm

Gather friends for
THURSDAY NIGHT OUT!

Enjoy extended happy hour drink & food specials at many of the 40+ Restaurants and Bars in
Downtown & Old Town Eureka



Calendar

May 2 – 9, 2019



Shutterstock

Hold onto your hats: The Rotary Club of Arcata Sunrise is off to the races with a special Derby Day-themed fundraiser **Taste of Spring: A Triple Crown Event** happening **Friday, May 3 at 3 p.m.** at the **Arcata Community Center** (\$30). More than 30 local vendors will be on hand serving specialty foods, beverages and spirits for your pleasure. Plus, take part in the raffle and Derby hat contest. A thoroughly-bred good time.



Submitted

The Boys & Girls Club of the Redwoods and McKinleyville Community Services District have partnered up again for the second annual **Vines by the Sea** on **Saturday, May 4 from 1 to 5 p.m.** at **Pierson Park** (\$40, \$35 advance, \$20 non-drinkers). The celebration of hops and grapes featuring local beer, wine, cider and kombucha, plus music by DJ Kev and Claire Bent and Citizen Fun benefits the Boys & Girls Club of the Redwoods McKinleyville Teen Center.



Photo by Jeremy Cowart

American roots music lovers, slide on over to the **Arkley Center for the Performing Arts** on **Wednesday, May 8** to catch four-time Grammy-winner **Keb' Mo'** at **7 p.m.** (\$66). The blues guitarist has collaborated with Bonnie Raitt, Taj Mahal, Vince Gill, Amy Grant, Jackson Browne, Natalie Cole, Lyle Lovett and others. Don't miss this opportunity to see this post-modern blues master in our neck of the woods.



Submitted

Honey, Please.

Spring is here, the flowers are blooming and it's time for the bees. Humboldt County Beekeepers and Eco Eureka present the sixth annual **Humboldt Bee Fest** on **Saturday, May 4** at the **Adorni Recreation Center** (free entry, donations appreciated).

"Everything is Connected" is this year's theme. And how! At the Bee Fest, bee lovers can find all things bee-utiful under one roof. At the event, chat with area beekeepers and listen to them wax poetic about the little winged friends that are so important to our survival. Pick up free flower seeds to help the pollinators grow in their numbers. There's a special **Bee Girl Workshop: 10 Ways You Can be a Bee Hero** with Bee Girl (Sarah Red-Laird) at **11 a.m.** and again at **1:30 p.m.**, where you can learn ways to make your backyard more bee-friendly. Check out the **bee art contest**. Let the little ones buzz around the **Kid Zone** where they're sure to find something fun and educational. And make a bee-line to the **Honeybee Market place**, open from **10 a.m. to 4 p.m.** with booths, delicious food, honey vendors, honey tasting, presentations, a raffle and the opportunity to and see live bees safely in their hive. The fest also features **live music** (Bee Gees, anyone?), plus performances at **1 p.m.** by the **Redwood Coast Children's Chorus** and the **Redwood Coast Women's Chorus**.

— Kali Cozyris



Submitted

Get Frothy with the Flamingos

What's brewing at the zoo? This **Saturday, May 4**, **Sequoia Park Zoo's** annual party with the animals, **Brew at the Zoo**, gets swinging from **5 to 8 p.m.** (\$75 VIP 4 p.m. admission, \$45, \$40 advance, \$35 advance zoo members, \$15 designated driver).

Who and what's on tap this year? As always, the event features a bevy of beverages. This year, you and your crew can knock back brews from **more than 20 local and regional breweries** including Six Rivers Brewery, Eel River Brewing Company, Redwood Curtain Brewing, Lost Coast Brewery, Humboldt Cider Company, The Booth Brewing Co., Mad River Brewing Company, Firestone Walker Brewing Co., Hop Valley Brewing Co., Fall River Brewing Company, 2 Towns Ciderhouse and Bear Republic Brewing Company.

In addition to beverages, there's plenty of hot, tasty food on site. Steady your gait between rounds with grub from the **Sequoia Park Zoo Cafe**, **Bulldoggies hot dogs and pizza**, **Taqueria La Barca Mexican Restaurant**, **SeaSmoke Barbeque** and **Hooked Kettle Corn**. Sweet. (And salty!) But it's not just about eating and drinking. You're at the zoo, after all. Say hey to the otters, howl with the howler monkeys (just like Friday night on the Arcata Plaza) and mosey over to the barnyard to pet animals and dance to the **Compost Mountain Boys**. Out on the lawn, **DJ Gabe Pressure and Friends** are keeping the beat. To help you remember the great time you'll have, stop by the **SmileZ photo booth** for pics. In addition to your 2019 souvenir glass, you can get yourself some Brew at the Zoo swag and, if needed, a cab. There will be plenty available outside the zoo. Brew at the Zoo is a 21 and older event. Bring your ID.

— Kali Cozyris

2 Thursday

ART

Figure Drawing Group. 7-9 p.m. Cheri Blackerby Gallery, 272 C St., Eureka. Chip in for the live model and hone your artistic skills. Go into the courtyard on C Street to the room on the right. \$5. 442-0309.

DANCE

Redwood Fusion Partner Dance. 7-10 p.m. Redwood Raks World Dance Studio, 824 L St., Arcata. Contemporary partner dance with an improvised, lead-follow approach. A 7 p.m. lesson, 8 p.m. dancing. \$5, first time free. www.redwoodraks.com.

LECTURE

Sustainable Futures Speaker Series. 5:30-7 p.m. Founders Hall 118, Humboldt State University, Arcata. Nick Reo presents "Love and Accountability in Indigenous Environmental Research." Free. envcomm1@humboldt.edu. envcomm.humboldt.edu/spring-2019. 826-3653.

MOVIES

Mary Queen of Scots. 6-8 p.m. Arcata Library, 500 Seventh St. A fresh take on the northern queen. Rated R. Directed by Josie Rourke. Free. 822-5954.

Ocean Night. 7 p.m. Arcata Theatre Lounge, 1036 G St. From majestic documentaries to epic surf flicks, explore the great blue sea with Humboldt Surfrider. \$5 suggested donation. www.arcatatheatre.com.

MUSIC

Humboldt Folklife Society Sing-along. First Thursday of every month, 7 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. Sing your favorite folk, rock and pop songs of the 1960s with Joel Sonenshein. Songbooks are provided. Free. joel@asis.com.

SPOKEN WORD

The Humboldt Poetry Show. 7:30-9:30 p.m. The Siren's Song Tavern, 325 Second St., Eureka. Music by DJ Goldyllocks, live art by Carly Robbins. Featuring special guest performance from David Holper, performing his poetry from his newly released book, *The Bridge*. \$5. vp24@humboldt.edu. www.sirensongtavern.com. 496-9404.

THEATER

Mamma Mia! Preview. 8 p.m. Ferndale Repertory Theatre, 447 Main St. A comedy musical featuring ABBA's greatest hits. \$10. www.ferndalerep.org.

Prodigal Son. 8 p.m. Redwood Curtain Theatre, 220 First St., Eureka. An explosive portrait of a young man on the verge of either salvation or destruction. Written by John Patrick Shanley and directed by Roman Sanchez. \$10-\$20. www.redwoodcurtain.com. 443-7688.

EVENTS

Great Humboldt Trivia Challenge. 5:30 p.m. Eureka Woman's Club, 1531 J St. All ages. Admission includes some tacos (with more available for purchase), a no-host bar, a silent auction and a literary themed costume contest. Benefits Humboldt Literacy Project. \$15, \$10 advance, \$100 team. www.eurekawomansclub.org.

Substance Use Workshop. 1-2:30 p.m. The RAVEN Project, 523 T St., Eureka. An interactive workshop focusing on substance use. Incentives and raffle for attendees. Free. cmoore@rcaa.org. 499-6300.

FOR KIDS

Trinidad Library Toddler Storytime. 10-11 a.m. Trinidad Library, 380 Janis Court. Stories with the little ones. Free. trihuml@co.humboldt.ca.us. 677-0227.

MEETINGS

Humboldt Homebrewers Meeting. 7-9 p.m. Humboldt Beer Works, 110 Third St., Suite D & E, Eureka. Get caught up on local events. The Humboldt Homebrewers are a DreamMaker Project of the Ink People Center for the Arts, a 501(c)(3) Non-Profit Organization. info@humboldthomebrewers.org. www.humboldtbeerworks.com.

ETC

Katie's Krafters. 9:30-11:30 a.m. Arcata Senior Dining Center, 321 Community Park Way. New members welcome. Anyone with sewing or quilting experience or who wants to learn. Free.

Open Mic Thursdays at Peace Cafe. 7-9 p.m. Grace Good Shepherd Church, 1450 Hiller Road, McKinleyville. Poets, troubadours, essayists, vocalists and speakers perform. Light refreshments. Donations accepted. www.gracegoodshepherd.org.

Standard Magic Tournament. 6-10 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Put your deck to the test. \$5. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

3 Friday

ART

Art Therapy. First Friday of every month, 7-8 p.m. The MGC, 2280 Newburg Road, Fortuna. Express yourself through projects in a safe and supportive environment. All ages. Supplies are provided. Free. ahennessy@ervmgc.com. www.ervmgc.com. 725-3300.

Drop-in Volunteering. 1-6 p.m. SCRAP Humboldt, 101 H St., Suite D, Arcata. Drop-in volunteering every Friday to help the creative reuse nonprofit. Free. volunteer@scraphumboldt.org. www.scraphumboldt.org. 822-2452.

May Featured Artist Reception. 6-9 p.m. Trinidad Art Gallery, 490 Trinity St. See the works by silk painter Amanita Mollier, copper sculptor Sarah Magnuson and music by member JD Jeffries on the first Trinidad Art Night of the season. Snacks and drinks available. Free. trinidadgallery@gmail.com. www.trinidadartgallery.com/gallery-events. 677-3770.

Old Town Ink Lab Grand Opening Celebration. 4-6 p.m. Old Town Ink Lab, 212 G St., #103, Eureka. A new makers space for print media and literary arts in Eureka. Featuring several printing presses, as well as multiple work stations, tools, resources and equipment for public use. Stop by for snacks, cider, demos and interactive fun. Free. artspaces@gmail.com. 499-5691.

Trinidad Art Nights. 6-9 p.m. Trinidad, Downtown. A town-wide event including many venues, galleries, wine tasting, outdoor music, live art, fire dancing, kids activities and performances throughout the night. Free. trinidadart95570@gmail.com. www.trinidadartnights.com. 502-5737.

COMEDY

Danny Minch. 8-10 p.m. Brass Rail Bar & Grill, 3188 Redwood Drive, Redway. Live comedy. Free. comedysjunkies@live.com. www.brassrailinn.com. 923-3188.

Erik Escobar. 9-11 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Comic performs. \$10. editor@savagehenrymagazine.com. www.savagehenrymagazine.com. 845-8864.

Friday Night Improv Show. 7-9:45 p.m. Old Town Coffee & Chocolates, 211 F St., Eureka. Watch or play fun improv games with audience suggestions. Clean comedy. All ages welcome. Free. damionpanther@gmail.com. www.oldtowncoffeeeureka.com. 497-9039.

DANCE

Maypole Dance Party. 7 p.m. Redwood Raks World Dance Studio, 824 L St., Arcata. Featuring a May Pole dance lesson and music by The May Pole Band, The Ethniks and the Middle Eastern Band, Hayal. All ages, dance levels welcome. Free. tutujoyceB@gmail.com. www.redwoodraks.com. 599-0003.

LECTURE

Marine Mammals Ashore and at Sea. 7 p.m. HSU Natural History Museum, 1242 G St., Arcata. Dr. Dawn Goley, director of the HSU Mammal Education and Research Center, discusses the natural history of local whales, seals and sea lions and what to do if you see one stranded. Donations appreciated. www.humboldt.edu/natmus. 826-4479.

MUSIC

Get On Board the Love Train. 7:30 p.m. Arcata Playhouse, 1251 Ninth St. A musical benefit for local musician/artist Tim Gray featuring a lineup of musicians who have worked with Gray over the years: Lindsey Battle and Cory Goldman, Old Dog, Jeff Landen and Home Cookin'. \$20.

HSU Wind Ensemble w/Daniela Mineva and Wind Energy. 8-10 p.m. Fulkerson Recital Hall, Humboldt State University, Arcata. HSU music department and conductor Paul Cummings present an evening of instrumental music. With new work by local composer Michael Kibbe. \$10, \$5 child/HSU students with ID. mus@humboldt.edu. 826-3928.

Lewy x Thorne Plus Special Guests. 7-10 p.m. Outer Space, 1100 M St., Arcata. A night of hip-hop and rap by local young artists, including Eureka High students. All ages. \$5.

The Medicine of Music. 6 p.m. Om Sweat Om Hot Yoga & Dance, 516 Fifth St., Eureka. Sound healer Donatella Moltisanti discusses the powers of music. www.donatellamoltisanti.com. (916)546-8238.

MOVIES

The Room (2003). 8p.m. Arcata Theatre Lounge, 1036 G St. Black comedy/romantic drama. \$5. 822-1220.

THEATER

Fantastic Mr. Fox. 7 p.m. Gist Hall Theatre, Humboldt State University, Arcata. A stop-motion film based on Roald Dahl's much-loved story. \$10, \$8 students/seniors. 826-3566.

Mamma Mia! 8 p.m. Ferndale Repertory Theatre, 447 Main St. With a score built from ABBA's greatest hits, *Mamma Mia!* is a hilarious and touching musical. Appropriate for ages 14+. \$18-\$10. www.ferndalerep.org.

Prodigal Son. 8 p.m. Redwood Curtain Theatre, 220 First St., Eureka. See May 2 listing.

EVENTS

Arcata Elementary School Annual Talent Show. 6-8 p.m. D Street Neighborhood Center, 1301 D St., Arcata. Students provide dance, song, magic, jokes and a few surprises. Fun for the whole family. Supports student programs at AES. Free, donations accepted. colsen@arcatasd.org. www.arcataelementaryschool.org. 822-4858.

Fiesta de Mayo. 5:30-9 p.m. Trinidad Town Hall, 409 Trinity St. A Benefit for the Trinidad Coastal Land Trust featuring music by The Sandfleas, art, \$10 Mexican food plates, oyster bar, beer, wine and margaritas, raffle and door prizes. Free. carol@trinidadcoastallandtrust.org. 677-2501.

HSU ideaFest 2019. 2-5 p.m. Humboldt State University Library, 1 Harpst St., Arcata. Explore student and

Continued on next page >>



SUNDAY, MAY 5
8am-3pm

REDWOOD ACRES FAIRGROUND
3750 Harris St.
Eureka
admission \$2.00
kids 12 & under FREE

707.616.9920
thehumboldtfleamarket@gmail.com



CRAZY GOOD!



SHRIMP TACOS



HOURS
MON-FRI 10-9 • SAT 11-9 • CLOSED SUN


LOCATION
955 MAIN ST., FORTUNA • (707) 725-5546



MAY 9TH
5-8PM

Enjoy tasty morsels from

22 Restaurants & Food Producers



\$25 Per Ticketbook

Buy yours today at one of these locations

Ramone's Bakery (select locations),
North Coast Co-Op (Eureka),
Eureka Visitor Center,
Eureka Main Street,
Moore's Sleepworld (Fortuna)
or online at northcoasttickets.com



Taste of Main Street is a fundraiser for Eureka Main Street.

525 Second Street, Ste. #105, Eureka
442.9054
eurekamainstreet.org



HUMBOLDT COUNTY BEEKEEPERS and ECO-Eureka PRESENT

SIXTH ANNUAL HUMBOLDT COUNTY

FREE FLOWER SEEDS
BEE ART CONTEST
KIDS ZONE
LIVE MUSIC
BEE-LICIOUS FOOD
HONEY VENDORS
GIFT RAFFLE
HONEY TASTING
WORKSHOPS
LIVE BEES *safely in their hive!*

Let's work together to help our local Pollinators

Bee Fest
NATURE'S CHAMPIONS • EVERYTHING IS CONNECTED

WITH SPECIAL GUEST *Bee Girl* WORKSHOPS!

Honeybee Marketplace open 10-4

SATURDAY, MAY 4TH, 2019
ADORNI CENTER, EUREKA
FOOT OF LST., ON THE BAY

see FB Humboldt Beefest for workshop schedules

sponsored by Eureka Natural Foods, Chautauqua Natural Foods & more!

Tix on Sale NOW!

13th ANNUAL Brew Zoo AT THE Zoo

21+ EVENT

Saturday, May 4

5-8PM

FEATURING: DJ D'Vinity & The Compost Mountain Boys

Live Broadcast by: KSLG 93.1/94.5

GET TIX AT Sequoiaparkzoo.net

EARLY BIRD

General Admission	\$40
Zoo Members	\$35
Designated Drivers	\$15
Day of at the Gate	\$45

\$75 Includes: Early Entry at 4 pm, Meal & Special Glass

VIP

Zoo Gift Shop
The Works, Eureka
Wildberries, Arcata

www.sequoiaparkzoo.net 707-441-4263

Calendar

Continued from previous page

faculty research and creative work happening at HSU. Free. sally.hang@humboldt.edu. www2.humboldt.edu/ideafest. 826-4190.

Sip & Spell. 6 p.m. Eureka Woman's Club, 1531 J St. An adult spelling bee. Purchase cheats to stay in the bee longer. Ask a friend for help or, for 10 bucks, they'll throw out the word. Cash prizes. Cocktails and food. Proceeds go to the upcoming ADA Compliant bathroom remodel. \$20. www.eurekawomansclub.org. 845-7243.

Spring Wildflower Show. 2-8 p.m. Jefferson Community Center, 1000 B St., Eureka. Presented by the North Coast Chapter of the California Native Plant Society. Hundreds of fresh wildflower specimens, an art night, lectures, presentations and more. Free admission. theralphs@humboldt1.com. www.northcoastcnps.org. 822-2015.

Taste of Spring: A Triple Crown Event. 3 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. Rotary Club of Arcata Sunrise's Derby Day themed fundraiser features over 30 local vendors serving specialty foods, beverages and spirits and a raffle. Derby hat contest at 7:30 p.m. \$30. arcatasunrise@gmail.com. www.arcatasunrise.org/tos.

FOR KIDS

Baby Read & Grow. First Friday of every month, 11-11:45 a.m. Humboldt County Library, 1313 Third St., Eureka. Babies and their families are invited to share songs, finger plays and short stories at this early literacy event. Free. jlancaster@co.humboldt.ca.us. www.humlib.org. 269-1910.

Preschool Storytime. 10:30-11 a.m. Fortuna Library, 753 14th St. Volunteer storytellers read to children ages 4 and under, sometimes with songs and puppets. Free. 725-3460.

Redwood Empire BMX - BMX Practice/Racing. 5-6 p.m. Redwood Empire BMX, 3750 Harris St., Eureka. Learn good sportsmanship and safety for kids of all ages. Friday and Sunday practices followed by racing. \$2 practice, \$5 ribbon race, \$8 medal race, \$11 trophy race. redwoodempirebmx1992@gmail.com. 845-0094.

Zumba Kids and Kids Jr. 6-7 p.m. The MGC, 2280 Newburg Road, Fortuna. Every Friday night, instructor Vanessa Maloney. Open to kids ages 5 and up. \$8, \$5 prepay. ecooper@ervmgc.com. www.ervmgc.com. 725-3300.

FOOD

Southern Humboldt Farmers Market. 11 a.m.-3 p.m. Garberville Town Square, Church Street. Local produce, pasture-raised meats, baked goods, plant starts, crafts and more. Live music and food vendors.

ETC

A Call to Yarns. Noon-1 p.m. Arcata Library, 500 Seventh St. Knit. Chat. Relax. Free. sparsons@co.humboldt.ca.us. 822-5954.

Rio Dell-Scotia Chamber of Commerce Mixer. 5:30 p.m. Rio Dell Fire Hall, 50 West Center St. Refreshments, beer and wine, 50-50 cash raffle, poker raffle and drawing. Sponsored by HARD CAR and Root 101 Nursery, representatives of which will discuss the local cannabis industry. Free.

Solidarity Fridays. 5-6 p.m. County Courthouse, 825 Fifth St., Eureka. Join Veterans for Peace and the North Coast People's Alliance for a peaceful protest on the courthouse lawn. www.northcoastpeoplesalliance.org.

4 Saturday

ART

Art Show and Reception. 5-8 p.m. Main St. Gallery, 490 Main St., Weaverville. Jan Hollander and Lynn Niekrasz show plein aire and studio work in "Scenes Through Our Eyes." Art walk coincides with the opening reception.

Arts Alive. First Saturday of every month, 6-9 p.m. Historic Old Town Eureka, Second Street. Art, and a heap of it. All around Old Town, Eureka. Free. www.eurekamainstreet.org. 442-9054.

Bill McBride Watercolors Art Show: "The Drifting Cowboy". 4-8 p.m. Ferndale City Hall, 100 Berding. Enjoy Cowboy Bill's paintings, a signature drink and treats. Free. lizklopper@frontier.com. 498-4089.

North Coast Open Studios 2019 - Art Show & Reception. 6-9 p.m. Brenda Tuxford Gallery, 525 Seventh St., Eureka. See art from many of the participants of the 21st annual North Coast Open Studios and pick up the 2019 guidebook. Free. contact@northcoastopenstudios.com. 442-8413.

BOOKS

Friends of Arcata Library Book Sale. 11 a.m.-2 p.m. Arcata Library, 500 Seventh St. Children's books and movies are free, and all other sales benefit the Arcata Library. 822-5954.

May Day Planting Storytime. 11 a.m.-noon. Arcata Library, 500 Seventh St. Come for this final sunflower planting in the Arcata Library garden. Free. 822-5954.

COMEDY

Danny Minch. 9-11 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. The Fresno-based comic headlines. Nando Molina features. Peter Nelson opens. Hosted by Amber Heidinger. \$10. editor@savagehenrymagazine.com. www.savagehenrymagazine.com. 845-8864.

DANCE

Barn Dance. 6-10 p.m. Bayside Community Hall, 2297 Jacoby Creek Road. Music by Striped Pig String Band and caller Lindsey Battle. Beer, cider, wine and kombucha available. Home style chili and corn bread dinner and bake sale. Benefit for Six Rivers Montessori. \$10, free for kids under 12, \$10 dinner. www.baysidecommunityhall.org.

Che Malambo. 8 p.m. Arkley Center for the Performing Arts, 412 G St., Eureka. A percussive Argentinian dance and music spectacle from a company of 14 performers. \$29-\$49.

Milonga! Argentine Tango Dance Party. 8-11 p.m. Redwood Raks World Dance Studio, 824 L St., Arcata. Dance, socialize, nibble on snacks and meet delightful people. \$10 to dance, free to watch. tangoredwoods@gmail.com. www.redwoodraks.com.

LECTURE

Humboldt County Historical Society Program. 1 p.m. Humboldt County Library, 1313 Third St., Eureka. Eric and Viviana Hollenbeck of Blue Ox Historic Village present their story and their future plans. www.humboldthinistory.org. 445-4342.

MUSIC

Galactic Gala, Music through the Milky Way. 5-9 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. A gala evening of music, live and silent auctions and food featuring the ArMack Orchestra and AHS Madrigal Choir. Proceeds benefit the ArMack Orchestra and AHS Choral Program. \$35. 599-5414.

HSU Calypso Band. 8-10 p.m. Fulkerson Recital Hall, Humboldt State University, Arcata. HSU music de-

partment presents the Humboldt State Calypso Band, led by Professor Eugene Novotney. \$10, \$5 child/HSU students with ID. mus@humboldt.edu. 826-3928.

Nina Gerber and Chris Webster. 8 p.m. Arcata Playhouse, 1251 Ninth St. Rootsfolk duo. \$18, \$16 members and students.

MALA, Saule, Wulf, Rhizae b2b 80Dub. 9 p.m. Arcata Theatre Lounge, 1036 G St. Dubstep. 21 and over. \$20. 822-1220.

Step Right Up. 6:30-8:30 p.m. Eureka High School Auditorium, 1915 J St. HLO KidCo Revue presents 120 youth performers singing and dancing to some of Broadway's greatest songs. \$10, \$5 youth, free for 3 years and under. info@hloc.org. www.hloc.org. 630-5013.

THEATER

“May the 4th Be With You” Cabaret. 8-10:30 p.m. Synapsis Nova, 212 G St., Suite 102, Eureka. Cabaret featuring aerial dance, drag artists, live music, theatre and clowning. \$5-10 sliding scale, no one turned away for lack of funds. synapsiseureka@gmail.com. www.synapsisperformance.com. 616-3104.

Fantastic Mr. Fox. 2 & 7 p.m. Gist Hall Theatre, Humboldt State University, Arcata. See May 3 listing.

Mamma Mia! 8 p.m. Ferndale Repertory Theatre, 447 Main St. See May 3 listing.

Prodigal Son. 8 p.m. Redwood Curtain Theatre, 220 First St., Eureka. See May 2 listing.

EVENTS

30th Anniversary Celebration. Noon. Willow Creek China-Flat Museum, 38949 State Route 299. Potluck luncheon with anniversary cake. Guest speaker and a display case dedication ceremony in memory of Mr. Al Hodgson.

Annual Women in Trades Event. 10 a.m.-2 p.m. College of the Redwoods, 7351 Tompkins Hill Road, Eureka. Demonstrations, information, and activities for women designed by women who are currently employed in career technical trades like construction, woodworking, electrical, plumbing, welding, forestry, automotive, drafting and auto tech. molly-blakemore@redwoods.edu. 476-4254.

Brew at the Zoo. 4-8 p.m. Sequoia Park Zoo, 3414 W St., Eureka. Taste local and regional beer and cider, enjoy live music, food, zoo animals and fun. Cabs available outside the zoo to ensure everyone gets home safely. 21 and over event. \$75 VIP, \$45, \$40 advance, \$35 advance Zoo members. \$15 designated driver. www.sequoiaparkzoo.net.

Historical Eureka Bike Tour. 3-5 p.m. Eureka Municipal Auditorium, 1120 F St. Members of the Eureka Heritage Society and the Historic Preservation Commission share their knowledge of the city's architecture and local history. The tour departs from the Eureka Muni and ends in Old Town. Slow-paced ride, about 2.5 miles. Free. www.bikemonthumboldt.org. 498-0536.

Humboldt Bee Fest. Adorni Recreation Center, 1011 Waterfront Drive, Eureka. Explore this year's theme “Everything is Connected.” Bee-related info, food, vendors, Kid Zone, art show, live music, workshops and raffle. www.ci.eureka.ca.gov.

Humboldt Trails Summit. 9:30 a.m.-12:30 p.m. Kate Buchanan Room, Humboldt State University, Arcata. Celebrate local trail successes, get updates on current projects and learn about the future Great Redwood Trail and how it can connect with local trail efforts. Free.

Saddle Up! 2019 A Choice Affair. 5 p.m. Sequoia Conference Center, 901 Myrtle Ave., Eureka. Join Planned Parenthood Northern California for a appetizers, dinner, libations and silent and live auctions that

support the life-saving work of PPNorCal. Senator Mike McGuire guest auctioneer. Reservations must have been made by April 20. tbaratelle@ppnocal.org. www.sequoiacenter.net. 502-3008.

Spring Wildflower Show. 10 a.m.-4 p.m. Jefferson Community Center, 1000 B St., Eureka. See May 3 listing.

Vines by the Sea. 1-5 p.m. Pierson Park, 1608 Pickett Road, McKinleyville. A celebration of hops and grapes featuring beer, wine, live music. All benefiting the Boys & Girls Club of the Redwoods McKinleyville Teen Center. \$35-\$40. office@bgcredwoods.org. www.bgcredwoods.org. 441-1030.

FOR KIDS

Kids Alive. First Saturday of every month, 5:30-8 p.m. Redwood Discovery Museum, 612 G St., Eureka. Drop-off program for ages 3-12 during Arts Alive. \$20 per child, \$15 per child for members. www.discovery-museum.org.

Mini Masters Reading Program. First Saturday of every month, Noon-2 p.m. Morris Graves Museum of Art, 636 F St., Eureka. Monthly workshop includes story time, tours of current exhibitions, literacy games and art activities. For children ages 2-8, but all ages welcome. Celebrate the 28th annual Images of Water juried photography exhibition, by creating you own images of water using various 2-D media and hearing a read aloud about Claude Monet and his famous waterlilies. Free. alex@humboldtarts.org. www.humboldtarts.org/pbsnc-kids-club. 442-0278.

Story Time. First Saturday of every month, noon. Willow Creek Library, State routes 299 and 96. Introduce your preschooler to the fun of books. Free.

Storytime. 11:30 a.m. McKinleyville Library, 1606 Pickett Road. Stories for children and their parents. Free.

Storytime and Crafts. 11:30 a.m. Blue Lake Library, 111 Greenwood Ave. Followed by crafts at noon. Now with a Spanish and English story every first and third Saturday. Free. blkhuml@co.Humboldt.ca.us. 668-4207.

FOOD

Arcata Plaza Farmers' Market. 9 a.m.-2 p.m. Arcata Plaza, Ninth and G streets. Locavores' delight: fresh vegetables and fruit from local producers, food vendors, plant starts and flowers every week. Live music from 10:30 a.m to 1:30 p.m. Music by Ju Drum.

North Coast Big Brew Day 2019. 10 a.m.-4 p.m. Humboldt Beer Works, 110 Third St., Suite D & E, Eureka. Brewing demonstrations by the Humboldt Homebrewers to celebrate National Homebrew Day. \$5 suggested donation. pr@humboldthomebrewers.org.

Pre-Arts Alive Microbatch Release Party. 5-7 p.m. Dick Taylor Chocolate Factory, 4 West Fourth St., Eureka. Enjoy perfectly paired bites and spiced beverages with Dick Taylor's new Microbatch chocolate bar. Drinking chocolate on tap and featured plain air artist Steven Taylor in attendance for the evening. Free.

GARDEN

Spring Plant Sale. 9 a.m.-3 p.m. Humboldt Botanical Garden, 7351 Tompkins Hill Road, College of the Redwoods Campus, north entrance, Eureka. A free day in the garden and a plant sale with something for everyone. Stroll the trails, enjoy the birds and scenery and shop for bargains. Free admission. katiehall@hbgf.org. www.hbgf.org. 442-5139.

MEETINGS

Humboldt Branch of the American Association of University Women. 10 a.m. Samoa Cookhouse, 908 Vance Ave. Hear Laura Olson speaks on “Nonprofit Leadership Succession” and learn more about the

AAUW's activities at the final meeting of the year. Reservations required. \$17 breakfast, \$6 beverage-only option. www.samoacookhouse.net. 442-4643.

OUTDOORS

Arcata Marsh Tour. 2 p.m. Arcata Marsh and Wildlife Sanctuary Interpretive Center, 569 S. G St. Meet leader Mika Samoy at the Interpretive Center on South G Street for a 90-minute walk focusing on the plants, history and/or ecology of the Marsh. Loaner binoculars available with photo ID. Free. 826-2359.

Audubon Society Arcata Marsh Bird Walk. 8:30-11 a.m. Arcata Marsh and Wildlife Sanctuary, South I Street. Bring your binoculars and meet in the parking lot at the end of South I Street (Klopp Lake) in Arcata, rain or shine. Walk leader is Cindy Moyer. Free. www.rras.org/calendar.

Global Big Day - Bridgeville-Kneeland Road Bird-watching Tour. 8 a.m.-2 p.m. Bayshore Mall, 3300 Broadway, Eureka. See more than 50 species with trip leader David Juliano. 100 miles in about 6 hours. Please contact David for meet up and carpooling specifics. Free. villosus1971@gmail.com. www.rras.org. 601-2389.

Hammond Trail Work Day. First Saturday of every month, 9-11 a.m. Hammond Trail, McKinleyville, McKinleyville. Work, clean and paint. Dress for work. New volunteers welcome. Changing locations each month. Contact for meeting place. sbecker@reninet.com. www.humtrails.org. 826-0163.

Lanphere Dunes Guided Walk. First Saturday of every month, 10 a.m.-1 p.m. Humboldt Bay NWR Lanphere Dunes Unit, 6800 Lanphere Road, Arcata. Join a Friends of the Dunes naturalist for a guided tour. Meet at Pacific Union School to carpool to the protected site. Free. info@friendsofthedunes.org. www.friendsofthedunes.org. 444-1397.

Share the Beach Training. 10 a.m.-3 p.m. BLM Arcata Field Office, 1695 Heindon Road. Volunteers are needed to assist with outreach efforts at local beaches through the Share the Beach program. Please RSVP. Free. dante@friendsofthedunes.org. www.friendsofthedunes.org. 444-1397.

Wildlife Tracking Workshop. 9 a.m.-4 p.m. HSU Natural History Museum, 1242 G St., Arcata. With professional tracker Phil Johnston. Each workshop includes information regarding our local wildlife. Space is limited. \$25, \$20 museum member, \$50 family, \$15 seniors and HSU students.

SPORTS

Bear River Fighting Championship 9. 5-11 p.m. Bear River Casino Resort, 11 Bear Paws Way, Loleta. Live MMA event, presented by Hardfought productions. 18 and older. Fights at 6:30 p.m. After party in Thirsty Bear Lounge with DJ Statik. \$48 premium, \$38 general. kylehudson@bearrivercasino.com. www.bearrivercasino.com. 733-9644.

ETC

Implicit Bias and the Four Dimensions of Racism. 9 a.m.-5 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. Ron White and Meridith Oram lead a training session on internalized, interpersonal, institutional and systemic racism. Register to participate online. Free. www.equityarcata.com.

Women's Peace Vigil. Noon-1 p.m. County Courthouse, 825 Fifth St., Eureka. Dress in warm clothing and bring your own chair. No perfume, please. Free. 269-7044.

Yu-Gi-Oh! Standard League. 1-4 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your decks and claim your prizes. \$5. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

5 Sunday

ART

Art at the Oliver Ranch. 3 p.m. Redwood Art Association Gallery, 603 F St., Eureka. College of the Redwoods faculty members Gabrielle Gopinath and Benjamin Funke present a slide show on contemporary art and artists featured in the collection of the Oliver Ranch Foundation. Sign up for the May 17 tour of the ranch. Coffee and snacks served.

Art Talk. First Sunday of every month, 2-4 p.m. Morris Graves Museum of Art, 636 F St., Eureka. Visiting and local artists share their inspiration, techniques and the meaning behind their work. Connect with local fiber artist and quilter, Pat Durbin and discuss her exhibit “Picture this...” \$5, \$2 seniors/military/students, children/members free. alex@humboldtarts.org. www.humboldtarts.org. 442-0278.

Member Show Opening Reception. 1-4 p.m. Westhaven Center for the Arts, 501 S. Westhaven Drive. Featuring artworks in all mediums by WCA members. Meet the artists. Refreshments. Free. annintrin@lycos.com. 677-0128.

COMEDY

Two Mic Sundays. 5 p.m. Northtown Coffee, 1603 G St., Arcata. 9-11:30 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. At Northtown Coffee at 5 p.m. and Savage Henry Comedy Club at 9 p.m. Free. editor@savaghenrymagazine.com. www.savaghenrymagazine.com. 845-8864.

MUSIC

Bayside Community Hall Music Project. 6-8 p.m. Bayside Community Hall, 2297 Jacoby Creek Road. Bandemonium, community activist street band. Bring wind instruments and drums. Free. gregg@relevantmusic.org. www.relevantmusic.org/Bayside. 499-8516.

Chamber Players of the Redwoods. 2 p.m. Christ Episcopal Church, 15th and H streets, Eureka. Music of Schubert, Beethoven and others presented. Free.

HLOC Babes and Guys Chorus. 3-4:30 p.m. Eureka Woman's Club, 1531 J St. An afternoon of eclectic songs. Donation at the door. info@hloc.org. www.hloc.org. 822-3319.

HSU Madrigal Singers and Mad River Transit Singers. 8-10 p.m. Fulkerson Recital Hall, Humboldt State University, Arcata. HSU music department and choral director Rachel Samet present an eclectic program of music from the Renaissance through contemporary jazz. \$10, \$5 child/HSU students with ID. mus@humboldt.edu. 826-3928.

Humboldt Symphony. 2-4 p.m. Fulkerson Recital Hall, Humboldt State University, Arcata. The HSU Department of Music and conductor Garrick Woods present an afternoon of with Humboldt Symphony. Yanting Yu, Auston Tague and Gil Cline also perform. \$10, \$5 child/HSU students with ID. mus@humboldt.edu. 826-3928.

Tom Rush. 7:30 p.m. The Old Steeple, 246 Berding St., Ferndale. Storytelling guitar player.

THEATER

Fantastic Mr. Fox. 2 p.m. Gist Hall Theatre, Humboldt State University, Arcata. See May 3 listing.

Mamma Mia! 2 p.m. Ferndale Repertory Theatre, 447 Main St. See May 3 listing.

Prodigal Son. 2 p.m. Redwood Curtain Theatre, 220 First St., Eureka. See May 2 listing.

EVENTS

Avenue of the Giants Marathon. Avenue of the Giants

Continued on page 34 »

Calendar

Continued from previous page

(Rio Dell), Dyerville Bridge. Run through the biggest trees in the world. Marathon at 7:45 a.m., half-marathon at 8:45 a.m. and 10K at 9:15 a.m. theave@theave.org. www.theave.org.

Breakfast and Books. 8-11 a.m. Freshwater Community Guild, 49 Grange Road, Eureka. Enjoy an old fashioned pancake breakfast and book sale from 8 a.m. to noon. Proceeds support the Humboldt Library Foundation. \$6, \$ kids. 442-5464.

Spring Wildflower Show. 10 a.m.-4 p.m. Jefferson Community Center, 1000 B St., Eureka. See May 3 listing.

The Young MediaMakers 19th Big Screen Showcase. 1-4 p.m. Sequoia Conference Center, 901 Myrtle Ave., Eureka. An annual open-call festival for movies, with a Junior Division (8 to 13 yrs old) and Senior Division (14 to 22). Doors open at 12:30 p.m. for the screening of a pre-show reel presenting a Wiyot Tribe and DellArte collaborative project and a thank you. Special guest speaker Matt Knight presents. www.sequoiacenter.net.

FOR KIDS

Lego Club. 12:30-2 p.m. Redwood Discovery Museum, 612 G St., Eureka. For ages 4 and up. Free w/museum admission. www.discovery-museum.org.

Redwood Empire BMX - BMX Practice/Racing. 1-2:30 p.m. Redwood Empire BMX, 3750 Harris St., Eureka. See May 3 listing.

FOOD

Food Not Bombs. 4 p.m. Arcata Plaza, Ninth and G streets. Free, hot food for everyone. Mostly vegan and organic and always delicious. Free.

OUTDOORS

Burning Around Your Home: Native Grassland Restoration. 10 a.m.-2:30 p.m. Sanctuary Forest Office, 315 Shelter Cove Road, Whitethorn. Hosted by the Cocking family, this hike on their property in the King Range focuses on prescribed fire planning and its ecological benefits, defensible space and fire in grassland restoration. Bring lunch and water, dress in layers. Free. anna@sanctuaryforest.org. www.sanctuaryforest.org. 986-1087.

Dune Restoration. First Sunday of every month, 1-4 p.m. Lake Earl Wildlife Area, 2591 Old Mill Road, Crescent City. Ensure that diverse native dune plants can survive and spread, providing homes and food for native animals. Free. 954-5253.

Wigi Wetlands Walk. 1-3 p.m. Hikshari Trail, Truesdale Street (west end), Eureka. Meet leader Amaya Bechler for a guided walk along the Eureka Waterfront Trail behind the Bayshore Mall. This portion of the trail gives views of the bay and adjacent wetlands. Free. amayabechler0@gmail.com. www.rras.org.

ETC

Humboldt Flea Market. 8 a.m.-3 p.m. Redwood Acres Fairgrounds, 3750 Harris St., Eureka. Come explore the largest collection of treasures in Humboldt County. \$2, free for kids 12 and under. thehumboldtffleamarket@gmail.com. www.redwoodacres.com. 616-9920.

Pokémon Trade and Play. 3-5 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your cards to play or learn. Free. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

6 Monday

COMEDY

Improv Show. 6-7:45 p.m. Old Town Coffee & Chocolates, 211 F St., Eureka. Watch or play fun improv games.

Audience suggestions taken for scenes, plays, films, songs and more. Clean comedy. All ages welcome. Free. damionpanther@gmail.com. www.oldtowncoffeeeureka.com. 497-9039.

Monday Night Pod. 7-11 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Live recordings of podcasts on the Savage Henry Podcast Network. Usually two recordings 7 and 9 p.m. Free. editor@savagehenrymagazine.com. www.savagehenrymagazine.com. 845-8864.

DANCE

Baile Terapiá. 7-8 p.m. Jefferson Community Center, 1000 B St., Eureka. Paso a Paso host dance therapy. Free. jorge.matias@stjoe.org. 441-4477.

MUSIC

Humboldt Harmonaires. 7-9:30 p.m. Eureka High School, 1915 J St. Sing four-part men's a cappella barbershop harmony, no experience needed. All voice levels and ages welcome. In the EHS band room located in the rear with parking at Del Norte and J streets. Free. SrJoePapa@gmail.com. 834-0909.

Humboldt Ukulele Group. First Monday of every month, 5:30 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. A casual gathering of strummers. Beginners welcome. \$3. dsanderl@arcata-net.com. 839-2816.

Join the Scotia Band. 7:30-9 p.m. Fortuna High School, 379 12th St. Woodwind, brass and percussion musicians (intermediate level and above) of all ages are invited. The band rehearses Monday evenings in the Fortuna High Band Room and performs publicly throughout the year. Free. domenibongoi@yahoo.com. 599-4872.

McKinleyville Community Choir Practice. 6:30-8:30 p.m. Grace Good Shepherd Church, 1450 Hiller Road, McKinleyville. All voices welcome, with a particular call for male voices. Opportunities for solos and ensemble groups. \$50 registration fee w/scholarships available. 839-2276.

EVENTS

Mother's Day Pop-Up Shop. 10 a.m.-noon. D Street Neighborhood Center, 1301 D St., Arcata. Handcrafted goods created by parents who are also entrepreneurs. Participating vendors include The Pixie Studio, Feltown, Recycled Youth and Katie Anne Photography. Also, a silent auction with items from local businesses. 822-7091.

Nurses Night Out: The Public Image of Nursing. 5:30-8:30 p.m. Lost Coast Brewery, 1600 Sunset Drive, Eureka. Celebrate Nurses Day with nursing colleagues. Join the discussion on The Public Image of Nursing. Brought to you by the local Nursing Honor Society. \$20, \$15 members, \$5 students. STTlomicronomega@gmail.com. www.lostcoast.com.

MEETINGS

Volunteer Orientation. 2:30 p.m. Food for People, 307 W. 14th St., Eureka. Learn to pack and sort food, work with clients, collect donations and cook. panderson@foodforpeople.org.

7 Tuesday

COMEDY

Trivia Tuesdays. 9-11 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Teams of three. Three rounds. Real prizes. \$5 team entry fee. editor@savagehenrymagazine.com. www.savagehenrymagazine.com. 845-8864.

DANCE

Let's Dance. 7-9:30 p.m. Humboldt Grange Hall, 5845 Humboldt Hill Road, Eureka. Live music. All ages. \$5.

www.facebook.com/humboldt.grange. 725-5323.

MUSIC

John Hammond. 7:30 p.m. The Old Steeple, 246 Berding St., Ferndale. Acoustic blues. \$40.

EVENTS

Culpepper & Merryweather Circus. 5 & 7:30 p.m. Benbow Valley Properties, 40 E. Branch Rd., Garberville. An old-fashioned circus. \$12, \$7.

Drag Workshop. 5:30-7:30 p.m. The RAVEN Project, 523 T St., Eureka. Queer Coffee House Presents: Dell'Arte Drag Workshop. For ages 10-21. Free.

FOR KIDS

Family Storytime. 10:30-11 a.m. Fortuna Library, 753 14th St. A rotating group of storytellers entertain children ages 2-6 and parents at Fortuna Library. Free. www.humlib.org. 725-3460.

FOOD

Miranda Farmers Market. 2-6 p.m. Miranda Market, 6685 Avenue of the Giants. Fresh produce, herbs and teas, eggs, plants and more. sohumfm@yahoo.com. 943-3025.

Shelter Cove Farmers Market. 11 a.m.-3 p.m. Mario's Marina Bar, 533 Machi Road, Shelter Cove. Fresh fruits and vegetables, flowers and premium plant starts.

MEETINGS

Humboldt Cribbers. Moose Lodge, 4328 Campton Road, Eureka. Humboldt Cribbage Club plays weekly. Seven games in summer and nine games during the season. \$8. grasshopper60@aol.com. 444-3161.

Redwood Coast Village Volunteer/Member Orientation. 11 a.m.-1 p.m. The Multi-Generational Center, 2280 Newburg Road, Fortuna. Find out more about volunteering to helping seniors stay active, independent and living in their own homes. Free. office2@redwoodcoastvillage.org. www.redwoodcoastvillage.org. 442-3763.

Soroptimist of McKinleyville Business Meeting. First Tuesday of every month, 7 a.m. Denny's Restaurant, McKinleyville, 1500 Anna Sparks Way. A local volunteer organization working to improve the lives of women and girls through social and economic empowerment programs. Free. aprilousal3@gmail.com. www.dennys.com.

MOVIES

Sci-Fi Night: Alien Contamination (1980). 6 p.m. Arcata Theatre Lounge, 1036 G St. Free w/\$5 food/bev purchase. 822-1220.

ETC

Bingo. 6 p.m. Moose Lodge, 4328 Campton Road, Eureka. Speed bingo, early and regular games. Doors open at 5 p.m. Games \$1-\$10.

Board Game Night. 6-9 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Choose from a variety of games or bring your own. All ages. Free. www.nugamesonline.com. 497-6358.

Ferndale Cribbage. 10 a.m. Our Savior's Lutheran Church, 425 Shaw Ave., Ferndale. Cards and pegs.

Katie's Krafters. 9:30-11:30 a.m. Arcata Senior Dining Center, 321 Community Park Way. See May 2 listing.

Pokémon Trade and Play. 3-6 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. See May 5 listing.

8 Wednesday

MUSIC

Keb' Mo'. 7 p.m. Arkley Center for the Performing Arts, 412 G St., Eureka. American roots music. \$66.

Sweet Harmony Women's Chorus. 6-8 p.m. Arcata United Methodist Church, 1761 11th St. All-female barbershop-style chorus that sings a variety of music in four-part, a cappella harmonies. Accepting new members. Ability to read music not required. barber-shophumboldt@gmail.com. (802) 490-9455, 601-8219.

EVENTS

Culpepper & Merryweather Circus. 5 & 7:30 p.m. Benbow Valley Properties, 40 E. Branch Rd., Garberville. See May 7 listing.

FOR KIDS

PAWS to Read. Second Wednesday of every month, 6:30-7:30 p.m. Humboldt County Library, 1313 Third St., Eureka. Young readers and storytellers are invited to join therapy dog Eele and her human, Joan, for a short reading session. Free. www.humlib.org. 269-1910.

ETC

Casual Magic. 4-9 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your decks and connect with the local Magic community. Beginners welcome. Door prizes and drawings. \$5. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

Coffee and Chat with the American Red Cross. 11 a.m.-noon. Ramone's Bakery & Café, McKinleyville, 1555 City Center Road. Volunteers are needed in disaster response, community education, logistics, training, client casework and more. Opportunities for groups and individuals of all ages. VolunteerHumDel@redcross.org. www.redcross.org/volunteer. 832-5482.

Dementia: Caring for the Person, Not the Diagnosis. 8:30 a.m.-5:30 p.m. Sequoia Conference Center, 901 Myrtle Ave., Eureka. Humboldt County Dementia Care Coalition hosts this all-day conference for those who care for – or care about – people with dementia. For complete conference information and online registration, go to www.humboldtddcc.org. \$100, \$85 advance. www.sequoiacenter.net. 443-9747, ext. 3203.

Family Night. 4-7 p.m. Blood Bank, 2524 Harrison Ave, Eureka. The Blood Bank will make dinner and watch the kids while you donate. Free. recruit@nccbb.org. www.nccbb.org. 443-8004.

9 Thursday

ART

Figure Drawing Group. 7-9 p.m. Cheri Blackerby Gallery, 272 C St., Eureka. See May 2 listing.

Humboldt Handweavers and Spinners Guild. 6:45 p.m. Wharfinger Building Bay Room, 1 Marina Way, Eureka. Learn about spinning on the charka with Paula Flannery. Cotton can be spun on a regular spinning wheel as well, so bring your wheel along. Paula will provide the fiber and instruction. Free.

BOOKS

Trinidad Library Book Buddies Club. Second Thursday of every month, 11 a.m.-noon. Trinidad Library, 380 Janis Court. No mandatory reading, just a love of books. Free. trihuml@co.humboldt.ca.us. 677-0227.

COMEDY

William Toblerone's Bingo Eruption. 9-11 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Bingo, com-

edy and prizes. All for charity. Many comedian guests. \$5. Extra bingo cards are \$1. editor@savaghenrymagazin.com. www.savaghenrymagazine.com. 845-8864.

DANCE

Redwood Fusion Partner Dance. 7-10 p.m. Redwood Raks World Dance Studio, 824 L St., Arcata. See May 2 listing.

MUSIC

HSU AM Jazz Band. 8-10 p.m. Fulkerson Recital Hall, Humboldt State University, Arcata. The HSU Music Department and band leader Dan Aldag present six arrangements of jazz classics. \$10, \$5 child/HSU students with ID. mus@humboldt.edu. www.music.humboldt.edu. 826-3928.

The Lowest Pair. 8 p.m. The Sanctuary, 1301 J St., Arcata. Singer/songwriters from the Pacific Northwest. Sanctuary house band The Cowtown Serenaders open. \$10-\$25 sliding.

THEATER

Clown! 2019. 8-9 p.m. Dell'Arte's Carlo Theatre, 131 H St., Blue Lake. Culminating performance by students of Dell'Arte's Professional Training Program. \$5, \$10, \$15 (Pay-what-you-can). dellarte.com/shows-and-events/2018-2019-season. 668-5663.

Prodigal Son. 8 p.m. Redwood Curtain Theatre, 220 First St., Eureka. See May 2 listing.

EVENTS

Culpepper & Merryweather Circus. 5 & 7:30 p.m. Redwood Acres Fairgrounds, 3750 Harris St., Eureka. See May 7 listing.

Protest Circus Cruelty. 4:30 & 6:30 p.m. Redwood Acres Fairgrounds, 3750 Harris St., Eureka. A peaceful protest to educate the public that wild animals are not here for people's entertainment. Leaflets will be distributed. www.redwoodacres.com.

Redwood Coast Music Festival. 6:30-10:30 p.m. City of Eureka, Humboldt County. Jazz, swing, zydeco, blues and more all weekend long, all over town. Special events include a Western Swing Show, Redwood Coast Blues, dance contests and a free community gospel concert. \$115 Four-day ticket, more ticket options on website. accounting@redwoodjazz.org. www.rcmfest.org. 445-3378.

A Taste of Main Street. 5-8 p.m. City of Eureka, Humboldt County. Sample food from venues throughout downtown and Old Town. Live music, free shuttle service. Officially kicks off the Redwood Coast Music Festival. \$25. 442-9054.

FOR KIDS

Lego Club. Every other Thursday, 3-4:30 p.m. Trinidad Library, 380 Janis Court. For ages 5 and up Free. tri-huml@co.humboldt.ca.us. 677-0227.

Trinidad Library Toddler Storytime. 10-11 a.m. Trinidad Library, 380 Janis Court. See May 2 listing.

MEETINGS

Conservation Meeting. Second Thursday of every month, 12-1:30 p.m. Rita's Margaritas & Mexican Grill, Fifth St., 1111 Fifth St., Eureka. Discuss conservation issues of interest to the Redwood Region Audubon Society. Free. www.rras.org/calendar.html. 445-8311.

Death Cafe, Humboldt. 6-7:30 p.m. Redwood Palliative Psychology, 1085 I street suite 210, Arcata. At Death Cafe, Humboldt people drink tea, eat cake and discuss death in community. Our aim is to increase awareness of death to help people make the most of their (finite) lives. Free. pallisync@gmail.com. www.redwoodpallia-

tivepsychology.com. 845-8178.

Humboldt Grange 501. Second Thursday of every month, 6:30-8 p.m. Humboldt Grange Hall, 5845 Humboldt Hill Road, Eureka. Regular monthly meeting. nanettespearschade@gmail.com. www.facebook.com/humboldt.grange. 443-0045.

Thirsty Thursday Mixer. 7-9 p.m. Eureka Books, 426 Second St. Come out for Next Generation Eureka's Thirsty Thursday Mixer. Peruse a local book store, play Eureka Bingo, and make new friends while you drink. Raffle. Open to 21-35 year olds. Free.

Toastmasters. Second Thursday of every month, noon. Redwood Sciences Laboratory, 1700 Bayview St., Arcata. Give and receive feedback and learn to speak with confidence. Second and fourth Thursdays. Visitors welcome.

OUTDOORS

Arcata Bike to Work Day Rally. noon. Arcata Plaza, Ninth and G streets. Gather and celebrate the bicycle as a legitimate mode of transportation. Snacks and drinks provided. Free drawings for prizes donated by local bike shops and the Humboldt Bay Bicycle Commuters Association. Stop at the Arcata Co-op to "energize" to start the day (7-9 a.m.) Free.

ETC

Community Board Game Night. Second Thursday of every month, 7-9 p.m. Bayside Community Hall, 2297 Jacoby Creek Road. Play your favorite games or learn new ones with North Coast Role Playing. Free. ossln-crp@northcoast.com. www.baysidecommunityhall.org. 444-2288.

Katie's Krafters. 9:30-11:30 a.m. Arcata Senior Dining Center, 321 Community Park Way. See May 2 listing.

Open Mic Thursdays at Peace Cafe. 7-9 p.m. Grace Good Shepherd Church, 1450 Hiller Road, McKinleyville. See May 2 listing.

Standard Magic Tournament. 6-10 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. See May 2 listing.

Heads Up ...

Westhaven Center for the Arts invites new and returning members to enter its annual all-medium Membership Show. Entry day is Wednesday, May 1 from 1-3 p.m. Annual dues are \$40 and there is a \$5 entry fee for up to 3 pieces. This is a non-juried show with at least one entry guaranteed. For more information, call 677-0128.

The Bureau of Fantastical Spectacles and Arcata Main Street are seeking vendors, performers and nonprofits for the June 30 Fairy Festival on the Arcata Plaza. For more information, visit www.arcatafairfestival.com or phone 822-4500.

Arcata Main Street is seeking vendors and nonprofits for Oyster Festival. For more information, visit www.arcatamainstreet.com or call 822-4500.

The Summer Arts and Music Festival in Benbow is now accepting vendor/music applications. Vendors, go to www.mateel.org/vendors and select Summer Arts & Music Festival. Bands and performing artists submit EPK materials for consideration to bands@mateel.org or complete the application at www.mateel.org/june-1-2nd-summer-arts-music-festival.

Faben Artist Fund now accepting applications. Grant guidelines are posted at www.humboldtarts.org. Email Jemima@humboldtarts.org or 442-0278, ext. 205. ●

New 2019 TACOMA



CHOOSE FROM OUR LARGEST SELECTION EVER!!



**MID-CITY
Motor World**
2 MILES NORTH OF EUREKA
LOOK FOR THE CAROUSEL

(707) 443-4871
www.mid-citytoyota.com

Mon - Fri: 8:30am to 7:00pm
Saturday: 9:00am to 6:00pm
Sunday: 11:00am to 5:00pm



TOYOTA
Let's Go Places

All advertised prices exclude government fees and taxes, any finance charges, and any emission testing charge. All new car fees include a \$80 dealer doc. fee. Offer end 7/31/19

INTRODUCING

NC TICKETS

northcoasttickets.com

LOCAL TICKETS. ONE PLACE.

NC TICKETS

Our platform is free to event creators. Work with the team you trust, who cares about your business or organization and the success of the Humboldt county area.

Contact Melissa Sanderson at 707-498-8370 or melissa@northcoastjournal.com

Now Accepting:



Mazzio's

Open Every Day For Lunch & Dinner
773 8th St. Arcata

Filmland



You're right, I do look so much prettier when I smile.

Avengers: Endgame

Adrift in the Marvel Universe

Endgame vs. the machine that made it

By John J. Bennett

filmiland@northcoastjournal.com

Reviews

AVENGERS: ENDGAME. Chemically unassisted sleep is, as a rule, challenging for me. It is the healthy, more reliable path by which to arrive at REM sleep (which everyone assures me is very important) but that sleeping state is frequently defined by vivid dreams of depravity and inadequacy. And the long stretches between filled with recirculating snippets of whatever pop lyrics the day has carried to me; the ongoing challenges of working with the public and the sorrows that inevitably brings; whether or not I've made up my mind about the Marvel Cinematic Universe. That last one may eventually bear fruit: I was contacted recently, under the aegis of the Desk of the Editor, by a Humboldt State University journalism student seeking an interview regarding said universe and its ongoing success. I suppose I shouldn't name that student here but should probably seek my own interview to shore up my limited understanding of journalistic ethics.

Anyway, I've deflected thus far. Partially because I can't imagine the conversation producing any insight, at least not on my part, more likely producing a portrait of a thick-tongued bumbler with no idea of his place within the cultural landscape. And the request made me realize I've been ambivalent about all this MCU business, at least in part because I've been avoiding

actually parsing my thoughts on it.

I've seen and reviewed the greater part (almost all? I haven't been keeping track) of the 22 or however many "Infinity Saga" movies the juggernaut has churned out since 2008, and my comments have mostly been charged with the sometimes unintentional snark and cynicism I now see I have once again deployed in this very sentence. I've been frustrated from the outset, before I even realized the Machiavellian reach of the master-plan, by the mass-production of the Marvel model, the obvious gearing up to produce a global commodity, rather than art or even entertainment. It feels and has felt like a convenient by-product that kids will fall in love with these movies, and the heroes within them, when the real motive is to lift as much cash as possible from the pockets of the parents of those kids. I'll grant that many of the parents and other adults love this stuff, too.

And so here I find myself again railing against these movies as part of a business model I dislike and see as a corruption of a medium I hold dear. But is that fair? Am I actually seeing the movies for their own merits, or simply dismissing them as part of system I am loathe to support? I think the answer to both questions is yes: As much as I genuinely thrill at the more rousing moments and enjoy the main-cast banter, I've never felt truly invested in any of the characters, nor fully immersed in



Tag yourself: I'm the space raccoon trying to blend.

Avengers: Endgame

the world they inhabit. Is that my fault or that of the movies? Mine, clearly, but try as I might I can't change the facts.

And so we arrive at *Avengers: Endgame*, the final entry in the current MCU cycle and apparently our culture's great watershed moment. It's a vast and multi-faceted thing, the product of the labors of hundreds (thousands?) of technicians and artists and craftspeople, with a three-hour running time and a story that moves pretty adeptly through both time and space, that folds in tragedy and triumph with a leavening of comedy. (It has everything, a true assembling of the component parts that were integral to the movies that came before.) It is both too much and not enough. (I'm forgoing a synopsis here because a spoiler-free synopsis would basically be comprised of the title alone.)

The direction by Joe and Anthony Russo, returning, is more a master-class on project management than an example of cinema-art, but such is the nature of the thing. To have merely been able to bring the story to the screen, from an undeniably complex and nuanced screenplay by Christopher Markus and Stephen McFeely, and have it make any sense whatsoever, let alone sustain tension and excitement, is no small feat. And the performances, while they are what we have come to expect, are also compelling and committed. (Even I can get at least a little excited at seeing so many movie stars on the screen at the same time.) But the seriousness of the piece, the requisite epic climactic battle scene and the antiseptic aesthetic, while effective enough, serve more to distance than to involve. PG13. 181M. BROADWAY, FORTUNA, MILL CREEK, MINOR.

— John J. Bennett

See showtimes at www.northcoastjournal.com or call: Broadway Cinema 443-3456; Fortuna Theatre 725-2121; Mill Creek Cinema 839-3456; Minor Theatre 822-3456; Richards' Goat Miniplex 630-5000.

Previews

INTRUDER. A couple (Michael Ealy, Meagan Good) buy a house from a man (Dennis Quaid) who turns stalker when he can't let go of it. Zombies are over — it's 2019 and horror is all about real estate now. PG13. 102M. BROADWAY.

LONG SHOT. Seth Rogan plays a speech writer working for his first crush (Charlize Theron) as she makes a run for the White House but more importantly, is she likeable? R. 125M. BROADWAY, FORTUNA, MILL CREEK.

MONTY PYTHON AND THE HOLY GRAIL (1975). Bring out yer dead. PG. 91M. BROADWAY.

UGLYDOLLS. The flat, freaky stuffed dolls get an animated musical vehicle with Kelly Clarkson, Nick Jonas and Janelle Monáe, who will hopefully teach the children about intersectional feminism. PG. 87M. BROADWAY, FORTUNA, MILL CREEK.

Continuing

AMAZING GRACE. A documentary with footage of Aretha Franklin singing with a choir in Watts in 1972. G. 89M. MINOR.

CAPTAIN MARVEL. Brie Larson's superheroine is literally down-to-earth in a refreshing '90s-era origin story that thankfully takes a break from Marvel's massive scale and delivers more focused action and story. With baby-faced Samuel L. Jackson. PG13. 124M. BROADWAY, MILL CREEK.

CURSE OF LA LLORONA. James Wan's newest scare-fest about a woman trying to protect her kids from a grabby ghost. Starring Linda Cardellini and Raymond Cruz. R. 93M. FORTUNA.

HIGH LIFE. Your old vampire boyfriend Robert Pattison is now a prisoner who lives in deep space with his daughter, Juliette Binoche and André Benjamin. R. 113M. MINOR.

— Jennifer Fumiko Cahill ●

Field Notes

Sunshine Vitamin vs. Skin Cancer

By Barry Evans

fieldnotes@northcoastjournal.com



At 2 cents a day, these 2000 IU vitamin D3 "softgels" are about three times cheaper than comparable multivitamin tablets.

Photo by Barry Evans

It's a conundrum: Ultraviolet B radiation from the sun is both the best source of vitamin D — the "sunshine vitamin" — and the the major cause of skin cancer. Get enough sun-mediated vitamin D and you're courting melanoma; too little and the rest of your body will suffer. Vitamin D facilitates absorption of bone-building calcium, magnesium and phosphate, and a deficiency leads to osteoporosis (brittle bones) and osteomalacia (soft bones). Low vitamin D has also been linked to muscle weakness, heart disease, dementia, Alzheimer's and Parkinson's disease. What to do? Check out any medical website and you'll probably find the "sun, sardines or supplements" options.

Sun: Most of us suffer from "environmental mismatch," the discrepancy between the environment in which our ancestors evolved and where we now live. Not just our environment, our behavior has changed, too: We slather on sunscreen and wear sun-blocking clothes. (Mothers in some religious groups wear long garments with hoods and veils, leading to a deficiency of vitamin D in their breast-milk.) Here in the U.S., 45 percent of 55 to 64 year olds are vitamin D deficient.

Sardines: They and other fatty fish, such as salmon, tuna, mackerel, are rich in vitamin D. We also now have vitamin D fortified foods, such as milk and orange juice.

Supplements: Between 31 and 39 percent (depending on the age range) of older (60+) Americans take vitamin D supplements, either alone or as part of a multivitamin routine.

So, you might reason, if I have a vitamin D deficiency and I'm not about to start sunbathing nude year-round or eating a lot of fish, I should be taking a supplement, right? Depends who you ask. First off, there's no agreement what constitutes "deficiency." It's somewhere around a blood level 30 nanograms per millimeter as measured by what's known as the "25(OH)D" test but different health groups have different recommendations. Secondly, there's no consensus about the value of taking supplements. This from the

Cleveland Clinic: "A University of Cambridge 2014 study found no evidence that vitamin D supplements reduced overall mortality." But if you read the referenced study, you find: "Supplementation with vitamin D3 significantly reduces overall mortality among older adults." From another reputable medical website: "Experts have recommended that postmenopausal women take calcium and vitamin D supplements to prevent osteoporosis," versus "vitamin D supplements had little effect on bone density."

This sort of confusion — rife among medical websites — extends to the recommended daily amount of supplemental vitamin D3 (as opposed to vitamin D2, which your body can't absorb as well). The Institute of Medicine (IOM) recommends a daily allowance of 600 international units (IU) for people up to age 70 and 800 IU for those 70+. But virtually every site I consulted for this article recommended higher levels. The American Association of Clinical Endocrinologists, for instance, says that we need 1,000 to 2,000 IU per day just to maintain our 25(OH)D level above 30 nanograms per millimeter. Which is still well below the IOM's 4,000 upper safe limit. (Beyond that and you risk kidney stones and other unsavory problems.)

Today, vitamin D screening during a blood test analysis isn't routine, unlike, for instance, cholesterol. Apparently the U.S. Preventive Services Task Force, which makes these recommendations, doesn't consider it that important. Chances are, your doctor will only check your 25(OH)D level if you complain of fatigue or aching muscles or bones. So maybe it's not worth getting too anxious about all this. Me, I'll take my one-a-day vitamin D3 supplement and maybe ask my doctor her advice. Probably not though. For 2 cents a day, what's the downside? ●

Barry Evans (barryevans9@yahoo.com) isn't a physician (duh). Just because he isn't talking to his doctor about vitamin D doesn't mean you shouldn't.

Workshops & Classes

List your class – just \$4 per line per issue! Deadline: Friday, 5pm.

Place your online ad at classified.northcoastjournal.com or e-mail: classified@northcoastjournal.com

Listings must be paid in advance by check, cash or Visa/MasterCard. Many classes require pre-registration.

Arts & Crafts

WOOD FIRED KILN CERAMICS June 4 - July 9. Call CR Workforce and Community Education for more information at (707) 476-4500. (A-0502)

Dance/Music/Theater/Film

BALLET CLASSES WITH NANCY CALL: Intermediate/Advanced Level. Mondays 10:30am-noon at Trillium Dance Studios, Arcata n-call@sbcglobal.net (D-0516)

GUITAR/PIANO LESSONS. All ages, beginning & intermediate. Seabury Gould (707)845-8167. (DMT-0530)

REDWOOD RAKS WORLD DANCE STUDIO, OLD CREAMERY IN ARCATA. Belly Dance, Swing, Tango, Hip Hop, Zumba, African, Samba, Capoeira and more for all ages. (707) 616-6876 www.redwoodraks.com (D-0425)

STEEL DRUM CLASSES. Weekly Beginning Class: Fri's. 10:30a.m.-11:30a.m., Level 2 Beginners Class Fri's. 11:30a.m.-12:30 p.m. Beginners Mon's 7:00p.m.-8:00p.m. Pan Arts Network 1049 Samoa Blvd. Suite C (707) 407-8998. panartsnetwork.com (DMT-0502)

Fitness

SUN YI'S ACADEMY OF TAE KWON DO. Classes for kids & adults, child care, fitness gym & more. Tae Kwon Do Mon-Fri 5-6 p.m., 6-7 p.m., Sat 10-11 a.m. Come watch or join a class, 1215 Giuntoli Lane, or visit www.sunyisarcata.com, 825-0182. (F-0502)

50 and Better

HUMBOLDT'S LEGAL CANNABIS INDUSTRY WITH MATTHEW KURTH. Learn about the legal cannabis industry, regulations and the current state of cannabis as a business. Visit working cannabis businesses to delve more deeply into the business. Tues., May 14 & Thurs., May 16, 11 a.m.- 2 p.m. OLLI Members \$60. 826-5880 or www.humboldt.edu/olli (O-0502)

OSHER LIFELONG LEARNING INSTITUTE (OLLI). Offers dynamic classes for people age 50 and over. Call 826-5880 or visit www.humboldt.edu/olli to register for classes (O-0530)

Spiritual

EVOLUTIONARY TAROT Ongoing classes, private mentorships and readings. Carolyn Ayres. 442-4240 www.tarotofbecoming.com carolyn@tarotofbecoming.com (S-0425)

SOTO ZEN MEDITATION Sunday programs and weekday meditation in Arcata locations; Wed evenings in Eureka, arcatazengroup.org Beginners welcome, call for orientation. (707) 826-1701 (S-0530)

Therapy & Support

ALCOHOLICS ANONYMOUS. We can help 24/7, call toll free 1-844 442-0711. (T-0530)

FREE DEPRESSION SUPPORT GROUP. Feeling hopeless? Free, non-religious, drop-in peer group for people experiencing depression/anxiety. UMCJH 144 Central Ave, Mck 839-5691 (T-0808)

SEX/ PORN DAMAGING YOUR LIFE & RELATIONSHIPS? Confidential help is available. 707-825-0920, saahumboldt@yahoo.com (T-0530)

SMOKING POT? WANT TO STOP? www.marijuana-anonymous.org (T-0425)

Vocational

COMMUNITY AND SOCIAL SERVICES June 4 - Aug 13. Call Workforce and Community Education for more information at (707) 476-4500. (V-0502)

FREE AMERICAN SIGN LANGUAGE CLASSES Call College of the Redwoods Adult Education at 707-476-4520 for more information or come to class to register. (V-0620)

FREE BEGINNING LITERACY CLASS Call College of The Redwoods Adult Education at 707-476-4520 for more information or come to class to register. (V-0620)

FREE COMPUTER SKILLS CLASS Call College of the Redwoods Adult Education at 707-476-4520 for more information or come to class to register. (V-0620)

FREE ENGLISH AS A SECOND LANGUAGE CLASSES Call College of the Redwoods Adult Education at 707-476-4520 for more information or come to class to register. (V-0620)

FREE GED/HISET PREPARATION Call College of the Redwoods Adult Education at 707-476-4520 for more information or come to class to register. (V-0620)

FREE LIVING SKILLS FOR ADULTS WITH DISABILITIES Call College of the Redwoods Adult Education at 707-476-4520 for more information or come to class to register. (V-0620)

FROM VINE TO TABLE - WINE GROWERS IN HUMBOLDT. Explore growing wine grapes in Humboldt County. Sat., May 11. Register at www.humboldt.edu/wine or call 707-826-3731. (V-0502)

GED TESTING Earn your GED. Call Workforce and Community Education for more information or to schedule your appointment at (707) 476-4500. (V-0502)

HSU SUMMER SESSION: Earn credits to get ahead and graduate sooner. In-person and online. Find out more at www.humboldt.edu/summer. (V-0502)

INCIDENT SAFETY AWARENESS FOR HIRED VENDORS MAY 18. Fire safety awareness training for hired vendors. Only one class left! Call CR Workforce and Community Education for more information at (707) 476-4500. (V-0502)

INTERMEDIATE ACCESS May 14 - May 23. Call CR Workforce and Community Education for more information at (707) 476-4500. (V-0502)

LEADERSHIP WORKSHOPS Jun 7 - Jun 28. Attend all four workshops for a reduced rate! Call CR Workforce and Community Education for more information at (707) 476-4500. (W-0502)

 **YOUR CLASS HERE**
442-1400 x314

LOAN DOCUMENT SIGNING Jun 25. One day training! Call CR Workforce and Community Education for more information at (707) 476-4500. (V-0502)

MEDICAL ASSISTING CERTIFICATION REVIEW May 9 - Jun 11. Call Workforce and Community Education for more information at (707) 476-4500. (V-0502)

NOTARY Jun 26. One day training! Call CR Workforce and Community Education for more information at (707) 476-4500. (V-0502)

OFFICE SPECIALIST May 28 - June 10. Call Workforce and Community Education for more information at (707) 476-4500. (V-0502)

REAL ESTATE CORRESPONDENCE Become a Real Estate Agent. Start anytime! Call Workforce and Community Education for more information at (707) 476-4500. (V-0502)

TRUCK DRIVING INFORMATIONAL MEETINGS Attend one on May 28, 30 or Jun 4. Call CR Workforce and Community Education for more information at (707) 476-4500. (V-0502)

Wellness & Bodywork

AYURVEDA AWESOMENESS! WITH TRACI WEBB. 9-MONTH 'AYURVEDA LIFE MASTERY' STARTS MAY 7. Self-Healing+Ayurveda Health & Life Coach Training. Overextended serial-givers, yogis, multi-passionate wellness pros & self-improvement junkies, give yourself the gift of your own time, energy & attention this year. Learn Ayurveda Nutrition, Herbs, Detox & Lifestyle Counseling. Deepen your Ayurveda knowledge & tool chest, Develop the nourishing routines of Ayurveda & Yoga, Learn transformational life-coaching skills & evolve your lifestyle choices, relationship patterns & time management skills. Create radiant health, reclaim your bliss, & get the kind of ongoing community support & 1-on-1 guidance you need to create deep & lasting change. Make a difference, not just a living! Online & In-person Options. Includes cooking immersions, aromatherapy immersion + AYURVEDA SELF-CARE & YOGA IMMERSION (May 11-12): Overextended Givers... Experience the 5 Tools of Ayurveda & Yoga that you can gift yourself & restore your nervous system to a state of sanity & deep relaxation, & to optimize your health, beauty & vitality into old age. REGISTER: www.ayurvedicliving.com (707) 601-9025 (W-0509)

COMPREHENSIVE DOULA TRAINING WITH KATE MAGUIRE AND JODIE DIMINNO Learn to support mothers and their families before, during, and after childbirth. This is a weekend-long training, followed by a six month long mentor program. 5/17-5/19. \$550.00 (707) 616-0930 liveyouryoga@yahoo.com

DANDELION HERBAL CENTER CLASSES WITH JANE BOTHWELL. Beginning with Herbs. Sept 18 - Nov 6, 2019, 8 Wed. evenings. Learn medicine making, herbal first aid, and herbs for common imbalances. 10-Month Herbal Studies Program. Feb - Nov 2020. Meets one weekend per month with three camping trips. Learn in-depth material medica, plant identification, flower essences, wild foods, formulations and harvesting. Register online www.dandelionherb.com or call (707) 442-8157. (W-0829)

INTRODUCING

NC
TICKETS

northcoasttickets.com

LOCAL TICKETS.

ONE PLACE.

Our platform is free to event creators. Work with the team you trust, who cares about your business or organization and the success of the Humboldt county area.

Contact Melissa Sanderson at 707-498-8370 or melissa@northcoastjournal.com

NC
TICKETS

Free Will Astrology

Week of May 2, 2019

By Rob Brezsný

freewillastrology@freewillastrology.com

ARIES (March 21-April 19): “How prompt we are to satisfy the hunger and thirst of our bodies,” wrote Henry David Thoreau. “How slow to satisfy the hunger and thirst of our souls!” Your first assignment in the coming days, Aries, is to devote yourself to quenching the hunger and thirst of your soul with the same relentless passion that you normally spend on giving your body the food and drink it craves. This could be challenging. You may be less knowledgeable about what your soul thrives on than what your body loves. So your second assignment is to do extensive research to determine what your soul needs to thrive.

TAURUS (April 20-May 20): I invite you to explore the frontiers of what’s possible for you to experience and accomplish. One exercise that might help: visualize specific future adventures that excite you. Examples? Picture yourself parasailing over the Mediterranean Sea near Barcelona or working to help endangered sea turtles in Costa Rica or giving a speech to a crowded auditorium on a subject you will someday be an expert in. The more specific your fantasies, the better. Your homework is to generate at least five of these visions.

GEMINI (May 21-June 20): “We must choose between the pain of having to transcend oppressive circumstances or the pain of perpetual unfulfillment within those oppressive circumstances,” writes mental health strategist Paul John Moscatello. We must opt for “the pain of growth or the pain of decay,” he continues. We must either “embrace the tribulations of realizing our potential or consent to the slow suicide in complacency.” That’s a bit melodramatic, in my opinion. Most of us do both; we may be successful for a while in transcending oppressive circumstances but then temporarily lapse back into the pain of unfulfillment. However, there are times when it makes sense to think melodramatically. And I believe now is one of those times for you. In the coming weeks, I hope you will set in motion plans to transcend at least 30 percent of your oppressive circumstances.

CANCER (June 21-July 22): You Cancerians can benefit from always having a fertility symbol somewhere in your environment: an icon or image that reminds you to continually refresh your relationship with your own abundant creativity; an inspiring talisman or toy that keeps you alert to the key role your fecund imagination can and should play in nourishing your quest to live a meaningful life; a provocative work of art that spurs you to always ask for more help and guidance from the primal source code that drives you to reinvent yourself. So if you don’t have such a fertility symbol, I invite you to get one. If you do, enhance it with a new accessory.

LEO (July 23-Aug. 22): In my horoscopes, I often speak to you about your personal struggle for liberation and your efforts to express your soul’s code with ever-more ingenuity and completeness. It’s less common that I address your sacred obligation to give back to life for all that life has given to you. I only infrequently discuss how you might engage in activities to help your community or work for the benefit of those less fortunate than you. But now is one of those times when I feel moved to speak of these matters. You are in a phase of your astrological cycle when it’s crucial to perform specific work in behalf of a greater good. Why crucial? Because your personal well-being in the immediate future depends in part on your efforts to intensify your practical compassion.

VIRGO (Aug. 23-Sept. 22): “We are whiplashed between an arrogant overestimation of ourselves and a servile underestimation of ourselves,” writes educator Parker Palmer. That’s the bad news, Virgo. The good news is that you are in prime position to escape from the whiplash. Cosmic forces are conspiring with your eternal soul to coalesce a well-balanced vision of your true value that’s free of both vain misapprehensions

and self-deprecating delusions. Congrats! You’re empowered to understand yourself with a tender objectivity that could at least partially heal lingering wounds. See yourself truly!

LIBRA (Sept. 23-Oct. 22): The country of Poland awards medals to couples that have stayed married for 50 years. It also gives out medals to members of the armed forces who have served for at least thirty years. But the marriage medal is of higher rank and is more prestigious. In that spirit, I’d love for you to get a shiny badge or prize to acknowledge your devoted commitment to a sacred task — whether that commitment is to an intimate alliance, a noble quest or a promise to yourself. It’s time to reward yourself for how hard you’ve worked and how much you’ve given.

SCORPIO (Oct. 23-Nov. 21): Scorpio poet Sylvia Plath wrote, “I admit I desire. / Occasionally, some backtalk / From the mute sky.” You’ll be wise to borrow the spirit of that mischievous declaration. Now is a good time to solicit input from the sky, as well as from your allies and friends and favorite animals, and from every other source that might provide you with interesting feedback. I invite you to regard the whole world as your mirror, your counselor, your informant.

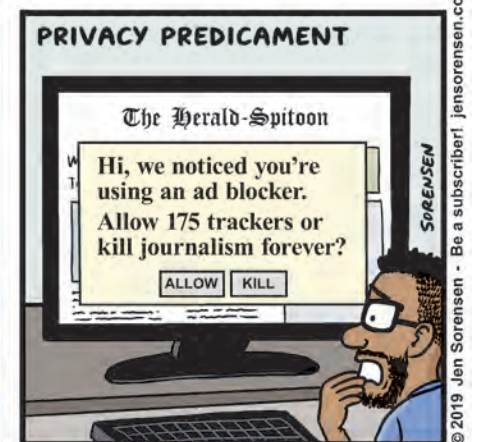
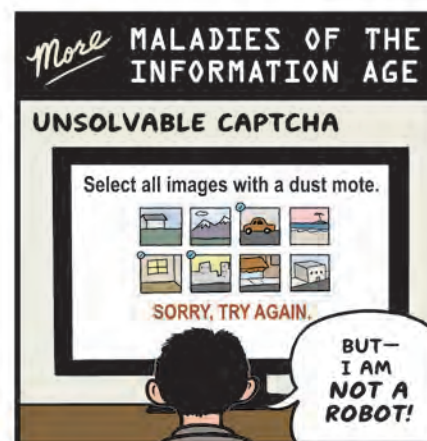
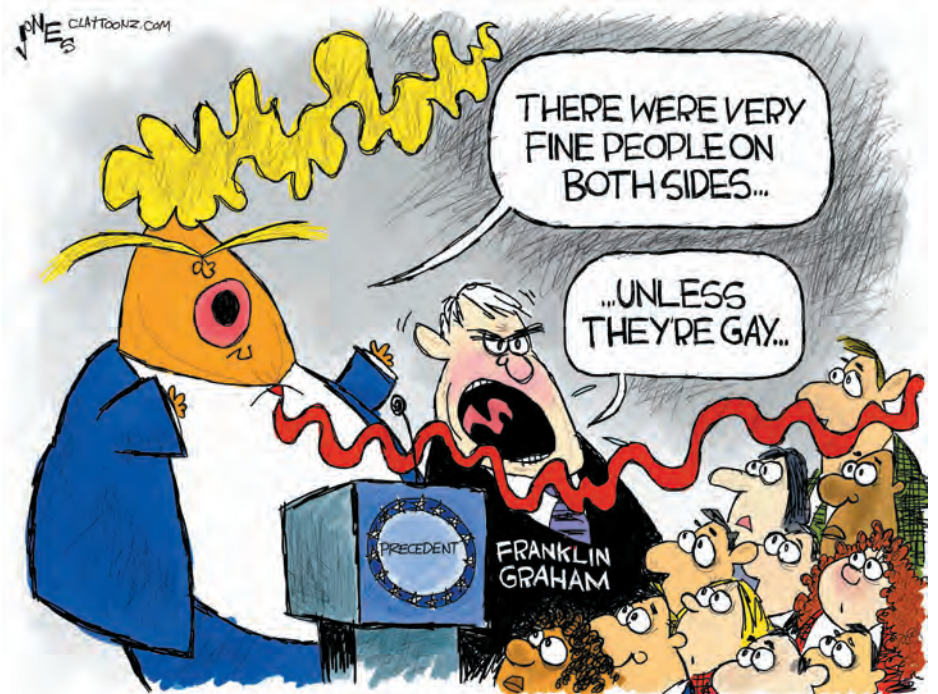
SAGITTARIUS (Nov. 22-Dec. 21): In January 1493, the notorious pirate and kidnapper Christopher Columbus was sailing his ship near the land we now call the Dominican Republic. He spotted three creatures he assumed were mermaids. Later he wrote in his log that they were “not half as beautiful as they are painted [by artists].” We know now that the “mermaids” were actually manatees, aquatic mammals with flippers and paddle-shaped tails. They are in fact quite beautiful in their own way and would only be judged as homely by a person comparing them to mythical enchantresses. I trust you won’t make a similar mistake, Sagittarius. Evaluate everything and everyone on their own merits, without comparing them to something they’re not.

CAPRICORN (Dec. 22-Jan. 19): “I want what we all want,” writes novelist Jonathan Lethem. “To move certain parts of the interior of myself into the exterior world, to see if they can be embraced.” Even if you haven’t passionately wanted that lately, Capricorn, I’m guessing you will soon. That’s a good thing, because life will be conspiring with you to accomplish it. Your ability to express yourself in ways that are meaningful to you and interesting to other people will be at a peak.

AQUARIUS (Jan. 20-Feb. 18): Using algorithms to analyze 300 million facts, a British scientist concluded that April 11, 1954 was the most boring day in history. A Turkish man who would later become a noteworthy engineer was born that day, and Belgium staged a national election. But that’s all. With this non-eventful day as your inspiration, I encourage you to have fun reminiscing about the most boring times in your own past. I think you need a prolonged respite from the stimulating frenzy of your daily rhythm. It’s time to rest and relax in the sweet luxury of nothingness and emptiness.

PISCES (Feb. 19-March 20): *The Blue Room* is a famous Picasso painting from 1901. Saturated with blue hues, it depicts a naked woman taking a bath. More than a century after its creation, scientists used X-rays to discover that there was an earlier painting beneath *The Blue Room* and obscured by it. It shows a man leaning his head against his right hand. Piscean poet Jane Hirshfield says that there are some people who are “like a painting hidden beneath another painting.” More of you Pisceans fit that description than any other sign of the zodiac. You may even be like a painting beneath a painting beneath a painting — to a depth of five or more paintings. Is that a problem? Not necessarily. But it is important to be fully aware of the existence of all the layers. Now is a good time to have a check-in. ●

Cartoons



@ncj_of_humboldt



@northcoastjournal

CROSSWORD

by David Levinson Wilk

1	2	3	4		5	6	7	8	9		10	11	12	13
14					15						16			
17					18						19			
20					21						22			
23					24			25	26	27				
28				29			30					31		
32					33	34		35				36		
				37			38					39		
40	41	42			43					44		45	46	47
48					49					50		51		
52				53						54	55		56	
57									58				59	
60						61	62	63				64		
65						66						67		
68						69						70		

TA DA

ANSWERS NEXT WEEK!

©2019 DAVID LEVINSON WILK

- ACROSS
1. “___-a-doodle-doo!”

5. Totally destroy

10. “Stop procrastinating!”

14. French possessive

15. Outlet from the left ventricle

16. The “A” of A.D.

17. Savion Glover’s forte

19. Panama’s San ___ Islands

20. Weep

21. Suffix with beat or neat

22. Bottomless pit

23. Ad ___ committee

24. Pop star with the 1988 hit “Tell It to My Heart”

28. Spanish pronoun

30. “Star Wars” name

31. What’s used to row, row, row your boat

32. Like family-friendly films

35. Basic trig ratio

36. FedEx rival

37. It’s celebrated every April 6th in honor of Scottish heritage

40. Peaks: Abbr.

43. Bjorn with TI Grand Slam tennis titles

44. Hall of Fame Atlanta Braves pitcher John ___

48. ___ Speedwagon

49. Tchaikovsky ballet roles

51. Painter Cassatt

52. Publication that was once a South China Sea island’s largest newspaper

56. Sponge (up)

57. “Some Like ___”

58. French word on some wedding announcements

59. One snapping a ball to the QB: Abbr.

60. Do a barista’s job

61. Timing for a project’s completion

65. Put on a happy face

66. Interjected

67. “A Clockwork Orange” antihero

68. Drought-stricken

69. Line that ended with Nicholas II

70. “Look what I did!” (also, look at the answers to 17-, 24-, 37-, 52- and 61-Across)

investment spelled backward

8. RR stop

9. Witchy woman

10. Part of a Fred Flintstone’s yell

11. 1955 hit by the Platters

12. Quickly

13. Horseshoes players

18. Aesop’s “The ___ and the Grasshopper”

22. What Martin Luther King, Jr. famously had

25. Common entree at a potluck dinner

26. Role in “Thor,” 2011

27. Pulls apart

29. Move low toward the horizon

33. Touches, as with a tissue

34. Unlike a child

38. Like much folk music: Abbr.

39. ___ Kippur

40. “They call me ___!” (#19 on AFI’s Top 100 movie quotes)

41. Plant with fragrant leaves

42. “Yes, that news has reached my ears ...”

45. Milan opera house

46. Horsed around?

47. Alternative to Risperdal, in prescriptions

50. Pink, e.g.

53. “Okay, I’m waiting to be impressed by your pitch”

54. English industrial city described by Dickens as “an odious place”

55. Still

61. Bit of ink

62. Annoyances in some free apps

63. Food label stat

64. “Can’t Help Lovin’ ___ Man” (“Show Boat” song)

A	S	S		A	L	L	O	K		O	N	O	F	F		
T	A	O		W	E	E	U	N		D	R	D	R	E		
L	I	S	T	E	N	S	T	O	R	E	A	S	O	N		
A	L	O	W			S	O	R	O	S						
S	T	O	O	L	S		F	R	O	S	T	I	N	G		
T	O	N		O	E	D				M	A	R	K	E	D	
				J	A	R	J	A	R				Y	E	L	P
	S	T	U	F	F	E	D	A	N	I	M	A	L			
P	A	I	D				D	O	T	I	M	E				
U	N	L	E	S	S			E	P	A			J	U	G	
B	E	L	O	W	P	A	R			S	N	O	O	P	Y	
				A	U	D	I	T					R	A	H	M
T	I	G	H	T	R	O	P	E	W	A	L	K	E	R		
I	S	I	A	H			R	U	N	O	N		I	R	A	
L	O	N	G	S			E	P	S	O	N		M	E	T	

su do ku				© Puzzles by Pappocom				HARD #2.PDF			
					4						
5			6					2			
7	3			1	8						
8	6								1	2	
			3					7			
9	2								3	5	
					9	7			2	4	
			5					6		9	
					2						

Legal Notices

T.S. NO.: 117W-018430 TITLE ORDER NO. 05937773 APN: 077-072-007-000 PROPERTY ADDRESS: 20 OAKRIDGE DRIVE, REDWAY, CA 95560 NOTICE OF TRUSTEE'S SALE NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED 注：本文件包含一个信息摘要 참고사항: 본 첨부 문서에 정보 요약서가 있습니다. NOTA: SE ADJUNTA UN RESUMEN DE LA INFORMACION DE ESTE DOCUMENTO TALA: MAYROONG BUOD NG IMPORMASYON SA DOKUMENTONG ITO NA NAKA-LAKIP LUPU Y: KÈM THEO ĐÂY LÀ BẢN TRÌNH BÀY TÓM LƯỢC VỀ THÔNG TIN TRONG TÀI LIỆU NÀY [PURSUANT TO CIVIL CODE § 2923.3(A), THE SUMMARY OF INFORMATION REFERRED TO ABOVE IS NOT ATTACHED TO THE RECORDED OR PUBLISHED COPY OF THIS DOCUMENT BUT ONLY TO THE COPIES PROVIDED TO THE TRUSTOR.] YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 10/4/2012. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.

A public auction sale of the Trustor's interest will be made to the highest bidder for lawful money of the United States, payable at the time of sale in cash, cashier's check drawn on a state or national bank, cashier's check drawn by a state or federal credit union, or a cashier's check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: REBECCA L ARCOS AND ERIC E ARCOS, WIFE AND HUSBAND Duly Appointed Trustee: PLM LOAN MANAGEMENT SERVICES, INC. Recorded 10/9/2012, as Instrument No. 2012-025048-13, of Official Records in the office of the Recorder of Humboldt County, California, Date of Sale: 5/9/2019 at 11:00 AM Place of Sale: At the front entrance to the County Courthouse at 825 5th Street, Eureka, CA 95501 Amount of unpaid balance and other charges: \$117,229.73 Street Address or other common designation of real property: 20 OAKRIDGE DRIVE REDWAY, CA 95560 A.P.N.: 077-072-007-000 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. The property heretofore described is being sold "as is". If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. The following statements; NOTICE TO POTENTIAL BIDDERS and NOTICE TO PROPERTY OWNER are statutory notices for all one to four single family residences and a courtesy notice for all other types of properties. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (916) 939-0772 or visit this Internet Web site <http://www.nationwideposting.com/>, using the file number assigned to this case 117W-018430. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: 4/10/2019 PLM LOAN MANAGEMENT SERVICES, INC., as Trustee Phone: 408-370-4030 46 N Second Street Campbell, California 95008 Elizabeth Godbey, Vice President PLM LOAN MANAGEMENT SERVICES, INC IS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. NPP0351976 04/18/2019, 04/25/2019, 05/02/2019

NOTICE OF PETITION TO ADMINISTER ESTATE OF MICHAEL J. CONLEE CASE NO. PR18026

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, of MICHAEL J. CONLEE A PETITION FOR PROBATE has been filed by Petitioner ABBIE L. WERTZ In the Superior Court of California, County of Humboldt. The petition for probate requests that ABBIE L. WERTZ be appointed as personal representative to administer the estate of the decedent. THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by court. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A HEARING on the petition will be held on May 22, 2019 at 2:00 p.m. at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Dept.: 6. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

PETITIONER:
Abbie L. Wertz
2231 Union Street
Eureka, CA 95501
Filed: October 15, 2018
SUPERIOR COURT OF CALIFORNIA
COUNTY OF HUMBOLDT

4/25, 5/2, 5/9 (19-128)

**NOTICE OF TRUSTEE'S SALE
Title Order No: FFHO-
2011800647 YOU ARE IN
DEFAULT UNDER A DEED OF
TRUST, DATED 5/21/2018.
UNLESS YOU TAKE ACTION TO
PROTECT YOUR PROPERTY, IT
MAY BE SOLD AT A PUBLIC
SALE. IF YOU NEED AN EXPLA-
NATION OF THE NATURE OF
THE PROCEEDING AGAINST
YOU, YOU SHOULD CONTACT
A LAWYER**

On 5/10/2019 at 10:00 AM, Frederic Fletcher, Esq as duly appointed trustee under and pursuant to Deed of Trust or Mortgage recorded on 6/1/2018 as Instrument No. 2018-010120. Book 2018, Page 010120, of Official Records in the office of the County Recorder of Humboldt County, State of CALIFORNIA executed by: Saad Abdelmegici as Trustor, in favor of Sarah Graff, a married woman as her sole and separate property as Beneficiary. WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH (payable at time of sale in lawful money of the United States, by cash, a cashier's check drawn by a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan associa-tion, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state). At: FRONT ENTRANCE OF THE HUMBOLDT COUNTY COURT- HOUSE, 825 5TH STREET, EUREKA, CA 95501 all right, title and interest conveyed to and now held by it under said Deed of Trust or Mort-gage in the property situated in said County and State describing the land therein: See Exhibit "A"

Assessor Parcel Number: 216-382-021
The property heretofore described is being sold "as is". The Street Address or other common designa-tion, if any, of the real property described above is purported to be: 3955 Rancho Sequoia Dr. Alder-point, CA. The undersigned Trustee disclaims any liability for incorrect-ness of the street address or other common designation if any, shown herein.
Beneficiary Phone: 707-223-0575
Beneficiary: Sarah Graff

NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should under-stand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not

automatically entitle you to free and clear ownership of the prop-erty. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this infor-mation. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (707) 802-2642 or visit this Internet Web site, using the file number assigned to this case 2011800847. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immedi-ately be reflected in the telephone information or on the Internet Web site. The best way to verify post-ponement information is to attend the scheduled sale. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to-wit: \$290,000 (Estimated). Accrued interest and additional advances, if any, will increase this figure prior to sale. The Beneficiary May elect to bid less than their full credit bid. The Beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the County where the real property is located and more than 3 months have elapsed since such recordation. Trustee or party conducting sale" Frederic Fletcher, Esq, 417 2nd Street, Suite 204, Eureka, CA 95501

(707)502-2642
Date: 4/10/2019
Signed: Frederic Fletcher, Esq.

4/18, 4/25, 5/2 (19-117)

PUBLIC SALE
NOTICE IS HEREBY GIVEN that the undersigned intends to sell the personal property described below to enforce a lien imposed on said property pursuant to Sections 21700-21716 of the Business & Professions Code, Section 2328 of the UCC, Section 535 of the Penal Code and provisions of the civil Code.

The undersigned will sell at auction by competitive bidding on the 8th of May, 2019, at 9:00 AM, on the premises where said property has been stored and which are located at Rainbow Self Storage.

The following spaces are located at 4055 Broadway Eureka, CA, County of Humboldt.

Chloe Cunningham, Space # 5225
Amanda Perone, Space # 5244
Gene Tyldsley, Space # 5332
Tommy Frost, Space # 5441
Asika Nicks, Space # 5551

The following spaces are located at 639 W. Clark Street Eureka, CA, County of Humboldt and will be sold immediately following the sale of the above units.

Angel Garcia, Space # 2709
Justin Alora-Bryant, Space # 3309

The following spaces are located at 3618 Jacobs Avenue Eureka, CA, County of Humboldt and will be sold immediately following the sale of the above units.

Linda Stewart, Space # 1112
Allison Walstrom, Space # 1118
Paula Cari, Space # 1192
Charles Petersen, Space # 1223
Paul Woodard, Space # 1227
Emerald Dickens, Space # 1361
Lori Beaty, Space # 1368
Brendon Hunman, Space # 1796
Aurora Hope, Space # 1815

The following spaces are located at 105 Indianola Avenue Eureka, CA, County of Humboldt and will be sold immediately following the sale of the above units.

John Moschetti, Space # 114
Aurora Hope, Space # 326
Ashley Carlson, Space # 328
Aurora Hope, Space # 406
David Dickinson, Space # 559
Jolena Tullado, Space # 755
Miraiah Corder, Space # 802
John Hopper, Space # 811
Ryan Gruetzmacher, Space # 827

The following spaces are located at 1641 Holly Drive McKinleyville, CA, County of Humboldt and will be sold immediately following the sale of the above units.

Carolyn Kunst, Space # 1114

Alexander Claybon, space # 2101
Ricky Arndt, Space # 2115
Ramona Schildan, Space # 2230
Daniel Ferguson, Space # 2235
Edgar Dixon, Space # 3116
Alexander Claybon, Space # 3122
Kristofer Otness, Space # 3260
Eric Bryant, Space # 7231

The following spaces are located at 2394 Central Avenue McKinleyville CA, County of Humboldt and will be sold immediately following the sale of the above units.

Jessica Shears, Space # 9281
Kirsten Foreman, Space # 9295
Timothy Arnold, Space # 9415
Teresa Cengia, Space # 9533

The following spaces are located at 180 F Street Arcata CA, County of Humboldt and will be sold immedi-ately following the sale of the above units.

Nicholas Garcia, Space # 4102
Garrett Sartain, Space # 4120
Kristina Crummett, Space # 4316
Alexandra Palmer, Space # 4350 (Held in Co. Unit)
Kevin Lotz, Space # 4352
Rio McFarland, Space # 4385
Adriana Dixon, Space # 4521
Lesa Manka, Space # 4722
Diana Cordasco-Williams, Space # 7016
Jason Smith, Space # 7070

The following spaces are located at 940 G Street Arcata CA, County of Humboldt and will be sold immedi-ately following the sale of the above units.

Sheldon Lee, Space # 6315 (Held in Co. Unit)
Colton Barrett, Space # 6352
Brandt Ozawa, Space # 6463

Items to be sold include, but are not limited to:
Household furniture, office equip-ment, household appliances, exer-cise equipment, TVs, VCR, microwave, bikes, books, misc. tools, misc. camping equipment, misc. stereo equip. misc. yard tools, misc. sports equipment, misc. kids toys, misc. fishing gear, misc. computer components, and misc. boxes and bags contents unknown.

Anyone interested in attending Rainbow Self Storage auctions must pre-qualify. For details call 707-443-1451.
Purchases must be paid for at the time of the sale in cash only. All pre-qualified Bidders must sign in at 4055 Broadway Eureka CA. prior to 9:00 A.M. on the day of the auction, no exceptions. All purchased items are sold as is, where is and must be removed at time of sale. Sale is subject to cancellation for any reason whatsoever.
Auctioneer: Kim Santsche, Employee for Rainbow Self-Storage, 707-443-1451, Bond # 40083246.

Dated this 25th day of April, 2019 and 2nd day of May, 2019

**PUBLISHED NOTICE OF
SEIZURE AND NON-JUDICIAL
FORFEITURE**

On February 10th, 2019, Agents from the Humboldt County Drug Task Force seized property for forfeiture in connection with controlled substance violations, to wit, Section 11351 of the Health and Safety Code of California from Hookton Road, Loleta, California. The seized prop-erty is described as: \$6,349.00 US currency and Control Number 19-F-03 has been assigned to this case. Use this number to identify the property in any correspondence with the Office of the Humboldt County District Attorney. If your claim is not timely filed, the Humboldt County District Attorney will declare the property described in this notice to be forfeited to the State and it will be disposed of as provided in Health and Safety Code Section 11489.

5/2, 5/9, 5/16 (19-137)

**PUBLISHED NOTICE OF
SEIZURE AND NON-JUDICIAL
FORFEITURE**

On July 19th,2018, Agents from the Humboldt County Drug Task Force seized property for forfeiture in connection with controlled substance violations, to wit, Section 11352 of the Health and Safety Code of California from the 1200 Block of J Street in Eureka, California. The seized property is described as: \$2,700.00 US currency and Control Number 18-F-18 has been assigned to this case. Use this number to identify the property in any corre-spondence with the Office of the Humboldt County District Attorney.

5/2, 5/9, 5/16 (19-140)

**PUBLISHED NOTICE OF
SEIZURE AND NON-JUDICIAL
FORFEITURE**

On June 5th, 2014, Agents from the Humboldt County Drug Task Force seized property for forfeiture in connection with controlled substance violations, to wit, Section 11378 of the Health and Safety Code of California from the 1200 Block of G Street in Eureka, California. The seized property is described as: \$34,870.00 US currency and Control Number 14-F-42 has been assigned to this case. Use this number to identify the property in any corre-spondence with the Office of the Humboldt County District Attorney. If your claim is not timely filed, the Humboldt County District Attorney will declare the property described in this notice to be forfeited to the State and it will be disposed of as provided in Health and Safety Code Section 11489.

5/2, 5/9, 5/16 (19-141)

**PUBLISHED NOTICE OF
SEIZURE AND NON-JUDICIAL
FORFEITURE**

On March 15th, 2019, Agents from the Humboldt County Drug Task Force seized property for forfeiture in connection with controlled substance violations, to wit, Section

11378 of the Health and Safety Code of California from 531 South Fortuna Boulevard in Fortuna, Cali-fornia. The seized property is described as: \$4,800.00 US currency and Control Number 19-F-05 has been assigned to this case. Use this number to identify the property in any correspondence with the Office of the Humboldt County District Attorney. If your claim is not timely filed, the Humboldt County District Attorney will declare the property described in this notice to be forfeited to the State and it will be disposed of as provided in Health and Safety Code Section 11489.

5/2, 5/9, 5/16 (19-139)

**PUBLISHED NOTICE OF
SEIZURE AND NON-JUDICIAL
FORFEITURE**

On March 16th, 2019, Agents from the Humboldt County Drug Task Force seized property for forfeiture in connection with controlled substance violations, to wit, Section 11378 of the Health and Safety Code of California from Summer Street in Eureka, California. The seized prop-erty is described as: \$8,686.00 US currency and Control Number 19-F-04 has been assigned to this case. Use this number to identify the property in any correspondence with the Office of the Humboldt County District Attorney. If your claim is not timely filed, the Humboldt County District Attorney will declare the property described in this notice to be forfeited to the State and it will be disposed of as provided in Health and Safety Code Section 11489.

5/2, 5/9, 5/16 (19-138)

**FICTITIOUS BUSINESS NAME
STATEMENT 19-00201**

The following person is doing Busi-ness as
BONOMINIS MARKET

Humboldt
3800 Little Fairfield St.
Eureka, CA 95503

**Makhan/Baljit, Inc
California 3273473
3800 Little Fairfield St.
Eureka, CA 95503**

The business is conducted by a Corporation.
The date registrant commenced to transact business under the ficti-tious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the regis-trant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Makhan Purewal, President
This statement was filed with the County Clerk of Humboldt County on March 28, 2019
KELLY E. SANDERS
by kt, Humboldt County Clerk

4/11, 4/18, 4/25, 5/2 (19-105)

FICTITIOUS BUSINESS NAME STATEMENT 19-00234
The following person is doing Business as
LTS MAGIC PILATES

Humboldt
42 Magic Lane
Arcata, CA 95521

**Lisa L. Townsend-Schmitt
LTS Magic Pilates
CA
42 Magic Lane
Arcata, CA 95521**

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Lisa Townsend-Schmitt, Owner
This statement was filed with the County Clerk of Humboldt County on April 9, 2019
KELLY E. SANDERS
by sm, Humboldt County Clerk

4/18, 4/25, 5/2, 5/9 (19-119)

FICTITIOUS BUSINESS NAME STATEMENT 19-00229
The following person is doing Business as
HUMBOLDT AUTO STYLING

Humboldt
1409 Main St
Fortuna, CA 95540

**Jesus R Ramirez
168 S. Sequoia Avenue
Rio Dell, CA 95582**

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Jesus Ramirez, Owner
This statement was filed with the County Clerk of Humboldt County on April 5, 2019
KELLY E. SANDERS
by bs, Humboldt County Clerk

4/18, 4/25, 5/2, 5/9 (19-113)

**LEGALS?
442-1400 x314**

FICTITIOUS BUSINESS NAME STATEMENT 19-00224
The following person is doing Business as
RIVER DAY FARM

Humboldt
5600 South Fork Rd
Salyer, CA 95563
PO Box 14
Bayside, CA 95524

**Navaya LLC
California 201719910523
5600 South Fork Rd
Salyer, CA 95563**

The business is conducted by a Limited Liability Company.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Ashley Toms, Member/Manager
This statement was filed with the County Clerk of Humboldt County on April 5, 2019
KELLY E. SANDERS
by sc, Humboldt County Clerk

4/11, 4/18, 4/25, 5/2 (19-106)

FICTITIOUS BUSINESS NAME STATEMENT 19-00230
The following person is doing Business as
POLISHED NAIL SALON

Humboldt
637 F St
Arcata, CA 95521

**Erin D. Noel
2300 Hillside Dr.
Eureka, CA 95501**

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Erin Noel, Owner
This statement was filed with the County Clerk of Humboldt County on April 8, 2019
KELLY E. SANDERS
by bs, Humboldt County Clerk

4/11, 4/18, 4/25, 5/2 (19-107)

FICTITIOUS BUSINESS NAME STATEMENT 19-00233
The following person is doing Business as
THE OCEANFRONT CHALET

Humboldt
1326 Stagecoach Rd
Trinidad, CA 95570
1180 E. California Ave
Arcata, CA 95521

**Kay Anderle
2 Atoll Dr
Corona del Mar, CA 92625**

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Kay Anderle, Owner
This statement was filed with the County Clerk of Humboldt County on April 9, 2019
KELLY E. SANDERS
by sc, Humboldt County Clerk

4/18, 4/25, 5/2, 5/9 (19-121)

FICTITIOUS BUSINESS NAME STATEMENT 19-00242
The following person is doing Business as
BAMBOOZLE

Humboldt
2220 #A Baldwin St
Arcata, CA 95521

**Patricia Saunders
2220 #A Baldwin St
Arcata, CA 95521**

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Patricia Saunders, Owner
This statement was filed with the County Clerk of Humboldt County on April 12, 2019
KELLY E. SANDERS
by sm, Humboldt County Clerk

4/25, 5/2, 5/9, 5/16 (19-124)

FICTITIOUS BUSINESS NAME STATEMENT 19-00246
The following person is doing Business as
EMERALD FOREST RV AND CAMPGROUND/TRINIDAD EXTENDED STAY RV PARK

Humboldt
753 Patricks Point Dr
Trinidad, CA 95570

**Trinidad RV Investors, LP
CA 201909800505
3511 Del Paso Road, Suite 160/147
Sacramento, CA 95834**

The business is conducted by a Limited Partnership.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Elias Weiner, General Partner
This statement was filed with the County Clerk of Humboldt County on April 15, 2019
KELLY E. SANDERS
by sm, Humboldt County Clerk

5/2, 5/9, 5/16, 5/23 (19-132)

FICTITIOUS BUSINESS NAME STATEMENT 19-00258
The following person is doing Business as
SURPLUS TRANSPORT

Humboldt
212 X St
Eureka, CA 95501

**John F Ludington
420 3rd St #31
Eureka, CA 95501**

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s John Ludington, Owner
This statement was filed with the County Clerk of Humboldt County on April 18, 2019
KELLY E. SANDERS
by bs, Humboldt County Clerk

4/18, 4/25, 5/2, 5/9, 5/16 (19-127)

FICTITIOUS BUSINESS NAME STATEMENT 19-00265
The following person is doing Business as
HOUSES OF MUSIC

Humboldt
1947 Eubanks Rd
Garberville, CA 95542
P.O. Box 55
Whitethorn, CA 95589
Brody F. Fales
1947 Eubanks Rd
Whitehorn, CA 95589

Humboldt
1947 Eubanks Rd
Garberville, CA 95542
P.O. Box 55
Whitethorn, CA 95589
Brody F. Fales
1947 Eubanks Rd
Whitehorn, CA 95589

**1947 Eubanks Rd
Whitehorn, CA 95589**

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Brody Fales, Owner
This statement was filed with the County Clerk of Humboldt County on April 23, 2019
KELLY E. SANDERS
by sm, Humboldt County Clerk

5/2, 5/9, 5/16, 5/23 (19-112)

FICTITIOUS BUSINESS NAME STATEMENT 19-00266
The following person is doing Business as
SEW GRANT PRINTS

Humboldt
3610 Pryor Ct. #B
Fortuna, CA 95540

**Alec N Dale
1754 I St
Eureka, CA 95501**

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Alec Dale, Owner
This statement was filed with the County Clerk of Humboldt County on April 23, 2019
KELLY E. SANDERS
by sm, Humboldt County Clerk

5/2, 5/9, 5/16, 5/23 (19-113)

FICTITIOUS BUSINESS NAME STATEMENT 19-00269
The following person is doing Business as
GLOBE PROPERTIES

Humboldt
423 First Street
Eureka, CA 95501
P.O. Box 952

Eureka, CA 95502

**Globe Imports Ltd, Inc.
CA 496208
423 First Street
Eureka, CA 95501**

The business is conducted by a Corporation.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Robert P. Maxon, President
This statement was filed with the County Clerk of Humboldt County on April 24, 2019
KELLY E. SANDERS
by kt, Humboldt County Clerk

5/2, 5/9, 5/16, 5/23 (19-132)

NOTICE OF PETITION TO ADMINISTER ESTATE OF MARIA De JESUS PIMENTEL CASE NO. PR190094

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, of MARIA De JESUS PIMENTEL
A PETITION FOR PROBATE has been filed by Petitioner JAVIER PIMENTAL
In the Superior Court of California, County of Humboldt. The petition for probate requests that JAVIER PIMENTAL be appointed as personal representative to administer the estate of the decedent. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.
A HEARING on the petition will be held on May 23, 2019 at 2:00 p.m. at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Dept.: 6.
IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.
IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with

the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

ATTORNEY FOR PETITIONER:
Kenneth M. Bareilles
Attorney at Law
533 E Street
Eureka, CA 95501
707-443-0338 (office)
707-443-0923 (Home)
Filed: April 29, 2019
SUPERIOR COURT OF CALIFORNIA
COUNTY OF HUMBOLDT

5/2, 5/9, 5/16 (19-133)

ORDER TO SHOW CAUSE FOR CHANGE OF NAME FRIEDA CAROL LEVINSON AKA CAROL L. MAYES AKA CAROL LEVINSON MAYES AKA CAROL MAYES AK CAROL LEVINSON AKA F. CAROL LEVINSON CASE NO. CV190291 SUPERIOR COURT OF CALIFORNIA, COUNTY OF HUMBOLDT 825 FIFTH ST. EUREKA, CA. 95501

PETITION OF:
FRIEDA CAROL LEVINSON AKA CAROL L. MAYES AKA CAROL LEVINSON MAYES AKA CAROL MAYES AK CAROL LEVINSON AKA F. CAROL LEVINSON
for a decree changing names as follows:
Present name
FRIEDA CAROL LEVINSON
AKA CAROL L. MAYES
AKA CAROL LEVINSON MAYES
AKA CAROL MAYES
AKA CAROL LEVINSON
to Proposed Name
CAROL L. MAYES
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may

grant the petition without a hearing.
NOTICE OF HEARING
Date: May 24, 2019
Time: 1:45 p.m., Dept. 4
SUPERIOR COURT
OF CALIFORNIA,
COUNTY OF HUMBOLDT
825 FIFTH STREET
EUREKA, CA 95501
Date: April 5, 2019
Filed: April 5, 2019
/s/ Kelly L. Neel
Judge of the Superior Court

4/18, 4/25, 5/2, 5/9 (19-116)

ORDER TO SHOW CAUSE FOR CHANGE OF NAME GREGORY ALLAN CHAFFIN CASE NO. CV190340 SUPERIOR COURT OF CALIFORNIA, COUNTY OF HUMBOLDT 825 FIFTH ST. EUREKA, CA. 95501

PETITION OF:
GREGORY ALLAN CHAFFIN
for a decree changing names as follows:
Present name
GREGORY ALLAN CHAFFIN
to Proposed Name
GREGORY ALLAN LINDBERG
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
NOTICE OF HEARING
Date: June 7, 2019
Time: 1:45 p.m., Dept. 4
SUPERIOR COURT
OF CALIFORNIA,
COUNTY OF HUMBOLDT
825 FIFTH STREET
EUREKA, CA 95501
Date: June 7, 2019
Filed: June 7, 2019
/s/ William H
Judge of the Superior Court

5/2, 5/9, 5/16, 5/23 (19-135)

ORDER TO SHOW CAUSE FOR CHANGE OF NAME JENNA LEE CHAFFIN CASE NO. CV190342 SUPERIOR COURT OF CALIFORNIA, COUNTY OF HUMBOLDT 825 FIFTH ST. EUREKA, CA. 95501

PETITION OF:
JENNA LEE CHAFFIN
for a decree changing names as follows:
Present name
JENNA LEE CHAFFIN
to Proposed Name
JENNA LEE LINDBERG
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for

change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
NOTICE OF HEARING
Date: June 7, 2019
Time: 1:45 p.m., Dept. 4
SUPERIOR COURT
OF CALIFORNIA,
COUNTY OF HUMBOLDT
825 FIFTH STREET
EUREKA, CA 95501
Date: June 7, 2019
Filed: June 7, 2019
/s/ William H
Judge of the Superior Court

5/2, 5/9, 5/16, 5/23 (19-134)

ORDER TO SHOW CAUSE FOR CHANGE OF NAME LAURA ELIZABETH LEE-CHAFFIN CASE NO. CV190341 SUPERIOR COURT OF CALIFORNIA, COUNTY OF HUMBOLDT 825 FIFTH ST. EUREKA, CA. 95501

PETITION OF:
LAURA ELIZABETH LEE-CHAFFIN
for a decree changing names as follows:
Present name
LAURA ELIZABETH LEE-CHAFFIN
to Proposed Name
LAURA ELIZABETH LEE LINDBERG
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
NOTICE OF HEARING
Date: June 7, 2019
Time: 1:45 p.m., Dept. 4
SUPERIOR COURT
OF CALIFORNIA,
COUNTY OF HUMBOLDT
825 FIFTH STREET
EUREKA, CA 95501
Date: June 7, 2019
Filed: June 7, 2019
/s/ William H
Judge of the Superior Court

5/2, 5/9, 5/16, 5/23 (19-136)

ORDER TO SHOW CAUSE FOR CHANGE OF NAME RYAN CURTIS REQUEJO CASE NO. CV190319 SUPERIOR COURT OF CALIFORNIA, COUNTY OF HUMBOLDT 825 FIFTH ST. EUREKA, CA. 95501

PETITION OF:
RYAN CURTIS REQUEJO

for a decree changing names as follows:
Present name
RYAN CURTIS REQUEJO
to Proposed Name
RYAN CURTIS MUIR
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
NOTICE OF HEARING
Date: May 31, 2019
Time: 1:45 p.m., Dept. 4
SUPERIOR COURT
OF CALIFORNIA,
COUNTY OF HUMBOLDT
825 FIFTH STREET
EUREKA, CA 95501
Date: May 31, 2019
Filed: Mary 31, 2019
/s/ Kelly L. Neel
Judge of the Superior Court

4/25, 5/2, 5/9, 5/16 (19-125)

LEGALS?
classified@north
coastjournal.com
442-1400 *314

ORDER TO SHOW CAUSE FOR CHANGE OF NAME SHERRI LEAH ALDERMAN CASE NO. CV190297 SUPERIOR COURT OF CALIFORNIA, COUNTY OF HUMBOLDT 825 FIFTH ST. EUREKA, CA. 95501

PETITION OF:
SHERRI LEAH ALDERMAN
for a decree changing names as follows:
Present name
SHERRI LEAH ALDERMAN
to Proposed Name
BANSHEE RAIN TYLWYTH
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
NOTICE OF HEARING
Date: May 24, 2019
Time: 1:45 p.m., Dept. 4
SUPERIOR COURT
OF CALIFORNIA,
COUNTY OF HUMBOLDT
825 FIFTH STREET
EUREKA, CA 95501
Date: April 9, 2019
Filed: April 9, 2019
/s/ Kelly L. Neel
Judge of the Superior Court

4/18, 4/25, 5/2, 5/9 (19-118)

ORDER TO SHOW CAUSE FOR CHANGE OF NAME FRED ANDREWS MONEY II CASE NO. CV190294 SUPERIOR COURT OF CALIFORNIA, COUNTY OF HUMBOLDT 825 FIFTH ST. EUREKA, CA. 95501

PETITION OF:
FRED ANDREWS MONEY II
for a decree changing names as follows:
Present name
CHRISTOPHER JAMES MILLER
to Proposed Name
CHRISTOPHER JAMES MONEY
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
NOTICE OF HEARING
Date: May 24, 2019
Time: 1:45 p.m., Dept. 4
SUPERIOR COURT
OF CALIFORNIA,
COUNTY OF HUMBOLDT
825 FIFTH STREET
EUREKA, CA 95501
Date: April 9, 2019
Filed: April 9 2019
/s/ Kelly L. Neel
Judge of the Superior Court

4/18, 4/25, 5/2, 5/9 (19-114)



*We Print
Obituaries*

Submit information via email to
classified@northcoastjournal.com,
or by mail or in person.

Please submit photos in JPG or PDF
format, or original photos can be
scanned at our office.

The *North Coast Journal* prints
each Thursday, 52 times a year.
Deadline for obituary information
is at 5 p.m. on the Sunday prior
to publication date.

North Coast
Journal
of Politics, People and Art

310 F STREET,
EUREKA, CA 95501
(707) 442-1400
FAX (707) 442-1401



sequoiapersonnel.com
2930 E St., Eureka, CA 95501
(707) 445.9641

SEQUOIA PERSONNEL SERVICES

**Registered Nurse
Investment Administrator
PT Car Washer • Parts Clerk
General Laborers • Receptionist
Construction Estimator
Controller • Route Driver
Administrative Assistant**



WE ARE GROWING!!

Current employment opportunities available:

- **Child Care Case Manager \$14.71/hour**
- **Parent Support Specialist \$15.99/hour**
- **Supported Parenting Program Supervisor \$19.03/hour**
- **Clinical Services Director \$6,217.00/month**

These full-time positions offer excellent benefits: paid vacation/sick leave, 13 holidays, paid health, dental, vision, 401(k) and life insurance. Please see job description on our website for comprehensive list of requirements and detailed list of duties

- **Mental Health Support Specialist \$18/hour (Part-time Position)**

For all positions candidates must be able to pass DOJ/FBI criminal history fingerprint clearance.

Applications available at
www.changingtidesfs.org.

2259 Myrtle Ave., Eureka, CA 95501, or by calling (707) 444-8293. Please submit letter of interest, resume, and application to Nanda Prato at the above address or via email to nprato@changingtidesfs.org.

Changing Tides Family Services is an equal opportunity employer and does not discriminate on the basis of race, religion, national origin, ancestry, gender, marital status, sexual orientation, age, disability, or on any other inappropriate basis in its processes of recruitment, selection, promotion, or other conditions of employment.



BLUE LAKE
CASINO • HOTEL

Looking for fun and friendly people to fill a variety of positions.

CURRENT JOB OPPORTUNITIES:

**Dishwasher, Line Cook,
Server & Housekeeper**

Visit www.bluelakecasino.com to apply, see additional job listings and learn more about our company.

Hiring? Post your job opportunities here.
442-1400 • northcoastjournal.com



SoHum Health is HIRING

Interested applicants are encouraged to visit and apply online at www.SHCHD.org or in person at 733 Cedar Street, Garberville (707) 923-3921

CURRENT JOB OPENINGS

VISITING NURSE

Full Time Position. 8-hour shifts. Provide in-home care to residents in Southern Humboldt. Flexible and independent work environment. Current RN license and CPR certification required. Must have a current, valid California Driver's License and have a clean DMV record.

INFECTION PREVENTION / EMPLOYEE HEALTH

Full Time Position. Position includes, but is not limited to, infection monitoring and reporting, infection risk assessment and prevention, policy and procedure development, staff education, and outbreak management. Employee Health role includes new employee and annual health assessments, immunization programs, exposure management, and safe patient handling programs. Must be able to communicate clearly, verbally and in writing to interface with employees, medical staff, and state, local, and federal health departments and programs. BSN preferred. Certification in Infection Control (CIC) preferred, but willing to train the right candidate

ER/ACUTE CARE REGISTERED NURSE

Currently looking to fill 1 Full-Time, 12-hour shift, 3 days/week. Current California RN License, BLS, ACLS, & PALS certification required. Work 12-hour shifts in our critical access acute care & emergency room.

LICENSED VOCATIONAL NURSE -- CLINIC

Full Time position, 8 hr. shifts, 5 days a week, Monday - Friday. Current California LVN license and BLS certification required. Work 8-hour shifts in our outpatient Rural Health Clinic.

LICENSED VOCATIONAL NURSE

Currently looking to fill 1 Full Time and 1 Part Time or Per Diem position. Current LVN license and CPR certification required. Work 12-hour shifts in our 8-bed skilled nursing facility.

CERTIFIED NURSE ASSISTANT (CNA)

Currently looking to fill 1 Per Diem position; 12 hour shifts. Direct Patient Care, activities with the residents/ patients. Must possess CNA Certificate and CPR Certification.

New hires qualify for benefits as soon as they begin employment!

SHCHD minimum wage start at \$15.50 per hour featuring an exceptional benefits package, including an employee discount program for services offered at SHCHD.

CAREGIVERS NEEDED NOW! Work from the comfort of your home. We are seeking caring people with a bedroom to spare to help support adults with special needs. Receive ongoing training and support and a monthly stipend of \$1200-\$4000+ a month. Call Sharon for more information at 707-442-4500 ext 16 or visit www.mentorswanted.com to learn more.



CITY OF ARCATA

Maintenance Worker/Senior Parks & Facilities

\$31,585 - \$39,352/yr.

Senior \$36,683 - \$45,703/yr.

Performs a variety of semi-skilled and skilled tasks related to the construction, maintenance, repair, installation and monitoring of City parks and facilities.

Maintenance Worker/Senior Natural Resources

\$31,901 - \$39,745/yr.

Senior \$36,866 - \$45,932/yr.

Performs a variety of semi-skilled and skilled tasks related to the construction, maintenance, repair, installation and monitoring of City natural resource areas. *May require participation in Federal DOT program.

Engineering Technician I/II

I - \$44,563 - \$55,521/yr.

II - \$49,910 - \$62,183/yr.

Performs a variety of duties including drafting and design work related to the construction, maintenance, and operation of the City's engineering, land development, utility, building, infrastructure and other capital improvement projects and programs; conducts traffic control and other field observations, surveys and studies; coordinates streetlight maintenance programs; issues permits and work orders; conducts inspections for public and private development; provides technical assistance to the public.

Water/Wastewater Operator I/II

I - \$40,330 - \$50,247/yr.

II - \$42,393 - \$52,818/yr.

Participates in the operation and maintenance of the wastewater treatment and disposal system, including sewer lift stations and associated appurtenances and water distribution.

Senior Planner

\$58,812 - \$71,487/yr.

Manages, oversees, performs, and supervises complex professional land use and urban planning work within the City's Community Development Department. Aspiring Senior Planners encouraged to apply.

For job full descriptions visit: www.cityofarcata.org

Filing Deadline: 4:00 p.m., Friday, May 10th

Applications available online at

www.cityofarcata.org

or in the Arcata City Manager's Office, Lobby
736 F Street, Arcata
EOE

Hiring?

Post your job opportunities
in the Journal.

442-1400 x314

classified@northcoastjournal.com



YUROK TRIBE JOB OPENINGS

For information www.yuroktribe.org,
hr@yuroktribe.nsn.us or 707-482-1350

0991 SURVEY SPECIALIST
RG/FT WEAVERVILLE \$30.19-39.39 OUF

1053 IT SUPPORT TECHNICIAN
RG/PT TULLEY CREEK \$16.91-22.06 5/3/19

1074 CONSTRUCTION MANAGER RG/FT
WEAVERVILLE \$30.19-39.39 OUF

1078 CULTURAL RESOURCE SPECIALIST
RG/FT KLAMATH \$20.72-27.03 5/3/19

1086 ARCHIVE TECHNICIAN
RG/FT KLAMATH \$15.22-19.03 5/3/19

1096 CHILD CARE TEACHER AIDE
RG/FT KLAMATH \$13.68-19.96 5/3/19

46 FISH TECHNICIAN II (2)
TP/FT WEAVERVILLE \$15.22-22.06 5/3/19

51 FISHERIES TECHNICIAN I(10)
SEA/FT KLAMATH \$13.68-19.86 5/3/19

54 HEAD START TEACHER AIDE
RG/FT KLAM/WEIT \$14.01/15.60 5/10/19

55 EDUCATION COORDINATOR
RG/FT EUREKA \$21.23-27.72 5/10/19




K'ima:w Medical Center

an entity of the Hoopa Valley Tribe, is seeking
applicants for the following positions:

- **Paramedic, FT/Regular (\$12.00-15.00 per hr DOE). Deadline to apply is 5 PM, May 16, 2019.**
- **Emergency Medical Technician-1, PT/Temporary and On-Call available, (\$10.15-12.00 per hr DOE). Deadline to apply is 5 PM, May 16, 2019.**
- **Certified Data Entry Clerk (Medical Coder), FT/Temporary (\$14.00-20.00 per hr DOE, KGS 4-6).**
- **Pharmacy Technician, FT/Regular (\$16.41 per hr DOE).**
- **Director of Nurses - DON, FT/Regular (\$83,688-108,678 per yr DOE)**
- **Physician FT, Contract (\$190,000-240,000 per yr DOE)**
- **RN Care Manager (\$70,304-91,395 per yr DOE)**
- **Dental Hygienist, FT, Regular or Contract**
- **Certified Alcohol and Drug Counselor, FT/Regular (\$39,600-51,500 per yr DOE)**

All positions are open until filled, unless otherwise specified

For an application, job description, and additional information, contact: K'ima:w Medical Center, Human Resources, PO Box 1288, Hoopa, CA, 95546 or call 530-625-4261 or email: hr.kmc@kimaw.org for a job description and application. Resume and CV are not accepted without a signed application.



Northcoast Children's Services

Child Development Director, Arcata Main Office

As a member of the NCS Management Team, provide leadership, guidance & direction in achieving the values, mission & strategic long-term/ short-term goals & objectives of Northcoast Children's Services & its Head Start/Early Head Start programs. Provide pro-active guidance & problem resolution activities to establish & maintain a positive, supportive working environment for staff, & effective, responsive programming for children & families. Monitor progress & compliance w/ Head Start Performance Standards, State Funding Terms & Conditions, Community Care Licensing Regulations, Title 22, Title 5, & NCS policies. BA or BS Degree or Higher in Child Development or related field & 4 yrs. exp. in children & family services. Exp. must include at least 3 yrs. of supervisory exp. F/T Exempt \$1087.34-\$1200.21/wk. Open until Filled.

TEACHERS, McKinleyville & Arcata

Responsible for developing & implementing classroom activities for preschool children. Meet Associate Teacher level on Child Development Permit Matrix (3 units in admin. prefer) & 1 yr. exp. teaching in a preschool setting. F/T 40 hrs/wk \$13.80-\$15.21/hr. Open Until Filled.

TEMPORARY ASSOCIATE TEACHER, Willow Creek

Assist teacher in implementation & supervision of activities for preschool children. Req. a min. of 12 ECE units—including core classes—and at least 1 yr. exp. working w/ children. Temporary F/T 34 hrs/wk, \$12.91-13.56/hr. Open Until Filled.

TEMPORARY CLASSROOM ASSISTANT, Eureka

Assist staff in day-to-day operation of the classroom for a Toddler prog. 6-12 ECE units prefer or enrolled in ECE classes & have 6 months exp. working w/ children. P/T Temp 28 hrs/wk \$12.15-\$13.40/hr. Open Until Filled.

Submit applications to:
Northcoast Children's Services
1266 9th Street, Arcata, CA 95521
For addtl info & application
please call 707- 822-7206
or visit our website at www.ncsheadstart.org



Hiring?

Post your job opportunities
in the *Journal*.

442-1400 x314
classified@northcoastjournal.com



CITY OF FORTUNA RECREATION PROGRAM COORDINATOR

\$12.48 - \$15.18 PER HOUR.
PART-TIME.

Under the general supervision of a Recreation Program Supervisor, to plan, direct, and conduct an assigned recreation program for the City's Parks and Recreation Department. High School diploma or GED required. First Aid and CPR training is desirable.

Work assignments may include heavy physical and manual labor. Must be 18 and have valid CDL.

Complete job description and required application available at **friendlyfortuna.com** or City of Fortuna, 621 11th Street, 725-7600.

Application packet must be received by
4 pm on Friday, May 10, 2019.



Hiring?

Post your job opportunities
in the *Journal*.

442-1400 x314
northcoastjournal.com

Join the ResolutionCare team!

**BE THE NURSE YOU
WERE MEANT TO BE**

We are inviting registered nurses to join our inter-disciplinary organization to provide patient-centered, home-based palliative care for individuals with specialty palliative care needs. A valid CA RN license is required, hospice or palliative care experience preferred. We offer competitive wages, an excellent benefit package and a flexible work environment. If you are ready to join an innovative organization that is changing the way we care for one another, please contact us.

To learn more about us and see a job description, visit **resolutioncare.com**. To apply send a resume and cover letter to info@resolutioncare.com.

Positions open until filled.

Certified Corporation

The North Coast Journal is hiring an Assistant Special Publications Editor



The North Coast Journal seeks a full-time or part-time Assistant Special Publications Editor to help edit, proofread and manage print, online and social media content for several magazines and print products.

Position requires strong writing and editing skills, experience working with writers, thorough knowledge of AP Style, experience with online publishing and social media platforms, familiarity with Humboldt County and an ability to work with a diverse, creative team.

Compensation commensurate with experience. Send resume with references, cover letter and writing sample to jennifer@northcoastjournal.com.



North Coast
Journal
of Politics, People and Art

HIRING: GRAPHIC DESIGNER

North Coast Journal is seeking a talented and creative full- and/or part-time graphic artist to join our award-winning team. Be part of a local media company that produces an alt-weekly newspaper, *Humboldt Insider Magazine*, *Humboldt Cannabis Magazine*, *Menu of Menus*, *North Coast Wedding Guide* and several other special publications, in addition to branding local businesses and projects for print, web and mobile platforms.

Apply by sending resume and portfolio to lynn@northcoastjournal.com. Must know Adobe CS.



New opportunities at United Indian Health Services!

Help us continue toward our vision- A healthy mind, body, and spirit for generations of our American Indian Community. One way we work toward this goal is by being an integrated health organization. Our divisions include: Medical, Dental, Behavioral Health, Vision and Community Health and Wellness. We strive to bring members of the community together so they can not only be unified in ensuring the best care is provided to their families, but also help in preserving Native culture through education, community outreach, and medicine. UIHS offers an excellent work life balance. Our clinic is open Monday through Friday, from 8 am-5 pm. Fulltime employees enjoy 3 weeks of paid time off per year, as well as 11 paid Holidays. Other benefits include: comprehensive health care plans for individuals and families, 4% matched retirement plans, and loan repayment programs.

Current employment opportunities include:

- Administrative Assistant (FT)
- Substance Abuse Counselor (FT)
- Domestic Violence/Sexual Assault Prevention (FT)
- Clinical Nurse- RN (FT)
- Health Promotion & Education Specialist (FT)
- Garden Technician-Temp (PT)

Our job application and all of our open opportunities with full job descriptions are on our website <http://unitedindianhealthservices.org/jobs/> Email application, cover letter and resume to UIHS-Recruiting@crihb.org

Serving the Native American Community since 1970. In accordance with 42 CFR 136.42 American Indian Preference shall be given.

The Housing Authorities of the City of Eureka and County of Humboldt

Invites applications for the position of

Front Office Assistant

This is a full-time permanent position in the Tenant Services Department with an anticipated starting date of June 01, 2019. Starting salary range is \$2742 month. Education/Experience: Any combination of education and experience that demonstrates general office and receptionist duties.

Complete job description and application package can be obtained at the Housing Authorities' office at 735 West Everding Street, Eureka CA 95503. Application deadline is Thursday, May 16, 2019 at 4:30 p.m.

Our office will be closed on May 10, 2019.



The Housing Authorities are
Equal Opportunity Employers



CITY OF FORTUNA TREATMENT PLANT OPERATOR IN TRAINING

\$34,842 - \$42,391 per year. Full Time

Treatment Plant OIT is a full-time, entry level, training position. Incumbents are expected to perform basic operations, maintenance, repair, and construction assignments, while learning the more skilled and complex tasks. Some tasks may involve moderate physical labor. Applicants must possess valid CDL, and be at least 18 years of age. Complete job description and application available at City of Fortuna, 621 11th Street or friendlyfortuna.com.

Application packets must be received by **4pm on May 10, 2019.**



Redwood Community
Action Agency
is hiring for the
following positions:

ADULT, FAMILY & YOUTH PROGRAMS

MFT, LCSW; Head Of Clinical Services, F/T \$33-\$38/hr DOE
Youth Social Worker/Prg Coordinator, F/T \$20.30-\$22.26/hr DOE
Youth Case Manager F/T \$15/hr
Family Support Specialists, F/T \$13.50/hr
Case Mgmt. Specialist/Recovery Programs, \$15/hr 24 hrs/week

ENERGY WEATHERIZATION PROGRAM

Field Crew, F/T \$14/hr

NATURAL RESOURCES SERVICES

Restoration Field Assistants F/T \$14/hr

All F/T positions have health benefits, 2 weeks PAID vacation, sick time and 12 holidays; 401k plan after 1 year. Go to www.rcaa.org for the required employment application and full job description, or go to 904 G St, Eureka.

ALL POSITIONS ARE OPEN UNTIL FILLED.



Come join Mad River
Community Hospital and
enjoy the satisfaction of
working with a team.

Yes, you can be happy at work...here. If you have to work, why not do so with some of the best in the business. We are looking to hire **Certified Hyperbaric Tech, Clinical Lab Scientist, Clinical Lab Scientist/ Microbiology, Medical Staff Coordinator, RN, Radiology Tech/CT Tech** and other positions.

Look on our web site for openings:
www.madriverhospital.com



@ncj_of_humboldt

WE WANT YOUR TRADES - PUSH PULL DRAG THEM IN - WE WANT YOUR TRADES - GOOD CREDIT BAD CREDIT - EVERYONE IS WELCOME - GOOD CREDIT BAD CREDIT

WE WANT YOUR TRADES - PUSH PULL DRAG THEM IN - WE WANT YOUR TRADES - PUSH PULL DRAG THEM IN

GOOD CREDIT BAD CREDIT - EVERYONE IS WELCOME - GOOD CREDIT BAD CREDIT - EVERYONE IS WELCOME

MCKINLEYVILLE

Sé Habla Español

CHEVROLET | BUICK



WE WANT YOUR TRADE PAID FOR OR NOT!

2008 MINI Convertible Cooper



\$6,995

110,801 miles
#TG19431

2011 Mercedes-Benz C-Class C 300



\$8,995

144,747 miles
#135062

2016 Hyundai Elantra



\$11,995

44,675 miles
#739958

2014 Chevy Impala Limited LTZ



\$12,995

47,873 miles
#112896

2017 Toyota Camry SE



\$15,995

40,404 miles
#301586

2018 Kia Soul



\$15,995

32,557 miles
#528207

2018 Dodge Grand Caravan SE Plus



\$16,995

31,460 miles
#152866

2016 Chevrolet Volt LT



\$17,995

35,983 miles
#110702

2015 Cadillac ATS



\$19,995

11,620 miles
#133595

2014 Jeep Grand Cherokee Overland



\$22,995

21,108 miles
#493258

2018 Subaru Crosstrek 2.0i Premium



\$23,995

AWD
24,890 miles
#206163

2018 Infiniti QX60 3.5 Sport



\$29,995

32,365 miles
#520269

2013 GMC Sierra 2500 HD Extended Cab SLE



\$31,995

4WD
Z71 Off-Road Pkg.
34,853 miles
#302804

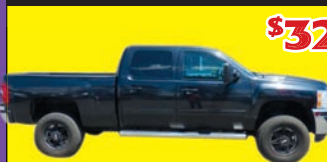
2018 Cadillac CTS 3.6 Premium Luxury



\$34,995

21,597 miles
#152642

2012 Chevrolet Silverado 2500 HD Crew Cab LTZ



\$32,500

Diesel, 4WD,
Z71 Off-Road Pkg.
91,925 miles
#208292

2016 GMC Sierra 1500 Crew Cab SLT



\$36,995

4WD
Z71 Off-Road Pkg
26,050 miles
#302306

2014 Ram 2500 Mega Cab Laramie



\$44,995

Turbo Diesel 4WD
58,054 miles
#271436

2011 Ford F250 Super Duty Crew Cab Lariat



\$45,995

Turbo Dsl. 4WD Fox
Lift. FX4 Off-Road.
57,726 miles
#B88792

2018 Chevrolet Suburban LT



\$47,995

4WD, Leather,
Moon Roof,
21,952 miles
#298710

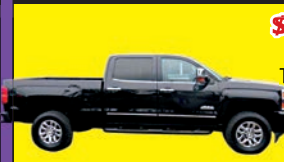
2016 GMC Yukon Denali



\$49,995

4WD, DVD System,
Sun Roof, Power
52,232 miles
#483562

2016 Chevrolet Silverado 3500 HD Crew Cab High Country



\$52,995

Turbo Diesel, Allison,
4WD, Moon Roof,
49,132 miles
#148946

1900 Central Ave., McKinleyville 707-839-5454

See our **INVENTORY ONLINE:**

www.mckinleyvillechevrolet.com

WE BUY CARS

All advertised prices excludes government fees and taxes, any finance charges, and any emission testing charge. On approved credit. Ad exp. 5-31-19

Hours: 9AM-6PM & 11AM-4PM

Monday-Saturday Sunday

Mon-Fri Parts & Service 8AM-5PM

Join the ambitious and caring.

Run a local business and be part of something that matters. Join the community of good neighbors as a State Farm® agent. Visit statefarm.com/careers today.

Contact a local recruiter:

Adriana Barkhurst
adriana.barkhurst.plx2@statefarm.com
916-342-9383



1801187

State Farm, Bloomington, IL

3rd Grade Teacher Opening

Union Street Charter School

Equal Opportunity Employer

We are looking for an energetic, credentialed, and experienced 3rd grade teacher, who is a team-player. Salary range-\$47,700-\$49,700 DOE. Application requirements: certificated application. (https://hcoe.org/wp-content/uploads/p2_Certificated_App.pdf), cover letter, resume, and 3 letters of recommendation by **May 9th**.

Please return to Union Street Charter School 470 Union Street, Arcata, CA 95521, 822-4845, office.unionstreet@gmail.com

Marketplace

Clothing

THE COSTUME BOX

Costume Rental & Sales
Ben Nye Make-up
Unique, Funky, Retro Thrift
Dress-up Party Venue
202 T St. Eureka 443-5200

Miscellaneous

BE STILL MY HEART - JEWELRY 50% OFF!

Plus: Monday Munchies, Senior Discount Tuesdays, Spin'n'Win Wednesdays, New Sale Thursdays, Friday Frenzy & Secret Sale Saturdays. Where your shopping dollars support local youth! Dream Quest Thrift Store May 2-8. (530) 629-3006.

CELLO, BOW AND CASE FOR SALE.

Cello--Roman Teller (German) 1971. Bow--Morgan Anderson, 1985. Case--BAM Classic, 2010. Great buy on set of all three --\$5000. 707-273-5075.



WRITING CONSULTANT/EDITOR.

Fiction, nonfiction, poetry. Dan Levinson, MA, MFA. (707) 443-8373. www.ZevLev.com

Opportunities

AMERICAN STAR PRIVATE SECURITY

Is Now Hiring. Clean record. Drivers license required. Must own vehicle. Apply at 922 E Street, Suite A, Eureka (707) 476-9262.



EDUCATION:

EQUAL OPPORTUNITY TITLE IX For jobs in education in all school districts in Humboldt County, including teaching, instructional aides, coaches, office staff, custodians, bus drivers, and many more.

Go to our website at www.humboldt.k12.ca.us and click on Employment Opportunities. Applications and job flyers may be picked up at the Personnel Office, Humboldt County Office of Education 901 Myrtle Ave, Eureka, or accessed online. For more information call 445-7039.

Hiring?

Post your job opportunities in the *Journal*.

442-1400 x314
northcoastjournal.com

Auto Service

ROCK CHIP?

Windshield repair is our specialty. For emergency service CALL GLASWELDER 442-GLAS (4527) humboldtwindshieldrepair.com

Cleaning



CLARITY WINDOW CLEANING

Services available. Call Julie 839-1518.

YOUR AD HERE

442-1400 x314

northcoastjournal.com

Computer & Internet



Macintosh Computer Consulting for Business and Individuals

Troubleshooting
Hardware/Memory Upgrades
Setup Assistance/Training
Purchase Advice

707-826-1806
macsmist@gmail.com

Home Repair

2 GUYS & A TRUCK.

Carpentry, Landscaping, Junk Removal, Clean Up, Moving. Although we have been in business for 25 years, we do not carry a contractors license. Call 845-3087

Musicians & Instructors

BRADLEY DEAN ENTERTAINMENT

Singer Songwriter. Old rock, Country, Blues. Private Parties, Bars, Gatherings of all kinds. (707) 832-7419.

BONGO BOY

Recording for Local & Touring Artists in a professional, relaxed atmosphere by experienced, qualified engineers

e-mail: bongoboycd@sbcglobal.net
www.bongoboystudio.com
Celebrating 15 years in Humboldt County!

We also offer full-color CD & DVD short run & mass replication, Graphic design, CD Mastering, VHS-DVD & Cassette-CD

(707) 839-5090

Other Professionals

CIRCUS NATURE PRESENTS A. O'KAY CLOWN & NANINATURE

Juggling Jesters & Wizards of Play Performances for all ages. Magical Adventures with circus games and toys, Festivals, Events & Parties (707) 499-5628 www.circusnature.com

OFFICIANT

Weddings, Elopements Celebrations of Life

Celebrating Life's Important Moments
Denise L. Ryles, Officiant
707-443-5200

IN HOME SERVICES

We are here for you

Registered nurse support
Personal Care
Light Housekeeping
Assistance with daily activities
Respite care & much more

Insured & Bonded

Serving Northern California for over 20 years!



MENDOCINO • LAKE & HUMBOLDT CAREGIVERS
WE ARE HERE FOR YOU

TOLL FREE 1-877-964-2001

KNIFE SHARPENING

Knives • Blades • Shears Trimmers • Custom Orders
Pick Up and Drop Off:

ARCATA: All Under Heaven
Arcata Plaza, 825-7760

EUREKA: Little Japan
Henderson Center, 798-6003

HARVEY'S SHARP-N-THINGS
707 616-7022

YOUR AD HERE



442-1400 x314

classified@northcoastjournal.com

HIGHER EDUCATION FOR SPIRITUAL UNFOLDMENT.
Bachelors, Masters, D.D./Ph.D., distance learning, University of Metaphysical Sciences. Bringing professionalism to metaphysics. (707) 822-2111

Loving Hands, Institute of Healing Arts



The only state approved massage school in Humboldt offering

DAY & NIGHT COURSES
PRIVATE PRACTICE
SAUNA

Massage Clinic Special

Fridays & Sundays
\$50/hour

725-9627

739 12th St., Fortuna
www.lovinghandsinstitute.com

Done Making Babies?

Consider Vasectomy...

Twenty-minute, in-office procedure

In on Friday, back to work on Monday

Friendly office with soothing music to calm you



Performing Vasectomies & Tubal Ligations for Over 35 Years

Tim Paik-Nicely, MD
2505 Lucas Street, Suite B,
Eureka, CA 95501
(707) 442-0400

Housing

HUMBOLDT PLAZA APTS.

Opening soon available for HUD Sec. 8 Waiting Lists for 2, 3 & 4 bedroom Apts.

Annual Income Limits:

1 pers. \$20,900; 2 pers. \$23,900;
3 pers. \$26,900; 4 pers. \$29,850;
5 pers. \$32,250; 6 pers. \$34,650;
7 pers. \$37,050; 8 pers. \$39,450

Hearing impaired:

TDD Ph# 1-800-735-2922

Apply at Office:

2575 Alliance Rd. Bldg. 9 Arcata,
8am-12pm & 1-4pm, M-F
(707) 822-4104

the LAND MAN OFFICE

315 P STREET • EUREKA
707.476.0435



MULTIPLE LISTING SERVICE
MLS



Charlie Tripodi
Owner/
Land Agent
BRE #01332697
707.476.0435



Kyla Tripodi
Owner/Broker
BRE #01930997
707.834.7979



Katherine Fergus
Realtor
BRE #01956733
707.601.1331



Tyla Miller
Realtor
BRE #01919487
707.362.6504



Hailey Rohan
Realtor
BRE #02044086
530.784.3581



Mike Willcutt
Realtor/
Commercial
Specialist
BRE # 02084041
916-798-2107



GARBERVILLE – LAND/PROPERTY - \$149,000

±3.66 acres above the golf course in Benbow. Community water at building site and power very close as well.

691 GREENHORN DRIVE, TRINITY CENTER - \$249,900

Meticulously maintained 3/1 cabin and large shop on over half an acre. Just a few minutes drive from Trinity Lake!



ALDERPOINT – LAND/PROPERTY - \$719,000

±6 acre turn key farm w/State & County Interim permit for 20k OD and 4k ML! Complete with PG&E, community water, pots & greenhouses!

FERNDALE LAND/PROPERTY - \$1,100,000

±80 acres w/State approved and County stamped permit for 22,000 sq ft ML and 6,400 sq ft OD cultivation space!

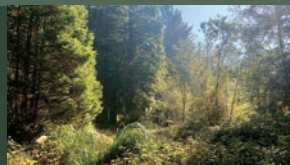


ALDERPOINT – LAND/PROPERTY - \$395,000

±70 Flat acres w/ .5 mile of Eel River frontage featuring cabin, outbuildings, power, meadows, and views!

WESTHAVEN – LAND/PROPERTY - \$235,000

±2.6 Acre parcel w/ useable flats ideal for building your dream home!



FERNDALE – LAND/PROPERTY - \$1,450,000

±480 Undeveloped acres featuring ocean views, springs, creek, open meadows, flats, and easy access.

HONEYDEW – HOME ON ACREAGE - \$895,000

±120 Remote acres 2 mi from Honeydew store. Newer manufactured home, year-round creek, timber, and flats. Needs development.



HORSE MOUNTAIN – HOME ON ACREAGE - \$625,000

±155 Acres w/ panoramic views of the Trinity Alps, custom high end cabin w/ wood floors & wood vaulted ceilings.



HONEYDEW – LAND/PROPERTY - \$589,000

±40 Acres with State & County Interim permit for 5,828 OD. Features river frontage, large flat, cabin, yurt, and well.

FOREST VIEW DRIVE, WILLOW CREEK - \$49,900

±0.247 acre lot available in Big Foot Subdivision in sunny Willow Creek! Has community water, sewer, and power at the property line.



SHOWERS PASS – LAND/PROPERTY - \$479,000

±40 Acre remote parcel with interim permit for 9,606 of mixed light cultivation, cabin, green houses, and more!

SHOWERS PASS – LAND/PROPERTY - \$250,000

±80 Acres w/timber, spring-fed pond, terraced flats. 20,000 sf RRR space.



EUREKA – LAND/PROPERTY - \$135,000

2 Eureka lots totaling ±.14 acres. With permits paid for 2 commercial buildings and city services, these parcels are ready to go!

BERRY SUMMIT – LAND/PROPERTY - \$199,000

±40 Acre parcel w/ new roads, 4 flats, 10,000 gallons of water storage, well access, privacy, and beautiful views.



REDWOOD VALLEY – HOME ON ACREAGE - \$399,000

±1.2 Ac w/ creek frontage, 2/1 home, guest cabin, pool & deck, garage/shop, tool shed, orchard.

BRIDGEVILLE – LAND/PROPERTY - \$499,000

±40 Acre remote parcel with interim permit for 9,606 of mixed light cultivation, cabin, green houses, and more!



1204 4TH STREET, EUREKA - \$750,000

Two units zoned commercial service! City permits for distribution and 5,000 square feet non-volatile manufacturing.

humboldtlandman.com

Spring Home Event



Mattress & Sofa Outlet Store

Delta Mattress ... is a Furniture Store!

Sit ... Sleep ... And Save in Style

COUPON

\$50 OFF

ANY PURCHASE
OVER \$999

Expires May 31, 2019

COUPON



COUPON

ALL
Accessories

20% OFF

Expires May 31, 2019

COUPON

Mattress Sale!

Limited Edition
Firm • Plush • Pillow Top



Twin 2 PC
\$399

Full 2 PC
\$449

Queen 2 PC
\$499

Cal King 3 PC
\$799



Mount
Rogers
Queen 2 PC
\$699

Cal King
3 PC
\$999



\$299 Queen Bed



\$399 Queen Bed



\$249 Queen Headboard

Store-Wide Savings!



\$599 Sofa

\$549 Love
Seat

\$399 Chair



\$1699 6 PC Reclining Sectional



\$999 6 PC Dining Set
Incl. table, bench and 4 side chairs

HOME FURNISHINGS • MATTRESSES • APPLIANCES



**Delta Mattress & Sofa
Outlet Store**

www.deltamattress.com

705 Fourth Street
Eureka, CA 95501

707-442-4510

Supports Humboldt County 4-H & FFA

	★ On the Corner!	51
1st	4th Street U.S. 101 South 5th Street	



**Mon-Sat 10am-6pm
Sun 11am-5pm**